

November 2020 Newsletter

INSIGHT

LAUGHTER



LEARNING FROM MISTAKES

Publication of the Berlin Senior Center

WHAT'S NEW & HAPPENING



THANKSGIVING MEAL:

**THURSDAY,
NOVEMBER 19TH**

**CARRY OUT
AVAILABLE
AT 11:15 AM**

What is Sara thankful for?

What a year 2020 has been, with all kinds of ups and downs. As we head into the Holiday season, there will be a few difficult changes this year. We still are unable to offer in house meals, so both Thanksgiving and the Christmas meal will be carry-out only. That carry out will still be full of delicious food and treats though, I promise! We may not be able to eat in person, but we can still support and care for one another. All of us remember how much fun the large holiday meals are, how everyone has a chance to catch-up and have a wonderful time. This year will be starkly different, not only at our table, but at everyone's tables at home as well and is set to be one of the hardest as we are asked to stay away from family so we can keep everyone safe. So this year, I'm asking each and every one of you reading this note to check in with someone this holiday season. A friend, a family member, or even an acquaintance. We ALL are going to need a little extra love this season, so please give someone a call to see how they are doing. When we work together, we can accomplish anything. I am thankful for so many things, but most of all, I'm thankful for all of you!



Please call by Monday, November 16th to order your Thanksgiving meal! We need time to get and make all of the turkeys :) What's all on the menu? Turkey, Stuffing, Mashed Potatoes & Gravy, Corn, Orange-Cranberry Relish and delicious Pumpkin Pie. Suggested \$4 and Pickup at 11:15am!

SNEAK PEEK

Wondering what to do during the holiday season? Amanda is putting together a trip around Berlin - all from

our couches! Explore the different businesses in Berlin and the surrounding area with goodies and coupons from each location. Stay tuned for next month's adventure!





Voice Recordings available!

Do you or someone you know have difficulty reading the INSIGHT or the Berlin Journal?

We have good news! We have begun recording both onto cassette tapes and digital recordings and those are now available for interested people. This service is free, you must supply your own tapes or USB.



Veteran's Day is Wednesday, November 11th. Don't forget to thank a veteran for their service. All gave some. Some gave all. Stop in to the Center to watch a video of the Berlin Veterans. Check out the local cable channel 990 to see it too!



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NOVEMBER (DAILY) ACTIVITIES

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
10:30 Pool Shooting 10:30 Exercise w/ Judy	10:30 Pool Shooting 10am Vet Meeting 2nd Tuesday	9:00 Woodcarving 10:30 Pool Shooting 10:30 Exercise w/ Judy 9:30 EYES HAVE IT 3rd Wednesday	9:00 Metal Detecting 9:00 Quilting 10:30 BINGO w/Tanner 2nd & 4th Thurs. Foot Clinic	10:30 Pool Shooting 10:30 Exercise w/ Judy

IMPORTANT DATES TO REMEMBER

It's that time of year again - time to turn back your clocks an hour. **On Sunday, November 1st, at 2am** is when you are supposed to do it, but we suggest doing it Saturday night right before you fall asleep. That way you are all set when you wake up!



FOOT CLINIC

November Dates:
ONLY Thursday, November 12

Call Keren Yang, Certified Foot Care Specialist at 920-637-0754



Social distancing only works if we all participate. And slowing down or preventing the spread of the virus will save lives.



We all are responsible for protecting those at higher risk.



Is it Time for Facility Care?

Join Kristine Biesenthal, Dementia Outreach Specialist, Alzheimer's & Dementia Alliance of Wisconsin who serves Green Lake, Marquette, and Waushara Counties. This program will review things to consider when making the decision to move to facility care.

Wednesday, November 11th from 10:00 - 11:15 am



REMINDER—
We will be closed for the holidays on Thursday, November 26th and Friday, November 27th.

VOTE2020

**ELECTION DAY IS
NOVEMBER 3**



1	Betty	Konen
1	Marilyn	Voeltner
1	Richard	Fortnum
2	Ralph	Fredrick
4	Jeanne	Boening
5	Barbara	Born
6	Margaret	Ceman
6	Paul	Hanan

6	Jamie	Stobbe
7	Nelma	Stertz
8	JoAnne	Napralla
8	Marion	Weber
11	Iris	Mueller
14	Chuck	Fehl
15	Iva	Bodin
16	Kathleen	Johnson

17	Annette	Pica
18	Pat	Dye
19	Kathy	Hatch
19	Donna	Nickolaisen
19	Patricia	Cujak
20	Paul	Roethel
22	Gladys	Hall
22	Ruth	Young
23	Donna	Nolte
24	Michael	Carberry
25	Bob	Keating
26	Lorraine	Brueggen
27	George	Kazmierczak
28	Chris	Moore
28	Verona	Lipke
29	Christine	Monroe
30	Donna	Kirk
30	Tom	Schroeder



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Meals include menu as is listed. Also coffee or milk, bread & butter. Suggested \$4 age 60+. Meals are eaten at Noon. This is a Green Lake County Elderly Nutrition Meal site. Please Call (361-5422) by 9:30 on the day you'd like to eat a noon meal at the Center.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 BIRTHDAY MEAL	4	5	6
Chicken Veg. Soup Garden Salad 3 Bean Cold Salad Apricots Angel Food w/ Fruit topping	Ham Loaf Sweet Potatoes Beets Mandarin Oranges Birthday Cake	Meatballs with Gravy over Wild Rice Spinach Salad Green Beans Pineapple Chunks Homemade Peanut Butter Cookies	Pork Loin with Gravy & Mashed Potatoes Corn Taffy Apple Salad	Baked Buttery Cod Baby Bakers Coleslaw Pears Strawberry Short Cake
9	10	11	12	13
Oven Baked Mac & Cheese Stewed Tomatoes 3 Bean Cold Salad Pear Apple Crisp	BBQ Ribeye Baby Bakers Cole Slaw Fruit Cocktail Pineapple, Cherry Dump Cake	Cheese Burgers w/ All the Fix-Ins Baked Beans Green Salad Orange	Salisbury Steaks W/ Caramelized Onions Mashed Potatoes & Gravy Corn Pears Cake	Chop Suey w/ Asian Vegetables Over Wild Rice Apricots Banana Cream Pie
16	17	18	19 THANKSGIVING MEAL	20
Sloppy Joes 3 Bean Bake Caulif./Broccoli Cold Salad Fresh Fruit Brownies	Meatloaf Sweet Potatoes Corn Mandarin Oranges Apple Pie	Chicken Alfredo w/ Linguine Mixed Veggies Spinach Salad Apricots Brownies	Turkey, Stuffing, Mashed Potatoes & Gravy Corn Orange-Cranberry Relish Pumpkin Pie	Buttery Tilapia Garden Salad Beets Berry Fruit Compo over Angel Food Cake
23	24	25	26	27
Strip Steak Stir Fry w/ Asian Veg. Over Wild Rice Garden Salad Peaches Homemade Oatmeal Raisin Cookies	BBQ Pulled Pork Sand. Coleslaw Cowboy Beans Pound Cake w/ Strawberries	Lasagna Broccoli Garlic Bread Garden Salad Mandarin Oranges Cin. Streusel Cake w/Walnuts	CLOSED FOR THE HOLIDAY	CLOSED FOR THE HOLIDAY
30				
Chef Salad w/ Cheese & Peas Fresh Fruit Bread Pudding				ALL MEALS INCLUDE BREAD WHOLE GRAIN OR WHITE, BUTTER & MILK



LAUGHTER CORNER

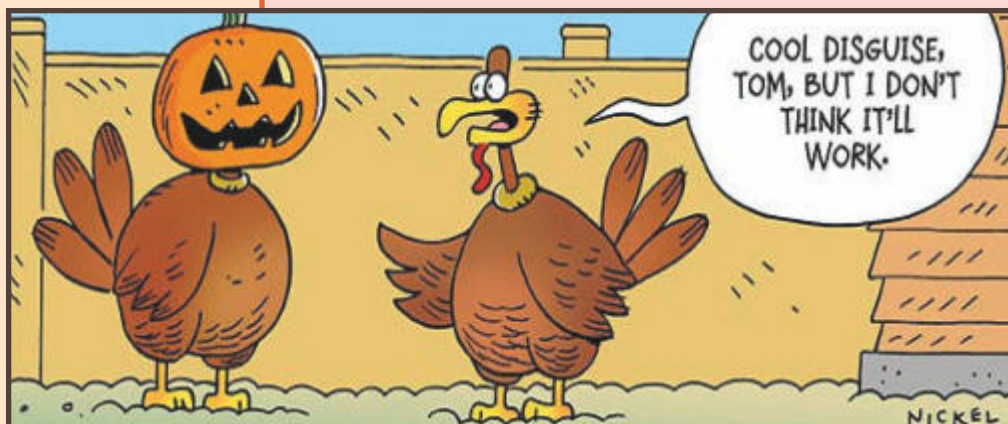
What kind of noise does a limping turkey make?
Wobble, wobble.

What instrument does a turkey play?
The drumsticks!

Why didn't the cook season the Thanksgiving turkey?
There was no thyme!

Don't worry, our cook Debbie has plenty of thyme!

- ⇒ Re-telling the Original Thanksgiving Story
- ⇒ Sharing What You're Thankful For
- ⇒ Adding a Festive Centerpiece
- ⇒ Breaking out the Good China
- ⇒ Using Place Cards
- ⇒ Splitting the Wish Bone
- ⇒ Walking Off the Feast



INSIGHT November 2020

Page 7

NEVER MISS A NEWSLETTER !

Sign up to have our newsletter emailed to you at www.ourseniorcenter.com



Brown Wilcox

ASSISTED LIVING

347 E Huron Street | Berlin, WI 54923

920-361-2552

www.brownilcox.org

cpapdm@gmail.com

We're here to serve you. Please contact us with questions or to schedule a tour, we're happy to help you learn more.

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anicholas@lpiseniors.com or (800) 950-9952 x2538

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City of Berlin Senior Center, Berlin, WI

C 4C 01-1434

Contact Information

Senior/Rec. Programming Coordinator
Sara Rutkowski

Senior Assistant Programming Coordinator Amanda Maierhafer

Head Cook Deb Mirr

Assistant Cook Darlene Sierakowski

Chauffeurs and Meal Delivery

Al, Deb T., & Dennis

Meal Delivery Clay, Richard, and Deb

MISSION STATEMENT

To actively involve, enlighten, enrich,
and empower the independence of
older adults in our community.

Hours....Monday-Friday 9:00 to noon

Phone..... **920-361-5422**

Address.....142 Water Street

(Just off of North Capron Street)

www.cityofberlin.net

TRANSPORTATION



**Monday thru Friday. Seniors age 55+
Hours available: Call for Availability**

Transportation is funded by

Grant 85.21

Co-payment for in-town trips are:

Round trip \$2.00

Round Trip with use of the ramp

\$10.00

Call for out-of-town costs

Delectable Noon Meals

Green Lake County Nutrition Program

Monday through Friday, Pick up at 11:15 am

Pick up or homebound have meals delivered.

Cost: Suggested donation of \$4 over age 60

Under age 60 the cost is \$18.89

effective 07/01/2020

Call the day before you want to eat.

For home bound meals call 920-294-4070