

INSIGHT

DECEMBER 2021

MERRY CHRISTMAS
AND
HAPPY NEW YEAR

FROM THE STAFF AT THE
BERLIN SENIOR CENTER

FREE - TAKE ONE

Publication of the Berlin Senior Center



SANTA IS COMING

Thursday, December 16
10:00 until 11:30 am

Stop by the Center to see Santa and join in some holiday cheer.



New Activity Starting Chair Yoga

Stay active, keep those joints moving and enjoy some fun company. You will be lead through yoga exercises that use a chair. The instruction is done by DVD and we are holding classes on Tuesday and Thursday, starting December 2nd from 10:00 to 11:00 am at the Berlin Senior Center.



**to Jerry at Crossroad Markets
for cooking and delivering the
turkeys for our Thanksgiving
meal!**

CHRISTMAS MEAL

Wednesday, December 22nd
Please sign up by Friday, December 17th

The meal will consist of Ham loaf, scalloped potatoes, 3 bean cold salad, pineapple and raisin bread pudding. The meals are still carry-out only at this time. Cost is a suggested donation of \$4.00 for 60+.



How to Safely Walk On Ice

WALK LIKE A
PENQUIN

WANDLE ON



Easy Painting With Amanda Whimsical Lonely Tree

Monday, December 27th

9 a.m. to 11 a.m.

Berlin Senior Center

Cost: \$5.00

Please call 920-361-5422

to reserve a spot

POOL LEAGUE

Pool league against Wautoma will be at the Berlin Senior Center on Wednesday, December 15th starting at 9:00 am.



FOOT CARE CLINIC

will be at the Berlin Senior Center on Thursday, December 9th and 23rd. Call 920-637-0754 for an appointment

Friends of the Berlin Senior Center

will be having their meeting on December 13th at 9:30 am at the Berlin Senior Center



SUPPORT OUR ADVERTISERS!



**AVAILABLE FOR
A LIMITED TIME!**

ADVERTISE HERE NOW!

Contact **Alex Nicholas** to
place an ad today!
anicholas@lpicommunities.com
or **(800) 950-9952 x2538**

BERLIN SENIOR LIVING
FOR ADULTS 62+ AND/OR
PERSONS WITH A DISABILITY

Wyndgate on Market Square

1 & 2 Bedrooms

HEAT INCLUDED

Rent is Based on Income
www.meridiangroupinc.net

920-361-4046



FREE AD DESIGN

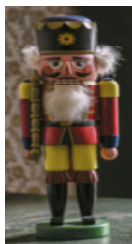


WITH PURCHASE OF THIS SPACE



CALL 800.950.9952



DECEMBER ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 9-noon Pool Shooting 9:00 Woodcarving 10:30 Exercise w/Judy	2 9:00 Quilters 10:00 Chair Yoga 10:30 Bingo w/Tanner 11:00 Singers Practice	3 9-noon Pool Shooting 10:30 Exercise w/Judy
6 9-noon Pool Shooting 10:30 Exercise w/Judy 	7 9-noon Pool Shooting 9:00—11:00 Elder Benefit Specialist 9:30 Vet's Meeting 10:00 Chair Yoga	8 9-noon Pool Shooting 9:00 Woodcarving 10:30 Exercise w/Judy	9 9:00 Quilters 10:00 Chair Yoga 10:30 Bingo w/Tanner Foot Care Clinic by Appointment 2:00 Singers at Preston Place	10 9-noon Pool Shooting 10:30 Exercise w/Judy
13 9-noon Pool Shooting 10:30 Exercise w/Judy	14 9-noon Pool Shooting 9:00-11:00 Elder Benefit Specialist 10:00 Chair Yoga	15 9 Pool League Wautoma here 9:00 Woodcarving 10:30 Exercise w/Judy	16 9:00 Quilters 10:00 Chair Yoga 10:30 Bingo w/Tanner 2:00 Singers at Prairie Place	17 10:30 Exercise w/Judy NATIONAL UGLY SWEATER DAY 
20 9-noon Pool Shooting 10:30 Exercise w/Judy	21 9-noon Pool Shooting 10:00 Chair Yoga	22 9-noon Pool Shooting 9:00 Woodcarving 10:30 Exercise w/Judy	23 NO MEAL CENTER OPEN 9:00 Quilters 10:00 Chair Yoga 10:30 Bingo w/Tanner Foot Care Clinic by Appointment	24 CLOSED 
27 9-noon Pool Shooting 9:00 Painting with Amanda 10:30 Exercise w/Judy	28 9-noon Pool Shooting 9:30 Committee on Aging 10:00 Chair Yoga	29 9-noon Pool Shooting 9:00 Woodcarving 10:30 Exercise w/Judy	30 NO MEAL CENTER OPEN 9:00 Quilters 10:00 Chair Yoga 10:30 Bingo w/Tanner	31 CLOSED 

COLD WEATHER DRIVING TIPS



- ◇ Make certain your tires are properly inflated and have plenty of tread.
- ◇ Keep at least half a tank of fuel in your vehicle at all times.
- ◇ Never warm up a vehicle in an enclosed area, such as a garage.
- ◇ Stay home. Only go out if necessary.
- ◇ Do not use cruise control when driving on any slippery surface, such as on ice and snow.
- ◇ Drive slowly. Always adjust your speed down to account for lower traction when driving on ice or snow.
- ◇ Accelerate and decelerate slowly. Apply the gas slowly to regain traction and avoid skids. Remember: It takes longer to slow down on icy roads.
- ◇ Increase your following distance. Keep a good distance between you and the car in front of you.
- ◇ Keep a bundle of cold weather gear in your car, such as extra food and water, warm clothing, a flashlight, a glass scraper, blankets, medications, and more.

If you get stuck in the snow:

- ◇ Stay with your vehicle. Your vehicle provides temporary shelter and makes it easier for rescuers to locate you.
- ◇ Don't over exert yourself. When digging out your vehicle, listen to your body and stop if you become tired.
- ◇ Be visible. Tie a brightly colored cloth to the antenna of your vehicle. At night, keep the dome light on.
- ◇ Clear the Exhaust Pipe. Make sure the exhaust pipe is not clogged with snow or ice.
- ◇ Stay warm. Use whatever is available to insulate your body from the cold.

NEVER MISS A NEWSLETTER!

Sign up to have our newsletter
emailed to you at
www.mycommunityonline.com



ADT-Monitored Home Security

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



Authorized
Provider

SafeStreets

1-855-225-4251



RIPON

Hwy 23 West
(920) 748-3360

WAUTOMA

983 East Plaza Road
(920) 787-4911



YOUR FULL SERVICE GROCERY STORE!

In-Store Bakery • Deli • Floral Shop • Butcher • Smokehouse and More
Family Owned and Operated since 1987!

Highway 23 West, Ripon, WI
(920) 748-5498 • webstersmarketplace.com

DECEMBER

Meals include menu as is listed and are subject to change. Suggested \$4 donation for those aged 60+.

This is a Green Lake County Elderly Nutrition Meal site. Please Call 361-5422 the day before you'd like to order a meal for pickup at the Senior Center.

Pickup is from 11:15 - 11:30 am.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1		1 VickieC	2 Sue P	3
	ALL MEALS INCLUDE BUTTER, BREAD-WHOLE GRAIN OR WHITE, BUTTER & MILK	Roasted Chicken with Mashed Potatoes & Gravy Peas & Carrots Pineapple Home Made Choc. Chip Cookies	Spaghetti with Meat Sauce Garlic Bread Spinach Salad Broccoli Strawberry Short Cake	Baked Tilapia Baby Bakers Cole Slaw Baked Beans Taffy Apple Salad
6 Paul H	7 Birthday Meal	8 Betty V	9 Sue P	10 Betty V
Turkey Soup w/ Stuffing and Carrots, Peas, Celery, Corn Blueberry/Peach Crisp	Beef Tips Potatoes & Gravy Carrots & Green Beans Fruit Fluff Birthday Cake	Meat Balls with Gravy Mashed Potatoes California Blend Veggies Banana Cream Pie	Ribs Cowboy Beans Cole Slaw Potato Salad Peaches Brownies	Salmon Patties Tri Tatars Cheesy Broccoli Fruit Fluff Carrot Cake
13 Paul H	14	15 Jean K	16	17
Sloppy Joes 3 Bean Bake Broccoli/Caulif. Cold Salad Fresh Fruit Blueberry Muffins	Parmesan Baked Chicken Sweet Potato Broccoli Oranges Pumpkin Bars	Salisbury Steak w/ Caramelized Onions Potatoes & Gravy Corn Fruit Cocktail Cookies	Chop Suey Asian Veg. Wild Rice Cherry / Pineapple Dump Cake	Breaded Cheddar, Chive Cod Baby Bakers Spinach Salad Apricots Cherry Southern Salad
20 Vickie C	21	22 Christmas Meal	23	24
Baked Mac & Cheese Stewed Tomatoes Spinach Salad Peaches Cookies	Pork Loin Potatoes & Gravy Green Beans Mandarin Oranges Devil's Food Cup Cakes	Ham Loaf Scalloped Potatoes 3 Bean Cold Salad Pineapple Raisin Bread Pudding	NO MEALS CENTER OPEN	CLOSED MERRY CHRISTMAS
27	28	29	30 Vickie C	31
Beef Chili w/Beans & Noodles Spinach Salad Pears Corn Bread w/Honey Butter	Chef Salad w/ Peas & Cheese Fresh Fruit Crescent Rolls & Cream Cheese Bars	Strip Steak Stir Fry Asian Veg. Garden Bl, Wild Rice Pineapple Tidbits Choc, Eclair Cake	NO MEALS CENTER OPEN	CLOSED HAPPY NEW YEAR

DECEMBER



1 Mary Jo Celichowski
3 Joy Brooks
4 Tom Sroka
5 Martha Jackson
6 Mary Plavec
6 Harriet Henke
7 Sandy Anderson
10 LaVerne Lipke
10 Marjorie Lind
11 Mary Esser
12 Susie Malnory
13 Gail Nylander
13 Mary Trochinski
13 Susan Kruse
15 Peggy Beutin
15 Diane Franke
15 Jeanette Radovich

16 Gerene Bartol
17 Roland Behr
20 Fellicia Page
21 Ray Gaylord
21 Diane Lashley
21 Jeanne Shead
23 Julie Becker
23 Carol Nation
23 James Durkee
24 Phyllis Calabusa
25 Carol Rompala
26 Susan Bartlett
27 Lois Kohn
28 Kathleen Rodencal
28 Bob Ringbauer
28 Richard Trochinski
30 Eleanor (Ellie) Broeski



INSIGHT December 2021

Page 7



My Choice Wisconsin
is a managed care organization that
serves government-funded programs
to seniors and adults with disabilities
in over 50 Wisconsin counties.

Visit us today:
mychoicewi.org/LPI
1-800-963-0035

For more information on your long-term care
options, contact your local ADRC.

DHS Approved 4/22/2021



SMITS & BLAZEL
LAW OFFICE, LLC

*Wills, Trusts, Powers
of Attorney*

Contact John Blazel
for your Estate Planning Needs.

118 N. Pearl Street, Berlin
361-1777



302 NORTH GRAND ST
MARKESAN, WI 53946
920.398.3505

www.cardinalcapital.us

RENT IS APPROXIMATELY 30% OF YOUR INCOME

- Affordable housing for low-income 62 or better/disabled
- One Bedroom Apartments - Free Wi-Fi
- Heat, water and sewer included in rent
- Green Lake County meal site
- Professionally managed by friendly staff



Brown Wilcox

ASSISTED LIVING

347 E Huron Street | Berlin, WI 54923

920-361-2552

www.brownilcox.org
cpadm@gmail.com

*We're here to serve you. Please contact us with
questions or to schedule a tour, we're happy to
help you learn more.*



Berlin Public Transit.

Call 920-361-3616

ANYONE CAN RIDE!

Anywhere in town for only \$3.00.
Seniors only pay \$2.00!

BE YOURSELF.

BRING YOUR PASSION.

WORK WITH PURPOSE.

LPI is Hiring
Ad Sales Executives

- Full-Time with Benefits
- Paid Training
- Expense Reimbursement
- Travel Required



Contact us at: careers@4lpi.com | www.4lpi.com/careers

PROTECTING SENIORS NATIONWIDE
MEDICAL ALERT SYSTEM



\$29.95/MO

BILLED QUARTERLY

- No Long-Term Contract
- Price Guarantee
- Made and monitored in the USA

**PLUS
SPECIAL
OFFER**



CALL NOW! 1.877.801.5055
WWW.24-7MED.COM



For ad info. call 1-800-950-9952 • www.lpicommunities.com

City of Berlin Senior Center, Berlin, WI

C 4C 01-1434

Contact Information

Senior/Rec. Programming Director

Rebecca Bays

Senior Assistant Programming

Coordinator: Jill Dittmann

Head Cook: Deb Mirr

Assistant Cook: Darlene

Sierakowski

Chauffeurs and Meal Delivery

Al, Cindy and Diana

MISSION STATEMENT

To actively involve, enlighten, enrich, and empower the independence of older adults in our community.

Hours: Monday - Friday

9am - Noon

Phone: 920-361-5422

Address: 142 Water Street

(Just off of North Capron Street)

www.cityofberlin.net

TRANSPORTATION

Monday thru Friday. Seniors age 55+

Hours available:

8-10:30 am & 1-4:00 pm

Transportation is funded by Grant 85.21

Co-payment for in-town trips are:

Round trip \$2.00

NOON MEALS

Green Lake County

Nutrition Program

Monday through Friday at 11:15 am. Carry-out or homebound have meals delivered. Cost: Suggested donation of \$4 over age 60. Under age 60 the cost is \$18.89. Call by 9:00 am the day before you want to eat. For home bound meals call 920-294-4070

