

February 2020 Newsletter

INSIGHT



*The Best Thing to
Hold Onto in Life
is Each Other*



FREE - Please take one and Enjoy!

Publication of the Berlin Senior Center

DAY TRIPS 2020

\$94

WICKED

Wicked depicts the early lives of Wizard of Oz characters Elphaba - the Wicked Witch of the



West - and Glinda - the Good Witch. Join us as we learn the hidden back-story of these two beloved characters. This trip will only include the show and does not include a meal.

Thursday, March 12th

2020 Brewer's Game Wednesday, April 1



Join us as we head back to the **Northwestern Mutual Legends Club at Miller Park** to dine and then experience a Brewer's vs. Cardinals Game in a

comfortable indoor and outdoor setting. There's a full buffet featuring dishes prepared by the Club Chef, carving stations, appetizers, a gourmet salad station, a build your own nachos bar, assorted desserts, unlimited soft drinks, and coffee.



Each ticket comes with two complimentary draft beers or glasses of house wine per adult.

\$125

Thursday, June 18

Heritage Hill & Door County Cruise

\$85

We start at Heritage Hill with an experience like none other. On this exclusive tour, you will get to touch and hold select artifacts that are generally not allowed to be handled, even by Heritage Hill's staff! Next the tour boat navigates the waters north along Peninsula State Park's seven mile shoreline. Learn



about the Park's human and natural history, including the story of the Niagara Escarpment. Minimal walking from the buildings is required.

Janesville Rotary Gardens

\$ 68

& Lincoln/Tallman House Friday, May 1, 2020

Rotary Botanical Gardens is an award winning 20-acre, botanic showcase with 26 different garden styles and 4,000 varieties of plants. We'll enjoy guided garden tours and shop in the Cottage Garden Gallery Gift Shop. Next we stop at Lincoln/Tallman House and Wood Museum. Learn about the mansion, members of the Tallman family, and the events that caused Honest Abe to spend two nights in the house.



Full payment is required at time of reservation to guarantee your seat.

Interested in joining? Call us now! Meals, transportation, tickets and gratuity are included in costs. Cancellations are refunded only if a replacement is found. Checks may be made out to: Berlin Senior Center

UPCOMING EVENTS

February 3 at 1 pm
Mary Seaman presents photos pertaining to her 4 month stay in Antarctica where she collected data on photosynthesis. Her talk will be more travel fun than scientific.



FOOT CLINIC NEW DATES



The Foot Clinic will be the **2nd and 4th Thursdays of the Month in all of 2020.**

February 2020 dates :

- Thursday, February 13
- Thursday, February 27




If you would like to make an appointment, please call Keren at 920-637-0754

Open Art Studio will begin February 6!
Every Thursday 10:30 until Noon, explore a new artistic medium! Paper, yarn, flowers, cardmaking, glass, and more. Excite your creativity using our supplies. If you want a project design we'll have Valentine's templates! Make your sweetie and the grandchildren handmade Valentines!

FEBRUARY (DAILY) ACTIVITIES

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
9:00 Line Dancing 10:30 Senior Tones 10:30 Pool Shooting 10:30 Exercise w/ Judy 12:30 Sheepshead 1:00 Bowling Lanes 	9:00 Bridge 10:30 Pool Shooting 12:30 Poker 1st Tue. Birthday Meal 2d Tues 12:30 Veteran Socialization Group	9:00 Woodcarving 10:30 Pool Shooting 10:30 Exercise w/ Judy 12:30 Sheepshead 3rd Wed. 9:30 Low Vision Support Group Irene Kutz, Green Lake Benefit Specialist meets by Appt. Call 294-4070	9:00 Quilting 9:30 Ukulele Beginner 10:30 Open Art Studio 10:30 Pool Shooting 11:00 Tanner Bingo 12:30 Cribbage 1st & 3rd Thurs. 9:00 Foot Clinic - By Appt. (920)637-0754 1st Thur. of the Month 8:30 Metal Detecting 1:00 Singers practice	9:00 Coffee and Conversation 10:30 Senior Tones 10:30 Pool Shooting 10:30 Exercise w/ Judy 12:30 Sheepshead 12:45 Bridge - Call Gerene at 361-3323

February (NEW) Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 1pm Mary Seaman Antarctica Travel Talk National Missing Persons Day www.missingpersons.doj.wi.gov	4 BIRTHDAY MEAL 11:30 Wellness Check 11:30 Census Program and Recruiting	5 Taxes (by appointment)	6 9:30 am Ukulele 10:30 am Open Art Studio 1 pm Singers Practice	7
10 	11 12:30 VA Group	12 Taxes (by appointment)	13 9:00 am Foot Clinic 9:30 am Ukulele 10:30 am Open Art Studio 2 pm Singers at Preston Place	14 Happy Valentines Day 
17 President's Day 	18 10:00 Memory Café "Berlin Bingo" Taxes (by appointment)	19 9:30 Eyes Have It Taxes (by appointment)	20 9:30 am Ukulele 10:30 am Open Art Studio 1:30 pm Singers at Country Villa	21 Coffee and Conversation Superintendent Dr. Cartwright
24 	25 9:30 Committee on Aging	26 Taxes (by appointment)	27 9:00 am Foot Clinic 9:30 am Ukulele 10:30 am Open Art Studio 2 pm Singers at Juliet Manor	28 

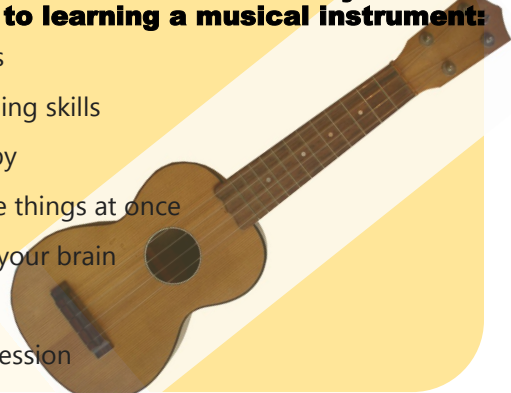


Tax time is almost here!
We will be having tax as-

sistance again but we need help! AARP needs ONE more volunteer to help with intake and signing people in. They would check papers and make copies. If you think you can help, please give us a call at 361-5422 and ask for Sara.

New Beginner Ukulele Class available! Thursdays at 9:30 am! Just a few benefits to learning a musical instrument:

- Strengthens bonds with others
- Strengthens memory and reading skills
- Playing music makes you happy
- Musicians can process multiple things at once
- Music increases blood flow in your brain
- Music helps the brain recover
- Music reduces stress and depression



JOIN THE 2020 CENSUS TEAM

Talk to a Rep on Tuesday, February 4th about becoming a Census worker.

Enjoy getting this Newsletter but don't always want to have to run in to get it? Try finding it online! Head to www.cityofberlin.net and under

Departments, choose Senior Center. Then all you have to do is click on Newsletters!

February

Meals include menu as is listed. Also coffee or milk, bread & butter. Suggested \$4 age 60+. Meals are eaten at Noon. This is a Green Lake County Elderly Nutrition Meal site. Please Call (361-5422) by 9:00 on the day you'd like to eat a noon meal at the Center.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Paul H.	4 Betty V.	5 Kay K.	6	7
Sloppy Joes Cole Slaw Potato Wedges 3 Bean Salad Apple Pie	BIRTHDAY MEAL! Beef Tips Mashed Potatoes & Gravy Corn Fruit Cocktail Cake	Chop Suey Aisin Vegetables Wild Rice Cherry / Pineapple Dump Cake	Roast Turkey Sandwich Cowboy Beans Garden Salad Fresh Fruit	Strip Steak Stir Fry Aisin Vegetables Garden Blend Wild Rice Mixed Fruit Raisin / Banana Bread Pudding
10 Fran H.	11 Paul H.	12 Vicki C.	13 Fran H.	14 Rose M.
Baked Mac & Cheese Casserole Stewed Tomatoes Bean, Noodle Salad Tropical Fruit Peanut Butter Cookies	Pork Loin Mashed Potatoes & Gravy Peas & Carrots Strawberry Short Cake	Parmesan Breaded Chicken Sweet Potatoes Green Beans Peaches Chocolate Bundt Cake	Pulled Pork Sandwich Cole Slaw Tri Taters Pears Brownies	Spaghetti w/ Meat Sauce Garlic Bread Broccoli Fresh Fruit Pound Cake w/ Mixed Berries
17 Kay R.	18 Paul H.	19 Betty V.	20 Paul R.	21
Chili w/ Beef & Beans Garden Salad Apricots Corn Bread w/ Honey Butter	Closed for In The Kitchen	Salisbury Steaks w/ Caramelized Onions Mashed Potatoes & Gravy Peas Tropical Fruit Devil's Food Cake	BBQ Pork Ribeye Green Beans Seasoned Potato Wedges Taffy Apple Salad	Baked Tilapia California Blend Vegetables Cheesy Hash Browns Fruit Fluff Cinnamon Streusel Cake
24 Paul H.	25	26 Vicki C.	27	28
Meats Balls & Gravy Over Wild Garden Rice Green Beans Pineapple Chunks	Loaded Chicken Noodle Soup Peas / Cheese Cold Salad Banana Blueberry Muffins	Egg Salad Sand. Broccoli / Calif. Salad Oranges Spice Cake w/ Peanut Butter Frosting	Lasagna Garlic Bread California Blend Vegetables Green Salad Angel Food w/ Strawberries	Hot Tuna Noodle Casserole Tri Taters Mandarin Oranges Fruit Crisp

Happy Birthday to you
February

1	Bonita Clark	13	Charles Swartz
1	James Steger	15	Dianne Nowak
2	Mabel Marvin	16	Kay Kollat
6	Jane Suleski	21	Dennis Turgeon
7	Carol Conroy	24	James Jodarski
8	Don Krebsbach	25	Genevieve Trochinski
9	Thomas Yancy	26	Charlotte Keck
9	Charlotte Schram	28	Judi Slovinski
9	Kristine Clausing	29	Marilyn Fay Krause
11	Mary Fowler	29	Rita Lee
12	Arnold Eidenshink		

WEATHER REMINDER:

When Berlin Public Schools are closed due to inclement weather, please note that we will also be closed and no lunches will be served. Watch your local news station for any closings.

Birthday Meal:

Tuesday, February 4

Chef Deb's melt in your mouth beef tips, homestyle mashed potatoes & gravy, corn, fruit cocktail, and fluffy delicious Birthday Cake, made and decorated by Omro Care Center. Thank you!

Contact Information

Senior/Rec. Programming Coordinator
Sara Nighbor
Senior Assistant Programming Coordinator Amanda Maierhafer
Head Cook Deb Mirr
Assistant Cook Lynn Andrews
Chauffeurs and Meal Delivery
Al, Deb, Larry, & Dennis
Meal Delivery Deb, Paula & Larry

MISSION STATEMENT

To actively involve, enlighten, enrich, and empower the independence of older adults in our community.

Hours.....Monday-Friday 8:30 to 4:00
Phone..... **920-361-5422**
Address.....142 Water Street
(Just off of North Capron Street)
www.cityofberlin.net

TRANSPORTATION

**Monday thru Friday. Seniors age 55+
Hours available: 8-10:30 am & 1-4:00 pm.**

**Transportation is funded by Grant 85.21
Co-payment for in-town trips are:
Round trip \$2.00
Round Trip with use of the ramp \$10.00
Call for out-of-town costs**



Looking for a place to rent for a family gathering, bridal or baby shower, birthday party, or any other event? The Berlin Senior Center is the place to check on. For more information call 920-361-5422.



NOON MEALS

**Green Lake County Nutrition Program
Monday through Friday
Dine in or homebound have meals delivered. Cost: Suggested donation of \$4 over age 60. Under age 60 the cost is \$16.84. Call by 9:00 am on the day you want to eat. For home bound meals call 920-294-4070**