

January 2021 Newsletter

# INSIGHT

# 2021

HAPPY NEW YEAR

What new adventures are we going to have this year? Let's get ready for some interesting stuff!

**FREE - Please take one and Enjoy!**

Enjoy getting this Newsletter but don't always want to have to run in to get it? Try finding it online! Head to [www.cityofberlin.net](http://www.cityofberlin.net) and under Departments, choose Senior Center. Then all you have to do is click on Newsletters!

# Welcome 2021! Leave 2020 in the Past!

**Did you know?** The County Elderly and Disabled Transportation Assistance program (85.21 Grant) provides counties with financial assistance for us at the Berlin Senior Center to provide transportation services to seniors and individuals with disabilities.

For them, and maybe for you, it is an important option for staying self-sufficient, healthy, and happy. According to Wisconsin.gov it 'thereby improve(s) and promote(s) the maintenance of human dignity by affording the benefits of transportation services to those people who would not otherwise have an available or accessible method of transportation.'

## There are a lot of reasons to use the Senior Transport Van.

**Doctor's appointment or medical appointments.** These transport services may be covered under health insurance. Sometimes these appointments come with a request to refrain from using heavy machinery, which of course, your car is! Some eye appointments make your vision sensitive or blurry, which could be dangerous for you or others on the road. Please use our services, when you cannot find a ride or have no one to pick you up per Doctor's request.



**I don't want to drive in the snow!** If you feel unsure of driving in the Wisconsin winter weather, you can call us to take you to any appointments, health and beauty, shopping, wellness visits. We can pick you up at your Berlin home, take you anywhere in town, and bring you back home for \$2.

**I'll have to park too far away!** Even your handicap sticker doesn't get you close enough to the door or you are worried about falling on an icy parking lot, you can use our curbside drop-off and pick-up!

**I don't feel comfortable driving anymore.** If you can't see as well as you used to, or your reaction time isn't what it used to be, you've had accidents recently, or if you just feel like it's **too fast, too far, or too much STRESS!** Many people feel happier letting us do the driving.



**Hair appointments! Now I need to wait outside until my appointment. I won't be able to walk and I need protection from the cold.** Everything has changed so fast in the last year, that now it may just be impossible to go into a building and wait. Let us take you and we'll wait in the van with you.

**I have trouble reading labels when I'm shopping so I need a little help.** Our drivers are not required to walk with you during your shopping trips, but if you need help reading labels or tags, our drivers are more than happy to lend a hand or eye to make things easier for you.

Whether you are worried about deer or just don't like to drive anymore, you can use our Senior Van Services!

**Monday thru Friday. Seniors age 55+  
Hours available: 8-10:30 am & 1-4:00 pm.  
Call for availability.**

**Transportation is funded by Grant 85.21  
Co-payment for in-town trips are:  
Round trip \$2.00  
Round Trip with use of the ramp \$10.00  
Call for out-of-town costs**





## Wisconsin Home Energy Assistance Program (WHEAP)

Struggling to Pay Energy Bills? There's Help Available: Your household may be eligible for Wisconsin Home Energy Assistance Program (WHEAP) services based on a number of factors. However, if the gross income for your household is less than the amount shown on the following chart, you might be eligible to receive assistance. Households must complete a Home Energy Plus application through the local WHEAP agency or apply online via: <https://energybenefit.wi.gov/>.

Call 866-432-8947 (toll free) to see if you qualify.

## 60 PERCENT OF STATE MEDIAN INCOME GUIDELINES

HOUSEHOLD SIZE	ONE MONTH INCOME	ANNUAL INCOME
1	\$ 2,490.08	\$29,881
2	\$ 3,256.33	\$39,076
3	\$ 4,022.50	\$48,270
4	\$ 4,788.67	\$57,464
5	\$ 5,554.83	\$66,658
6	\$ 6,321.00	\$75,852
7	\$ 6,464.67	\$77,576
8	\$ 6,608.33	\$79,300

### Foot Clinic Dates :

Keren Yang, RN, BSN, CFCS with Lotus Foot Care, LLC, is still offering appointments here at the Senior Center on the 2nd and 4th Thursday of the Month:

Thursday, January 14, 2021  
Thursday, January 28, 2021

Please contact Keren for appointment scheduling and questions at 920-637-0754.

BIG Thank You's from the Quilters to everyone who donated yarn this year! They have used all of it.

SUPPORT THE **ADVERTISERS** THAT SUPPORT OUR COMMUNITY

➤ Reach the Senior Market  
**ADVERTISE HERE**

CONTACT

Alex Nicholas to place  
an ad today! [anicholas@lpiseniors.com](mailto:anicholas@lpiseniors.com)  
or (800) 950-9952 x2538

**BERLIN SENIOR LIVING**  
FOR ADULTS 62+ AND/OR  
PERSONS WITH A DISABILITY

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[www.meridiangroupinc.net](http://www.meridiangroupinc.net)

**920-361-4046**

"Support Your Center  
Become a Member  
of the FRIENDS!"

**SPREAD THE WORD**

A Thriving, Vibrant  
Community Matters



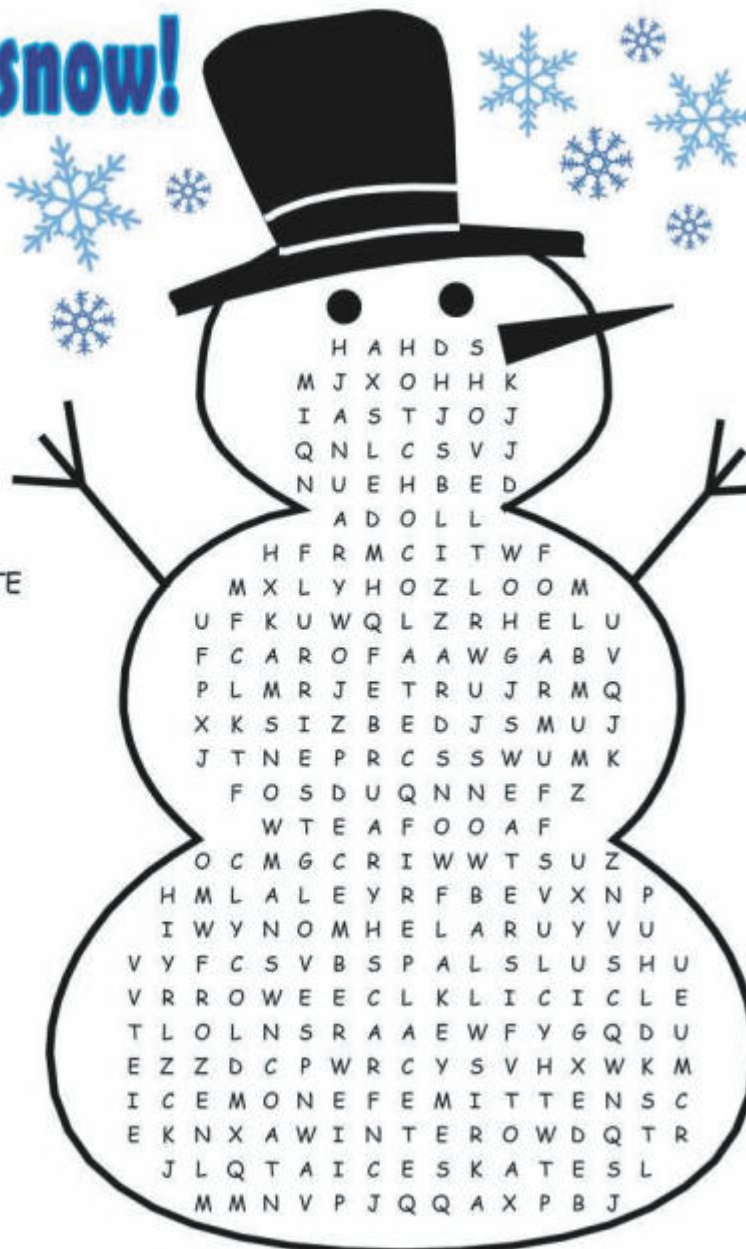
**SUPPORT OUR ADVERTISERS**

# JANUARY (DAILY) ACTIVITIES

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
<b>10:30 Pool Shooting</b>  <b>10:30 Exercise w/ Judy</b>  	<b>10:30 Pool Shooting</b>  <b>10:30 am Vet Meeting 2nd Tuesday</b>	<b>9:00 Woodcarving</b>  <b>10:30 Pool Shooting</b>  <b>10:30 Exercise w/ Judy</b>  <b>9:30 3rd Wed. Eyes Have It Meeting</b>	<b>10:30 BINGO w/Tanner</b>  <b>10:30 Pool Shooting</b>	<b>10:30 Pool Shooting</b>  <b>10:30 Exercise w/ Judy</b>  

## Let it snow!

BLIZZARD  
 COAT  
 COLD  
 DECEMBER  
 EARMUFFS  
 FEBRUARY  
 FIREPLACE  
 FLURRIES  
 FROZEN  
 GLOVES  
 HOT CHOCOLATE  
 ICE  
 ICE SKATES  
 ICICLE  
 JANUARY  
 MITTENS  
 SCARF  
 SHOVEL  
 SLED  
 SLUSH  
 SNOWBALL  
 SNOWFLAKE  
 SNOWMAN  
 SWEATER  
 WINTER




When Berlin Public Schools are closed due to inclement weather, please note that we will also be closed and no lunches will be served. Watch your local news station for any closings. This may be subject to change if Berlin Schools choose to close due to COVID-19.

Get regular updates on our Facebook page.

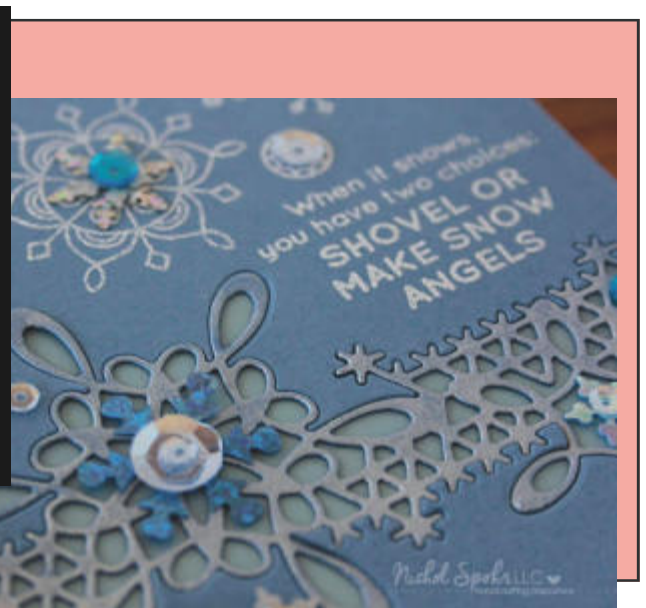






We have before us the  
**glorious opportunity**  
to inject a **new**  
**dimension** of  
**Love**  
into the veins  
of our civilization.

- Martin Luther King Jr.  
Day January 18, 2021



The Library will have  
TAX forms and  
HOMESTEAD forms  
available for pickup  
in the middle of  
January (they will  
not be available  
right away on  
January 1<sup>st</sup>).

Berlin Public Library  
Hours:

Mon-Thurs: 9 am - 8 pm  
Friday: 9 am - 6 pm  
Saturday: 9 am - 5 pm  
Sunday: Closed  
Contact Number:  
(920)361-5420



No Free tax  
prep at the  
Berlin Senior  
Center in  
2021!

**NEVER MISS  
A NEWSLETTER !**

Sign up to have our newsletter  
emailed to you at

[www.ourseniorcenter.com](http://www.ourseniorcenter.com)



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THE *Community*

For advertising info  
call: 1-800-950-9952



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(920) 748-5498 • [webstersmarketplace.com](http://webstersmarketplace.com)



Meals include menu as is listed. Also milk, bread & butter. Suggested \$4 age 60+. Meal Pick up is at 11:15 am. This is a Green Lake County Elderly Nutrition Meal site. Please Call (361-5422) the day before you'd like to pick up a meal at the Center.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				CLOSED FOR THE HOLIDAY
4	5 BIRTHDAY MEAL	6	7	8
Oven Roast. Chicken Seasoned Potato Wedges California Blend Vegetables South. Cherry Salad	Ham Loaf Au gratin Potato 3-Bean Bake Pears Cake 	Spaghetti with Meat Sauce California Blend Vegetables Green Salad Fruit Cocktail Blueberry Muffins	Parmesan Breaded Chicken Sweet Potatoes Green Beans Mandarin Oranges Taffy Apple Salad	Potato and Cheddar Crusted Cod Baby Bakers Green Salad Peaches Banana Cream Pie
11	12	13	14	15
Strip Steak Stir Fry w/ Asian Vegetables Garden Blend Wild Rice Green Salad Fresh Oranges Chocolate Chip Cookies	Meat Loaf Baby Bakers Peas & Carrots Banana Pumpkin Bars	Lasagna Broccoli Garlic Bread Garden Salad Strawberry Short Cake	Roasted Chicken Mashed Potatoes Gravy Glazed Carrots Spinach Salad Apple Crisp	Oven Baked Tilapia Twice Baked Potato 3-Bean Salad Mandarin Orange Devils Food Cup-cakes
18	19	20	21	22
Loaded Chicken Noodle Soup  Fresh Veggie Platter Fruit Cocktail Corn Bread with Honey Butter	Ham and Cheese Sliders Sweet Potato Peas & Carrots Raisins Banana	Salisbury Steak with Caramelized Onions Mashed Potatoes Gravy Corn Taffy Apple Salad	Roasted Turkey Sand Cowboy Beans Spinach Salad Cantaloupe Brownies	Chef Salad Broccoli/Cauliflower Cold Salad Strawberries Pineapple Angel Food Cake
25	26	27	28	29
Mama's Pizza Casserole Broccoli Green Salad Pear Spice Cup Cakes with Peanut Butter Frosting	Chicken Alfredo Peas & Carrots Garden Salad Mandarin Oranges Carrot Cake	BBQ Ribs Baby Bakers Broccoli/Cauliflower Cold Salad Fruited Jell-O	Beef Stew Spinach Salad Banana Corn Bread with Honey Butter	Baked Tilapia Sweet Potatoes 3-Bean Cold Salad Tropical Fruit Cinnamon Rolls with Raisins



# January



1 Phyllis Williams	19 Conrad Rompala
1 Janice Richmond	20 Doris Domiter
3 Kathryn Maki	21 Ronald Harke
4 Ruth Gelhar	22 Eugene Ficken
5 Betty Flanigan	23 Frances Hall
6 Jeanette Becker	24 Beverly Coats
6 Sara Kazmierczak	24 Bill Maki
6 Nanette Mlodzik	25 Leone Thull
7 Richard Bartol	26 Irene Kallas
10 Barbara McQuown	26 Elida Henf
13 Kate Norman	28 Patricia (Pat) Durrant
15 Jerry Huber	30 Kathy Fabricius
16 Darlene Athey	31 Sharon Fortnum
16 Duane Foote	31 James Mauritz
17 Lawrence Besaw	31 Marcella Putzkie
18 Janet Ryerson	

## Birthday Meal: Tuesday, January 6th

Ham Loaf, Au gratin Potato, 3-Bean Bake, Pears, Birthday Cake



Care Wisconsin and My Choice Family Care are now My Choice Wisconsin.

My Choice Wisconsin  
is a managed care organization  
that serves government-funded programs  
to seniors and adults with disabilities  
in over 50 Wisconsin counties.

**FAMILY CARE PARTNERSHIP**  
**FAMILY CARE | MEDICAID SSI**  
**MEDICARE DUAL ADVANTAGE**

**1-800-963-0035**  
**mychoicewi.org/LP**



**SMITS & BLAZEL**  
**LAW OFFICE, LLC**

*Wills, Trusts, Powers  
of Attorney*

**Contact John Blazel**  
for your Estate Planning Needs.

**118 N. Pearl Street, Berlin**  
**361-1777**



302 NORTH GRAND ST  
MARKESAN, WI 53946  
**920.398.3505**

[www.cardinalcapital.us](http://www.cardinalcapital.us)

RENT IS APPROXIMATELY 30% OF YOUR INCOME

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**920-361-2552**

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[cpapdm@gmail.com](mailto:cpapdm@gmail.com)

*We're here to serve you. Please contact us with  
questions or to schedule a tour, we're happy to  
help you learn more.*



**Berlin Public Transit.**

**Call 920-361-3616**

**ANYONE CAN RIDE!**

**Anywhere in town for only \$3.00.**  
**Seniors only pay \$2.00!**

➤ Reach the Senior Market  
**ADVERTISE HERE**

**CONTACT**

Alex Nicholas to place an ad today!  
[anicholas@lpiseniors.com](mailto:anicholas@lpiseniors.com) or (800) 950-9952 x2538

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## Contact Information

### Senior/Rec. Programming Coordinator

Sara Rutkowski

### Senior Assistant Programming Coordinator

Head Cook Deb Mirr

Assistant Cook Darlene Sierakowski

### Chauffeurs and Meal Delivery

Al, Deb T., Cindy and Dennis

Meal Delivery Clay, Richard, and Deb

## MISSION STATEMENT

To actively involve, enlighten, enrich, and empower the independence of older adults in our community.

Hours.....Monday-Friday 9am - Noon

Phone..... **920-361-5422**

Address.....142 Water Street  
(Just off of North Capron Street)

[www.cityofberlin.net](http://www.cityofberlin.net)

## TRANSPORTATION

Monday thru Friday. Seniors age 55+  
Hours available: 8-10:30 am & 1-4:00 pm.  
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Co-payment for in-town trips are:

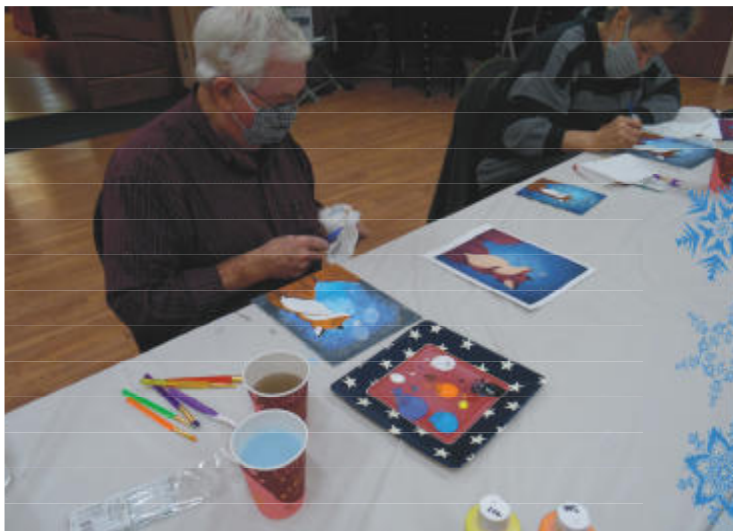
Round trip \$2.00

Round Trip with use of the ramp \$10.00

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Looking for a safe place to come to visit with friends? The Berlin Senior Center is the place to check on. Wear your masks, socially distance, and relax with us. For more information call 920-361-5422.



## NOON MEALS



### Green Lake County Nutrition Program

Monday through Friday at 11:15am.

Carry-out or homebound have meals delivered. Cost: Suggested donation of \$4 over age 60. Under age 60 the cost is \$18.89. Call by 9:00 am on the day before you want to eat. For home bound meals call 920-294-4070