

FREE - Please take one and Enjoy!

INSIGHT

August 2020 Newsletter



Publication of the Berlin Senior Center

WHAT'S NEW THIS MONTH

FREE Farmer's to Families Food Box Dates in August:

(No income requirements. First come, first serve.)

**3 Green Lake County Fairgrounds
1-3p**

**11 Clay Lamberton Elementary
School 11-1p**

17 Green Lake County Fairgrounds 1-3p

**25 CLAY LAMBERTON ELEMENTARY
SCHOOL 11-1P**

31 Green Lake County Fairgrounds 1-3p



**Don't forget to wear
your mask while at the
Center. Keep us safe.
Keep our community
healthy!**

Important Notice

Special Rules and Safety Requirements will be implemented for all of our upcoming trips. Including but not limited to mask requirements, social distancing, avoid passing items, may require pre-order of goods or services, some venues may be closed to the public or changed to meet newly applied State standards. Please stay tuned.

Eyes Have It Meeting



Wednesday, August 19th
9:30 am at Senior Center. Masks
are required. If you are in need of
transportation, please call 361-
5422.

Veteran's Socialization Meeting



Tuesday, August 11th at
10:00 am. NOTE: the time of the
meeting has changed. If you are
interested in lunch, please call
the day before.

A Message from Friends of the Senior Center President:

**Greetings from the Berlin Senior
Center!**

**As President of the Friends of the
Berlin Senior Center along with the
Board, we have decided to cancel all
activities for 2020. There will be no
dues collected for this year. We would
like you all to stay safe and healthy.
We already have three activities
planned for next year: the Senior
Picnic, a new Harvest Festival, and the
Christmas Tree at the Park. God bless
you all and we'll see you in 2021!**

**- Joanne Guden
President of FOBSI**



We are in need of some cards, if you happen to have any extras. We have PLENTY of Birthday cards, but not many others. We are particularly in need of Get Well, Thank You, and Sympathy cards. Please drop them off if you have extra.

If someone you know needs a perk-up - Give us their information and we'll give them a call or send them a card! We are happy to reach out! Let us know by sending an email to seniorcenter@cityofberlin.net or by giving us a call at 361-5422. We would love to help.

Monthly (DAILY) ACTIVITIES

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
10:30 Pool Shooting 10:30 Exercise w/ Judy	10:30 Pool Shooting	9:00 Woodcarving 10:30 Pool Shooting 10:30 Exercise w/ Judy	9:00 Metal Detecting 9:00 Quilting 10:30 BINGO w/Tanner	10:30 Pool Shooting 10:30 Exercise w/ Judy



FOOT CARE CLINIC

Lotus Foot Care, LLC is happy to begin offering expert foot care for Seniors right here at the Berlin Senior Center. The foot care is provided by an experienced registered nurse certified in foot and toenail care right here in our community.

This service would be ideal for Diabetics, Seniors, and those affected with nerve conditions. Lotus Foot Care is licensed and insured.

Call 920-637-0754 to schedule an Appointment

Thursday, August 13th & 27th

COMMITTEE ON AGING

Next Meeting—Tuesday, August 25th at 9:30 at the Senior Center

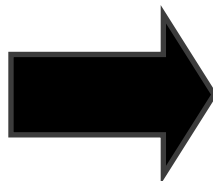
The City of Berlin's Committee on Aging is in need of two members. The Board oversees aging related issues within the city, and helps coordinate and develop new services as may be necessary. They assist with communicating and educating the public on aging issues and work to make Berlin a better place for those aging. The meetings occur on the 4th Tuesday of each month.

If you are interested in joining the board, you may stop in at the Senior Center and fill out an application. If you would like more information, please call 361-5422 and ask for Sara.

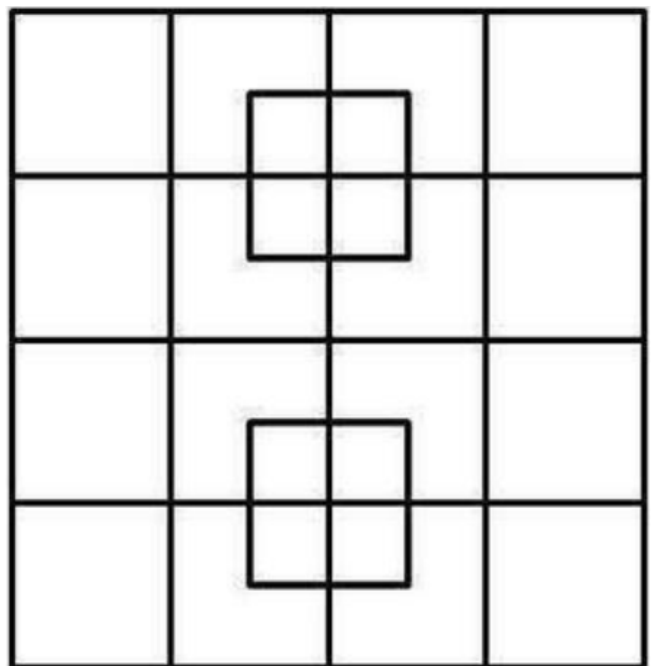
Find 8 sundae glasses  at the soda shop.



How many squares are there?



* Answer on page 5



AUGUST 16TH IS
NATIONAL TELL A JOKE
DAY!

A day to celebrate smiles, jokes,
laughter and those humorous
situations and friends in your life.

Jokes submitted by Eleanor Wesner:

I went to the farmer's market to get some
berries, but they didn't have any. It was a
fruitless trip.

What kind of berry is the saddest? - blueberry



Send your favorite joke to Amanda at
seniorcenter@cityofberlin.net. Tell us where you
got it or/and you'll get the credit.

Squares Puzzle answer from page 4 = 40 squares total!



Meals include menu as is listed. Also coffee or milk, bread & butter. Suggested \$4 age 60+. Meals are eaten at Noon. This is a Green Lake County Elderly Nutrition Meal site. Please Call (361-5422) THE DAY BEFORE the day you'd like to eat a noon meal at the Center.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Spaghetti Calif. Bl. Veg Garden Salad Garlic Bread Watermelon	Beef Tips Mashed Potatoes Corn Fruit Cocktail Cake	Breaded Parmesan Chicken Sweet Potatoes Cauliflower Fresh Fruit	BBQ Pulled Pork Sandwiches Tri Tatars 3 Bean Bake Mandarin Oranges Jell-O	Baked Tilapia Baby Bakers Cole Slaw Peaches Choc. Pudding Pie
10	11	12	13	14
BBQ Chicken Wings Coleslaw Potato Wedges Pineapple Chunk Rice Krispy Bars	Meat Loaf Cheesy Potatoes Broccoli Pears Choc. Bundt Cake	Lasagna Calif. Bl. Veg. Garlic Bread Garden Salad Pineapple Pistachio Pudding	Baked Potato & Salad Bar w / All the Fix-ins Mandarin Oranges Strawberry Cup Cakes	Cheese Burger Cowboy Beans Cole Slaw Fresh Fruit Oatmeal Raisin Cookies
17	18	19	20	21
Tater Tot Casserole Peas & Carrots Garden Salad Apricots Rice Krispy Bars	Chicken Mashed Potatoes & Gravy Roasted Veg. Strawberry Short Cake	Chicken Alfredo Over Linguine Broccoli Banana Raisin-Bread Pudding	Salisbury Steaks w/ Caramelized Onions & Gravy Mashed Potatoes Mixed Veg. Pears Blue Berry Muffin	Baked Fish Twice Baked Potato 3 Bean Cold Salad Green Salad Watermelon
24	25	26	27	28
Beef & Bean Burrito Garden Salad Pineapple Chunks Cin. Strussel Cake	Brats & Sauerkraut Potato Salad Calico Beans Fresh Fruit	Pork Loin Potatoes & Gravy Green Beans Pears Fruit Crisp	Chicken Marinara w/ Bow Tie Pasta Garlic Bread Green Salad Pound Cake w/ Berries	Egg Salad Sand. On Wheat Bread Broccoli/Calif./ Carrot Cold Salad Banana Jell-O Poke Cake
31				
Chef's Salad w/ Cheese & Peas Fresh Fruit Banana Cream Pie				ALL MEALS INCL. MILK, WHOLE GRAIN OR WHITE BREAD & BUTTER

August Birthdays



1 Antoinette Pribnow
1 Paul Dlouhy
1 Ed Lohela
2 Lee Born
2 James Marotz
3 LeRoy Petit
5 Joyce Jaeger
6 Patrick Flanigan
7 Shelley Vogt
7 Lawrence Pelchat
9 Marilyn Deppe
10 Judith Gravunder
12 Jeanette Kuble
12 Ginny Hoinacki
12 Mary Kay Blazel
13 Eileen Korchunoff
14 Carla Fredrick
14 Dawn Carberry

14 Vicky Sheldon
15 Louis Bock
17 Adeline Abel
21 Joan Hardel
21 Mary Hillstrom
21 Shirley Rogers
23 Joyce Petit
24 Richard VanOrnum
24 Judy Rickert
25 Florence Trinko
25 Russell Wallace
26 Maudie Meingast
26 Sharon Keating
27 Mary Gropp
27 Grace Klein
27 Jean Huibregtse
27 Eleanor Wesner
28 Sandra Satterfield
30 Peter Seaman

**Add someone to the
Birthday List or edit our
list by contacting
Amanda at 920.361.5422
or
seniorcenter@cityofberlin.net**

August Information:

- Flower is the gladiolus or “sword lily”
- Birthstone is peridot which is associated with peace and happiness
- Monthly observances that take place in August include National Family Fun Month, National Golf Month, National Romance Awareness Month, and National Peach Month.
- August 26 - Women's Equality Day

Contact Information

Senior/Rec. Programming Coordinator

Sara Nighbor

Senior Assistant Programming

Coordinator Amanda Maierhafer

Head Cook Deb Mirr

Assistant Cook Gabrielle Reiser

Chauffeurs and Meal Delivery

Al, Deb, Larry, & Dennis

Meal Delivery Deb, Paula & Larry

MISSION STATEMENT

To actively involve, enlighten, enrich, and empower the independence of older adults in our community.

Hours.....Monday-Friday 9:00 to Noon

Phone..... **920-361-5422**

Address.....142 Water Street

(Just off of North Capron Street)

www.cityofberlin.net

TRANSPORTATION

**Monday thru Friday. Seniors age 55+
Hours available: 8-10:30 am & 1-4:00 pm.**

Transportation is funded by Grant 85.21

Co-payment for in-town trips are:

Round trip \$2.00

Round Trip with use of the ramp \$10.00

Call for out-of-town costs



Looking for a place to rent for a family gathering, bridal or baby shower, birthday party, or any other event? The Berlin Senior Center is the place to check on. For more information call 920-361-5422.

NOON MEALS

Green Lake County Nutrition Program

Monday through Friday

Carry Out or homebound have meals delivered. Cost: Suggested donation of \$4 over age 60. Under age 60 the cost is \$16.84. Call the day before you want to eat. Pickup begins at 11:15 am. For home bound meals call 920-294-4070

