

FREE - TAKE ONE

INSIGHT

JULY 2021

BINGO

**LOW VISION
SUPPORT GROUP**

SENIOR SINGERS

EASY PAINTING

WOODCARVERS

QUILTERS

DIRT DETECTIVES

**EXERCISE
WITH JUDY**

**VETERAN'S
SUPPORT GROUP**

Publication of the Berlin Senior Center

FLOWER POWER

The Center is looking for a few green thumbs who would like to tend our flower beds this summer. If you like to be outside, pulling weeds and minding our flowers please give us a call to volunteer. Help us look wonderful and inviting.
361-5422



Hey! It's BINGO with Tanner. Each Thursday starting at 10:30AM at the center and it is free to play.



Friends of the Berlin Senior Center have begun collecting dues for this year. It is only \$5 and you can either mail it to the center at 142 Water St., Berlin, WI 54923 or drop it off.

Please make checks out to:
Friends of the Berlin Senior Center—mark envelopes the same. Thank you.

Berlin Lanes offers Senior Discount

Our local bowling alley will once again offer a reduced rate for Senior Citizens. On Mondays only, from 12:30PM to 1:30PM, Seniors can bowl three games for \$5. This is for walk-ins only. If you have questions please contact the alley at 361-1282.



Fawn Sleeping Easy Painting with Amanda

July's painting will be inspired by the above photo.

9:00AM to Noon Friday, July 9th.

Space is limited- call to be put on the list. 361-5422

Cost is \$5 per person, payable that day.

VOLUNTEERING

We are starting to bring some phone volunteers back to the Center as safely as we can. These helpful individuals will answer phones for us and assist any walk-ins. The hours will be from 9:00 to 11:00 am.

If you are interested in helping, please give us a call, 361-5422, and sign up for a date!

Thank you!

Backgammon and Chair Yoga On Hold

Our chair yoga and backgammon programs will not meet until this fall. Participants thought this would be best, as they are outside, enjoying the summer weather. See you in the fall!

Berlin Parks and Recreation Program

Aqua Yoga

Join Dr. Jennifer

Culver, PhD, E-RYT for this low-impact water exercise that's ideal for individuals with joint pain, auto-immunity, stroke and cancer survivors, pregnant women and everyone, helping all participants with strength, flexibility



and range of motion.

Time: 9:00 – 10:00 am

Ages: young adults and adults

Days: Mondays and Wednesdays

Dates: June 14 to August 18

Fee: \$35 for a punch card good for 5 classes (You may purchase additional punch cards.)

Please call the Parks Department for more information. 361-5437.

SUPPORT OUR ADVERTISERS!



**AVAILABLE FOR
A LIMITED TIME!**

ADVERTISE HERE NOW!

Contact **Alex Nicholas** to
place an ad today!
anicholas@lpicommunities.com
or **(800) 950-9952 x2538**

BERLIN SENIOR LIVING
FOR ADULTS 62+ AND/OR
PERSONS WITH A DISABILITY

Wyndgate on Market Square

1 & 2 Bedrooms

HEAT INCLUDED

Rent is Based on Income
www.meridiangroupinc.net

920-361-4046



**"Support Your Center
Become a Member
of the FRIENDS!"**

FREE AD DESIGN

WITH PURCHASE OF THIS SPACE



CALL 800.950.9952



July Daily Activities

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
<p>10:30 Pool Shooting</p> <p>10:30 Exercise w/ Judy</p>	<p>10:30 Pool Shooting</p> <p>2nd Tues. 10:30 Veteran's Support Group Meeting</p>	<p>9:00 Woodcarving</p> <p>10:30 Pool Shooting</p> <p>10:30 Exercise w/ Judy</p> <p>9:30 4th Wed. Eyes Have It Meeting</p>	<p>9:00 Dirt Detectives</p> <p>9:00 Quilters</p> <p>10:30 BINGO w/Tanner</p> <p>11:00 Senior Singers 1st Thursday</p>	<p>10:30 Pool Shooting</p> <p>10:30 Exercise w/ Judy</p> <p>2nd Friday 9:00 Painting Together</p>

July Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1 1:00 Singers Practice</p>	<p>2</p>
<p>5 CLOSED FOR THE 4TH</p> <p>No Meals or activities</p>	<p>6 10:30 Veteran's Support Group</p>	<p>7</p>	<p>8 Foot Clinic by appointment</p>	<p>9</p>  <p>9:00 Painting With Amanda</p>
<p>12</p>	<p>13 Elder Benefit Specialist 9:00- 11:00</p>	<p>14</p>	<p>15 Singers @ Prairie Place 2:00</p>	<p>16</p>
<p>19</p>	<p>20 9:30 Tentative Committee on Aging</p>	<p>21 9:30 Eyes Have It</p>	<p>22 Foot Clinic by appointment</p>	<p>23</p>
<p>26</p>	<p>27 Elder Benefit Specialist 9:00- 11:00</p>	<p>28</p>	<p>29 Singers @ Heartland House 2:00</p>	<p>30</p>

FOOT CARE CLINIC

Registered Nurse
Keren Yang of

Lotus Foot Care, LLC is offering expert foot care for Seniors at the Berlin Senior Center.

This service is ideal for diabetics, Seniors, and those affected with nerve conditions.

Available Days in July:

Thursday, July 8 & Thursday, July 22
Call Keren **920-637-0754** to schedule an appointment.

Berlin Farmers & Artists Market
Tuesdays June-September 4:00-7:00PM
Live music 5:00-7:00PM

July

6 Franki Moscato
13 River Shores Band
20 Erin Krebs
27 Kyle Megna & The Monsoons

August

3 Dustin Lee Entertainment
10 *UW Marching Band & Lizzy K & The Professionals (*subject to change)
17 Twisted Chords
24 Bruce Humphries
31 Jordan Blanchard

September

7 Amelia Ford
14 The Gentlemen Grifters
21 Benjamin Cloyd
28 Copper Box

www.berlinfarmersmarket.net

INSIGHT July 2021

Page 5

NEVER MISS A NEWSLETTER!

Sign up to have our newsletter
emailed to you at
www.mycommunityonline.com



ADT-Monitored Home Security

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



Authorized
Provider

SafeStreets

1-855-225-4251

ACE

RIPON
Hwy 23 West
(920) 748-3360

WAUTOMA
983 East Plaza Road
(920) 787-4911

W Webster's marketplace

YOUR FULL SERVICE GROCERY STORE!

In-Store Bakery • Deli • Floral Shop • Butcher • Smokehouse and More
Family Owned and Operated since 1987!

Highway 23 West, Ripon, WI
(920) 748-5498 • webstersmarketplace.com



For ad info. call 1-800-950-9952 • www.lpcommunities.com

City of Berlin Senior Center, Berlin, WI

B 4C 01-1434

JULY

Meals include menu as is listed and are subject to change. Suggested \$4 donation for those aged 60+.

This is a Green Lake County Elderly Nutrition Meal site. Please Call 361-5422 the day before you'd like to order a meal for pickup at the Senior Center.

Pickup is from 11:15 - 11:30 am.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
ALL MEALS INCLUDE/ MILK, WHOLE GRAIN OR WHITE BREAD & BUTTER			Chicken Teriyaki Stir Fry w/ Asian Veg. Spinach Salad Banana Choc. Carmel Poke Cake	BBQ Ribs Coleslaw Tri Tatars Peaches & Cottage Cheese
5	6 BIRTHDAY MEAL	7	8	9
CLOSED FOR THE 4TH	Ham Loaf Sweet Potato Green Beans Mandarin Oranges Birthday Cake	Beef & Bean Enchiladas w/ Salsa & Sour Cream Mixed Salad Watermelon	Chicken Alfredo w/ Linguine Spinach Salad Broccoli Tropical Fruit	Cheddar & Chive Baked Cod Glazed Carrots Tri Tatars Peaches Cherry Pie
12 Paul H	13	14 Jean K	15	16
Ham Sliders Sweet Potatoes Baked Beans Pears Sherbet	Lasagna Cauliflower Garlic Bread Tropical Fruit Cherry Southern Salad	Roast Chicken Mashed Potatoes & Gravy Peas & Carrots Tropical Fruit Mandarin Orange Cake	Spaghetti w/ Meat Sauce Broccoli Spinach Salad Ambrosia Fruit Salad	Meat Balls & Gravy Mashed Potatoes Spinach Salad Green Beans Pineapple Upside Down Cake
19 Chuck F	20	21	22	23
Shepard's Pie w/ Mixed Veggies Spinach Salad Watermelon w/ Grapes	Salisbury Steaks w/ Caramelized Onions Gravy Mashed Potatoes Corn Apricots Taffy Apple Salad	Cheese Burgers w/ The Works Baked Beans Tri Tatar Mandarin Oranges Magic Bars	Parmesan Baked Chicken Sweet Potatoes Corn & Peas Spinach Salad Mandarin Orange Cake	Tilapia Cole Slaw Baby Bakers Fresh Grapes Jell-O
26 Paul H	27	28	29	30
Grilled Cheese Stewed Tomatoes Deviled Eggs Broccoli/Calif. Cold Salad Fresh Fruit	Meatloaf Baby Bakers Peas & Carrots Pears Pineapple Upside Down Cake	Chicken Pot Pie Casserole Cheesy Potatoes Spinach Salad Pears Jell-O Poke Cake	BBQ Pork Ribeye Tatar Tots Cowboy Beans Peaches Choc. Pudding	Tilapia Twice Baked Potato Spinach Salad Fruit Cocktail Apple Crisp

JULY BIRTHDAYS	
1	Josie Hartzke
3	Al Youngbauer
3	Rand Bersch
3	Shirley Schneider
5	Judy Hale
9	Sharon Johnson
10	Flo Brown
11	Audrey Bunchkowski
11	Luanne Gifford
12	Jerry Bailey
14	Bonnie Simson
14	Connie Simson
15	Bobby Hornsby
17	Joan Alf
17	Louise Sedarski
20	Rita Gaylord
21	Donna Mae Nickel
22	Bernadette Briski
22	Donna Haima
22	Neil Hillstrom
22	Nancy Trochinski
24	Evelyn Loudon
25	Bob Young
26	Marion Sonnentag
27	Betty Sedarski
29	Jo Von Anderson
31	Virginia Radtke
31	Jeanette Ruckhaber

July Birthday Meal is on Tuesday, July 6th. Carry-out only meal features ham loaf with sweet potato. Green beans and a side of Mandarin oranges. Of course you get a slice of birthday cake!

Remember to register for 2021 carry-out meals and give us a call the day before to order a meal.

361-5422

Suggested donation per meal is just \$4, age 60+.



My Choice Wisconsin is a managed care organization that serves government-funded programs to seniors and adults with disabilities in over 50 Wisconsin counties.

Visit us today:
mychoicewi.org/LPI
1-800-963-0035

For more information on your long-term care options, contact your local ADRC.

DHS Approved 4/22/2021



**SMITS & BLAZEL
LAW OFFICE, LLC**

*Wills, Trusts, Powers
of Attorney*

Contact John Blazel
for your Estate Planning Needs.

**118 N. Pearl Street, Berlin
361-1777**



Brown Wilcox
ASSISTED LIVING

347 E Huron Street | Berlin, WI 54923

920-361-2552
www.brownilcox.org
 cpadm@gmail.com

We're here to serve you. Please contact us with questions or to schedule a tour, we're happy to help you learn more.



302 NORTH GRAND ST
MARKESAN, WI 53946
920.398.3505
www.cardinalcapital.us

RENT IS APPROXIMATELY 30% OF YOUR INCOME

- Affordable housing for low-income 62 or better/disabled
- One Bedroom Apartments - Free Wi-Fi
- Heat, water and sewer included in rent
- Green Lake County meal site
- Professionally managed by friendly staff



Berlin Public Transit.

Call 920-361-3616

ANYONE CAN RIDE!
 Anywhere in town for only \$3.00.
 Seniors only pay \$2.00!

**LPI is Hiring
Ad Sales Executives**

**BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.**

- Full-Time with Benefits
- Paid Training
- Expense Reimbursement
- Travel Required

Contact us at: careers@4lpi.com | www.4lpi.com/careers

**PROTECTING SENIORS NATIONWIDE
MEDICAL ALERT SYSTEM**



\$29.95/MO
 BILLED QUARTERLY

- No Long-Term Contract
- Price Guarantee
- Made and monitored in the USA

PLUS SPECIAL OFFER

CALL NOW! 1.877.801.5055
WWW.24-7MED.COM

Contact Information

Senior/Rec. Programming Coordinator
Sara Rutkowski
Senior Assistant Programming
Coordinator Mike Breza
Head Cook Deb Mirr
Assistant Cook Darlene Sierakowski
Chauffeurs and Meal Delivery
Al, Cindy and Dennis
Meal Delivery Clay, Richard, and Deb

MISSION STATEMENT

To actively involve, enlighten, enrich,
and empower the independence
of older adults in our community.

TRANSPORTATION

Monday thru Friday. Seniors age 55+

Hours available:

8-10:30 am & 1-4:00 pm

Transportation is funded
by Grant 85.21

Co-payment for in-town trips are:

Round trip \$2.00

Round Trip with use of the ramp \$10.00

Call for out-of-town costs

Hours.....Monday-Friday 9am - Noon

Phone..... 920-361-5422

Address.....142 Water Street

(Just off of North Capron Street)

www.cityofberlin.net

NOON MEALS

Green Lake County Nutrition Program

Monday through Friday at 11:15 am.

Carry-out or homebound have meals
delivered. Cost: Suggested donation of
\$4 over age 60. Under age 60 the cost is
\$18.89. Call by 9:00 am the day
before you want to eat. For home bound
meals call 920-294-4070

