

FREE - Please take one and Enjoy!

INSIGHT

AUGUST 2019 Newsletter



August was named after Augustus Caesar, the first Roman emperor.

The Milwaukee and Horicon Railroad ran through Berlin. On August 8th, 1857, the first train ran across these tracks. A new way of transportation led to an entirely new era.



Hoyt, Everdale, and Williams. Who were these three? They founded the Berlin Journal on August 30th of 1870.

Augustus
Unfolding of an era
Gladiolus
Union of the three
Simplify your life week
Telephones blast off

The gladiolus is the flower associated with the month of August. It symbolizes moral integrity.

August hosts many interesting days and weeks including Simplify Your Life Week (1st week), National Farmer's Market Week (1st week), National Vinyl Record Day (Aug 12), National Wiggle Your Toes Day (Aug 6), and even **National Senior Citizens Day** (Aug 21.)

In August of 1961, the 2000th telephone was installed in the little town of Berlin. It took 66 years to reach the 1000 mark but only a short 15 years after that to reach the 2000 mark. In 1963, there were nearly 3000 telephones installed in Berlin.



WHAT'S NEW THIS MONTH

FOOD!



FOOD!



FOOD!



The Berlin Food Pantry will be hosting a Mobile Senior Pantry on Wednesday, August 14th from 9:00 to 11:00 am. There will be a truck filled with food in the River Shores parking lot at this time, and anyone over the age of 60 qualifies to receive grocery items including refrigerated and frozen foods. There is no registration beforehand. However, you will need to take a photo ID as well as a proof of age.

MONTH OF CELEBRATIONS



Sara's surprise flowers and card from the staff and friends during lunch announcements!

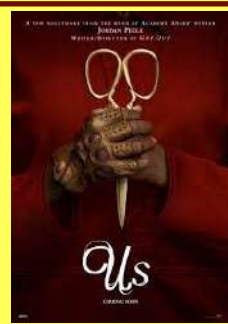


July was a fun and exciting month as we celebrated with all of our July birthday members at the birthday meal as well as both Sara and Ally's birthdays.

Grab the Popcorn!

Matinee of the Month: *Us*
Friday, August 9th at 1:00 pm

In the horror, mystery film, *Us*, a woman returns to her childhood home with her family and is haunted by traumatic past experiences. When four masked strangers appear at the home, the family must fight for their survival and unveil the hidden figures.



Green Lake County Senior Picnic
Friday, August 9th at 12:00 pm
 Cost is \$6.00
 Located at St. John's Catholic School
 Princeton (125 Church St.)
 Pay and sign up in the office prior

Way to go, Debbie!

Our cook, Debbie, participated in the bench painting competition hosted by the Park and Rec Department. Her talent shows through this masterpiece. Debbie is not only remarkable in the kitchen but also in art. She is truly an outstanding woman that we appreciate very much at the Center!



Weather Didn't Stop Us!

Thank you to everyone who organized and helped!

Even though we had to move indoors, our annual Senior Picnic was overall a success. The brats were juicy, the home-made potato salad was devoured, and the watermelon was refreshing. Following was an intense game of Bingo with many prizes on the line. It seems safe to say that a good time was had by all!



GREAT THINGS TO DO!

Berlin Farmers and Artists Market Continues



August *MUSIC*

6 Sam & Mads
 13 Bruce Humphries
 20 Nic Rossi Xperience
 27 Buck 50

September

3 Benjamin Cloyd
 10 Sister Winchester
 17 Copper Box
 24 Old Time Sounds

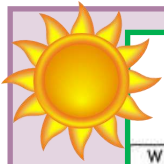
Tuesdays
 from 4-7 pm
 in Nathan
 Strong Park

Senior Dining Club

Thursday, August 1st 6:00PM

South Shelter House - Riverside Park
 August will be a Potluck Picnic dinner together. Brats will be furnished. We are asking everyone to bring a potluck dish of their choice to pass around and choice of beverages. Both Singles and Couples are urged to attend. We will play games after dinner. Please call Jean Wenig 361 -3071 by July 29th to reserve your spot! Its sure to be a Fun Time!!

Rain location - Senior Center.



Summer Word Search

G
A
M
E

T
I
M
E

W	O	M	X	A	K	L	J	R	T	I	O	S	W	I	M	M	I	N	G
E	U	N	D	S	U	M	M	E	R	D	W	E	R	P	Y	U	H	J	K
G	T	B	C	X	Q	L	K	T	H	F	F	I	R	E	W	O	R	K	S
I	D	X	C	A	M	P	I	N	G	W	E	X	Z	B	V	N	M	L	O
C	O	P	L	R	E	G	F	T	Y	U	M	N	V	S	A	N	D	B	C
E	O	S	F	D	Q	W	J	U	T	Y	L	C	L	U	P	R	I	O	U
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R	S	D	S	F	R	W	H	V	G	T	M	H	W	E	A	Q	R	K	B
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A	X	C	Z	W	E	S	D	F	G	C	N	Q	A	D	E	R	H	Y	E
M	O	L	B	T	H	Y	U	J	N	M	A	H	G	B	V	I	X	C	L
G	S	W	D	E	F	G	V	C	X	S	D	T	G	H	K	E	H	L	L
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D	P	O	P	S	I	C	L	E	S	F	D	C	V	O	X	D	S	E	W
F	I	F	Y	U	I	O	H	K	L	Y	U	I	M	N	N	S	B	V	B
B	C	D	W	E	R	L	K	Y	T	E	F	C	V	J	Y	D	X	R	W
H	N	M	C	X	H	G	T	R	B	A	R	B	E	C	U	E	W	E	Q
K	I	C	V	F	A	M	I	L	Y	W	S	C	V	T	R	E	G	L	A
L	C	H	R	E	Y	U	L	P	Y	G	F	Y	U	K	J	N	G	A	H
I	S	D	E	C	V	G	H	T	S	U	N	B	L	O	C	K	Z	X	X

summer
 sun
 beach
 umbrella
 sunblock
 sand
 ice cream
 vacation
 barbecue
 picnic
 camping
 outdoors
 swimming
 popsicles
 friends
 family
 lemonade
 hammock
 relax
 fireworks



A) What do frogs like to drink on a hot summer day?

B) What do you call a snowman in August?

C) What does the sun drink out of?

A) Croak-o-cola
 B) A puddle
 C) Sunglasses

Source
www.LifeWithLovebugs.com

AUGUST Birthdays

Eat with us as we celebrate those with July Birthdays

July 2019 Birthday Cake



- | | |
|----------------------|-----------------------|
| 1 Antoinette Pribnow | 15 Louis Bock |
| 1 Paul Dlouhy | 17 Adeline Abel |
| 1 Ed Lohela | 21 Joan Hardel |
| 2 Lee Born | 21 Mary Hillstrom |
| 2 James Marotz | 21 Shirley Rogers |
| 3 LeRoy Petit | 23 Joyce Petit |
| 5 Joyce Jaeger | 24 Richard VanOrnum |
| 6 Patrick Flanigan | 24 Judy Rickert |
| 7 Shelley Vogt | 25 Florence Trinko |
| 7 Lawrence Pelchat | 26 Maudie Meingast |
| 8 Robert Bartol | 26 Sharon Keating |
| 9 Marilyn Deppe | 27 Mary Gropp |
| 10 Judith Gravunder | 27 Grace Klein |
| 12 Jeanette Kuble | 27 Jean Huibregtse |
| 12 Ginny Hoinacki | 27 Eleanor Wesner |
| 12 Mary Kay Blazel | 28 Sandra Satterfield |
| 13 Eileen Korchunoff | 30 Rita Bertzyk |
| 14 Carla Fredrick | 30 Peter Seaman |
| 14 Dawn Carberry | |

HAPPENING AT THE SENIOR CENTER

Meet
Frances
Hall

Our New
Volunteer!

Enjoys
Reading
and
Sewing



Favorite
Dessert:
Apple
Crisp or Pie

Frances is a very family oriented person. Her favorite childhood memories are of visiting family and playing with her cousins. Now she has two children and five grandchildren that she cherishes very much.

Thank you
Frances for
your help!

FOOT CARE CLINIC

Lotus Foot Care, LLC is offering expert foot care for Seniors right here at the Berlin Senior Center.

The foot care is provided by an experienced registered nurse certified in foot and toenail care here in our community. This service would be ideal for Diabetics, Seniors, and those affected with nerve conditions.

Lotus Foot Care is licensed and insured.

Upcoming Dates of Foot Care Clinic:

August 7th and August 21st

Call 920-637-0754 to schedule an Appointment

9:00 - 1:00
Every 1ST &
3RD Wednesday

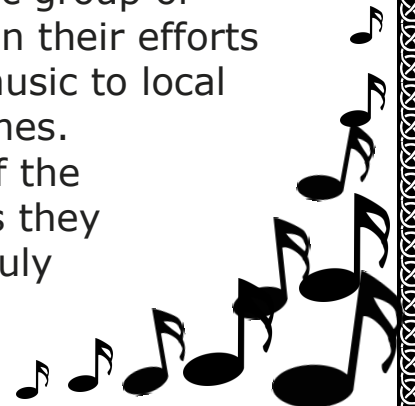
COFFEE
AND
TREATS
PROVIDED!

Hooper Law Office will be coming to the Senior Center on August 8th at 1:00 pm. They will be here to educate attendees about estate planning, long term care planning, and the VA Pension Program. Three attorneys will be in attendance and ready to help with any questions that you may have.

ESTATE
SEMINAR

Like to Sing? Join the Fun!

The Senior Singers are looking for new members! Especially men! Stop in the office if you would like to join this fantastic group of individuals in their efforts to deliver music to local nursing homes. The faces of the residents as they listen are truly uplifting.





Our July day trip was to Waupaca, Wisconsin where we explored the beautiful Chain O' Lakes, the Wisconsin Veteran's Home, and the Historic Red Mill. We saw breathtaking scenery as well as learned interesting history about the area. We enjoyed lunch aboard the *Chief Waupaca* and then continued on to the Wisconsin Veterans Home in King. We were able to explore all that the establishment had to offer including the bowling alley, museum, and gift shop. Finally, our group stopped at the Red Mill to see the marvelous landscape and relax with refreshing beverages and cold ice cream.

Memories were Made!



AUGUST (DAILY) ACTIVITIES

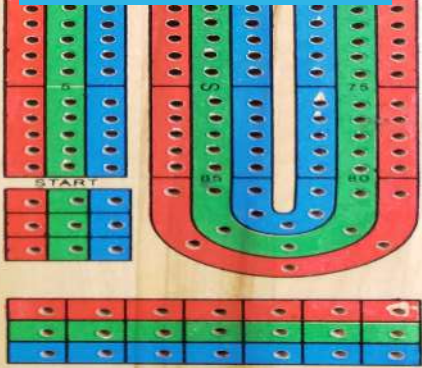
EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
9:00 Line Dancing 10:30 Senior Tones 10:30 Pool Shooting 10:30 Exercise w/ Judy 12:30 Sheepshead 1:00 Bowling Lanes	9:00 Bridge 10:30 Pool Shooting 12:30 Poker 5:30 pm Bible Group meets @ Wyngate Apts <u>2d Tues 12:30</u> Veteran Socialization Group <u>3d Tues 10 AM -</u> Memory Café <u>3d Tues 11:30</u> In-The-Kitchen Program	10:00 Woodcarving 10:30 Pool Shooting 10:30 Exercise w/Judy 12:30 Sheepshead <u>1st & 3rd Wed 9:00</u> Foot Clinic <u>3rd Wed. 9:30</u> Low Vision Support Group Irene Kutz, Green Lake Benefit Specialist meets by Appt. Call 294-4070	9:00 Metal Detecting 9:00 Quilting 10:30 Pool Shooting 11:00 Tanner Bingo 12:30 Cribbage <u>1st Thur. of the Month</u> 1:00 Singers practice	10:30 Senior Tones 10:30 Pool Shooting 10:30 Exercise w/Judy 12:30 Sheepshead 12:30 Poker 12:45 Bridge - Call Gerene at 361-3323

AUGUST (NEW) ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 1:00 Singers Practice 6:00 Senior Dining Club Potluck at Park	2
5	6 BIRTHDAY MEAL! 4:00 Woodcarving	7 Youth Day -10:30 Bead Bracelets -11:45 All About Sugar 9:00 Foot Clinic	8 1:00 Estate Planning Seminar 2:00 Singers @ Heartland House in Wautoma 5:30 Melted Crayon Art	9 1:00 Library Movie 12:00 Green Lake County Picnic
12	13 4:00 Woodcarving	14 9:00 Mobile Senior Pantry	15 FAMILY DAY TRIP 2:00 Singers @ Russell Manor in Ripon 5:30 Origami	16
19	20 10:00 Memory Cafe 11:30 In-the-Kitchen GRILLING EXTRAORDINAIRE 4:00 Woodcarving	21 Senior Citizens Day 9:00 Foot Clinic 9:00 Pool Tournament in Berlin 9:30 Eyes Have it	22 2:00 Singers @ Juliette Manor	23
26	27 9:30 Committee on Aging	28	29 2:00 Singers @ Patriot Place	30

PROGRAM NOTICES:

**Join us for
cribbage
Thursdays at
12:30 pm! It's
always a good
time!**



**ONLY \$4.00 FOR
60 AND OVER**



Don't forget to join us for our delicious, home-made noon meals. Senior Center membership is not required to dine in. Call before 10 am the day of the meal to sign up!

Favorites:
Baked Tilapia-
Friday, August 2nd

Lasagna-
Wed. August 7th

Salisbury Steak w/
Caramelized Onions-
Thurs. August 15th

Memory Café

Memory Café will meet on Tuesday, August 20th at 10:00 am. This gathering is for anyone with memory concerns, dementias, early Alzheimer's, or mild cognitive impairments and their families. The purpose is to socialize and enjoy activities without the stigma associated with memory loss. If you need assistance to participate, please have someone accompany you. We welcome and invite everyone to give it a try!

~~LET'S COOK~~ **EAT!**



Tuesday,
August 20th
beginning at
11:30 am at
the Senior
Center. \$6.00.



Last month's In-the-Kitchen featured a Garden Party at Mary Navin's House. There was delicious food, great conversation, and many laughs. Don't miss out on this month's **GRILLING EXTRAORDINAIRE** with George Francek!



WOAH!





Thank you phone volunteers who are listed at the top of the menu. We so appreciate you and all you do to help our center. THANKS!!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Meals include menu as is listed. Also coffee or milk, bread & butter. Suggested \$4 age 60+. Meals are eaten at Noon. This is a Green Lake County Elderly Nutrition Meal site. Please Call (361-5422) by 9:00 on the day you'd like to eat a noon meal at the Center.</p>			1	2
5	6 BETTY VOSS	7 PAUL HANAN	8	9
Chicken Wraps w/ Spinach & Bl. Beans Garden Salad Peaches Oatmeal Raisin Cookies	Beef Tips Mashed Potatoes Corn Fruit Cocktail Cake	Lasagna Cauliflower Garden Salad Fresh Fruit Bowl	Baked Potato & Salad Bar w/ All the Fix-ins Chili Beans Mandarin Oranges Strawberry Cup Cakes	CLOSED FOR GREEN LAKE COUNTY PICNIC
12 PAUL HANAN	13	14 VICKIE CLARK	15 JEANNE SHEAD	16 ROSE MCGRATH
Tater Tot Casserole Peas & Carrots Spinach Salad Apricots Rice Krispy Bars	Chicken Mashed Potatoes & Gravy Roasted Vegetables Strawberry Short Cake	Chicken Alfredo Over Linguine Broccoli Banana Raisin-Bread Pudding	Salisbury Steaks w/ Caramelized Onions & Gravy Mashed Potatoes Mixed Vegetables Pears Blue Berry Muffin	Baked Fish Twice Baked Potato 3 Bean Cold Salad Green Salad Watermelon
19 PAUL HANAN	20	21	22 FRANCES HALL	23
Beef & Bean Burrito Garden Salad Pineapple Chunks Cinnamon Streusel Cake	IN THE KITCHEN Program 11:30 NO MEAL DELIVERY	Pork Loin Potatoes & Gravy Green Beans Pears Fruit Crisp	Chicken Marinara w/ Bow Tie Pasta Garlic Bread Green Salad Angel Food Cake w/ Fruit Compo	Egg Salad Sand. On Wheat Bread Broccoli/Calif./Carrot Cold Salad Mandarin Oranges Jell-O Poke Cake
26 KAY ROETHEL	27	28 PAUL HANAN	29 PAUL ROETHEL	30
Chef's Salad w/ Cheese & Peas Fresh Fruit Banana Cream Pie	Breaded Parmesan Chicken Sweet Potatoes Broccoli Fresh Fruit	Cheese Burger Cowboy Beans Cole Slaw Peaches Mandarin Orange - Cake	Spaghetti Calif. Bl. Veg Garden Salad Garlic Bread Watermelon	Brats & Sauerkraut Potato Salad Calico Beans Strawberries Root Beer Floats

2019 DAY TRIPS

\$52

FAMILY DAY - AUGUST 15TH

We are having our first Family Day: We start at Hinchley Farm Tours where you have the chance to see the ins and outs of a real working dairy farm. After lunch at a restaurant in Madison, we head to the famous Henry Vilas Zoo before stopping for ice cream that will be available for individual purchases at Babcock Dairy Shoppe.



Only 20 spots left!

Barn Quilts and Cheese - September 11th

Spend the day in the Monroe area. First stop is Roth Kase cheese factory for a tour and fresh samples. Then lunch at the Swiss Turner hall for a scrumptious lunch buffet and shopping in their downtown square. Next we will have a local guide give us a tour of the many Barn Quilts and history of the farms that display them. Ending our trip at Hawk's Mill Winery for refreshments and relaxation.



\$54



Autumn in Wisconsin Tour

\$60

Friday, October 11th

Scenic Train Ride amid the brilliant hues of fall plus stops in the Wisconsin Dells Area for a delicious lunch and afternoon teats at Ski-Hi Apple Orchards. For fresh baked apple pies, turnovers, caramel apples and fresh cider.

**Hurry!
It's filling fast!**



Dinner Theatre & Nutcracker in the Castle Thursday, December 12

\$89

We are delighted to announce our Holiday Trip to The Paine Art Center for Nutcracker in the Castle self guided tour. Then we are off to Beckett's for a dinner theatre show of "A Christmas Carol" and our final stop will be a drive through "Celebration of Lights" at Menomonee Park to put us in the holiday spirit.



Full payment is required at time of reservation to guarantee your seat.

Interested in joining? Call us now! Meals, transportation, tickets and gratuity are included in costs. Cancellations are refunded only if a replacement is found.

Checks may be made out to: Berlin Senior Center
Mail checks to: 142 Water Street, Berlin WI 54923

CONTACT INFORMATION

Staff

- Senior/Rec. Programming Coordinator.....Sara Nighbor
- Senior Assistant Programming Coordinator.....Ally Wendt
- Head Cook.....Deb Mirr
- Assistant Cook...Lynn Andrew
- Chauffeurs and Meal Delivery... Al, Larry, and Debbie
- Meal Delivery... Amy, Paula & Larry

Delicious Noon Meals

Green Lake County Nutrition Program
Monday through Friday

Dine in or homebound have meals delivered.

Cost: Suggested donation of \$4 over age 60
Under age 60 the cost is \$15.96

Call by 9:00 am on the day you want to eat.
For home bound meals call 920-294-4070



Take A Ride In Our Van!

Monday thru Friday. Seniors age 55+
Hours available: 8-10:30 am & 1- 4:00 pm.

Transportation is funded by Grant 85.21

Co-payment for in-town trips are:
Round trip \$2.00

Round Trip with use of the ramp \$10.00
Call for out-of-town costs

MISSION STATEMENT

To actively involve, enlighten,
enrich, and empower the
independence
of older adults in our community.

Our awesome driver
Al and his mom at the
2019 Senior Picnic

Volunteers are
always needed!
Sign up to work
1-2 mornings per
month if you can!
We'd love to have
your help.



Hours:
Mon-Fri 8:30 to 4:00
Phone:
920-361-5422
Address:
142 Water Street
(Just off of North
Capron Street)
www.cityofberlin.net