# INSIGHT

A NEW YEAR BRINGS

New Trips

New Friends

**New Activities** 

**New Food** 

**JANUARY 2022** 

Publication of the Berlin Senior Center Free—Take One

### **Remembering Diane Franke**

This is a small tribute to the memory of Diane Franke, a past employee of the City of Berlin, Senior Center.



When I first met Diane Franke, I only knew about her many years of teaching line dancing at the Berlin Senior Center, so when Diane applied for the Assistant Office position, I wasn't aware of her many other hidden talents.

Diane was hired as Assistant in 2005 spending her time in the Senior Center office working with senior patrons and office needs. Later Diane asked to teach a painting class, and her hidden talents began to grow the Senior Center, and it filled with activity. Her talents brought in many people to the Center making it a place where seniors loved to come and be a part of. She touched the lives of many through her painting, jewelry, line dancing, woodburning, and lapidary classes. Diane continued sharing her talents with young people through the Park and Recreation Dept., bringing along members of her family as well as her grandchildren to help with her classes. She retired from the Center in 2012.

Diane was a gentle and caring woman always open to sharing the secrets of her talents, never holding back on the excitement of sharing with others. Her memory will continue to be noticed through the large murals that still hang in the Friends' Room addition as well as the donor tree wall outside of the center office, which were all painted by Diane and her painting classes during the time of the Senior Center building expansion.

In respectful memory of Diane, Karen & Seniors



Starting January 31, 2022 the Berlin Senior Center will be open from 9:00 am until 4:00 pm. Card players and activities will be returning. In house meals will follow starting February 14, 2022. Carry-out will also still be available. Day trips will also be starting shortly. Please note these are tentative dates. Future information will be in the February Insight.

#### FOOT CARE CLINIC

January dates: Thursday, January 13 & 27th Please contact Keren for appointment scheduling at 920-637-0754.



When Berlin Public Schools are closed due to inclement weather, please note that we will also be closed and no lunches will be served.

#### **JANUARY BIRTHDAYS**

Janice Richmond	21	Ronald Harke
Kathryn Maki	22	Eugene Ficken
Ruth Gelhar	23	Frances Hall
Betty Flanigan	24	Beverly Coats
Jeanette Becker	24	Bill Maki
Nanette Mlodzik	25	Leone Thull
Sara Kazmierczak	26	Irene Kallas
Richard Bartol	26	Elida Henf
Barbara McQuown	30	Kathy Fabricius
Phyllis Williams	31	Sharon Fortnum
Kate Norman	31	James Mauritz
Darlene Athey	31	Marcella Putzkie
Duane Foote		



#### **AQUA YOGA**

The Parks & Rec Department will be offering Aqua Yoga on Mondays and Wednesdays starting January 3rd until March 16th from 7 to 8 pm. The cost is \$35.00 for five classes. Swimnastics will move to Tuesday and Thursdays.

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### JANUARY ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
10:30 Exercise w/Judy	9:30 Harmonica 10:00 Chair Yoga	9:00 Woodcarving 10:30 Exercise w/Judy	9:00 Quilters 10:00 Chair Yoga 10:30 Bingo w/ Tanner	10:30 Exercise w/Judy
10	11	12	13	14
10:30 Exercise w/Judy	9:30 Vet's Meeting 9:30 Harmonica 10:00 Chair Yoga	9:00 Woodcarving 10:30 Exercise w/Judy	9:00 Quilters 10:00 Chair Yoga 10:30 Bingo w/ Tanner Foot Care Clinic by Appointment	10:30 Exercise w/Judy
17 10:30 Exercise w/Judy	18 9:00—11:00 Elder Benefit Specialist 9:30 Harmonica 10:00 Chair Yoga	19 9 Pool League At Wautoma 9:00 Woodcarving 10:30 Exercise w/Judy	9:00 Quilters 10:00 Chair Yoga 10:30 Bingo w/ Tanner	21 10:30 Exercise w/Judy
24	25	26	27	28
10:30 Exercise w/Judy	9:30 Harmonica 10:00 Chair Yoga 9:30 Committee on Aging	9:00 Woodcarving 9:30 Eyes Have It 10:30 Exercise w/Judy	9:00 Quilters 10:00 Chair Yoga 10:30 Bingo w/ Tanner Foot Care Clinic by Appointment	10:30 Exercise w/Judy
31				
10:30 Exercise w/Judy 12:30 Sheepshead				

### WHAT IS THE BERLIN SENIOR CENTER?

That's a great question! The Berlin Senior Center is a place for adults aged 55 and older of all abilities and lifestyles to come and relax, to enjoy the comradery of each other, and escape the world. We are here to boost morale, create new friendships, and swap stories. We do that through a variety of different avenues. We offer structured activities and classes as well as numerous different types of groups that you can join. We also have options for people that prefer more fluid and free flowing activities such as pool tables, board games, and puzzles. We have books and movies that can be rented or sit by the fire and enjoy them here. We also have free Wi-Fi available.

The Berlin Senior Center also provides meals and transportation. Anyone over the age of 60 is eligible to receive a meal with the suggested cost of a \$4.00 donation per meal. Currently, meals are carry out only, but when we open fully, the dining room will also be available as well. Our transportation team will gladly bring you to the Center, an appointment, or anywhere else that you might need to go for a small cost. Please call ahead to book transportation.



We can't wait to see you at the Berlin Senior Center!

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Meals include menu as is listed and are subject to change. Suggested \$4 donation for those aged 60+.

This is a Green Lake County Elderly Nutrition Meal site. Please Call 361-5422 the day before you'd like to order a meal for pickup at the Senior Center.

Pickup is from 11:00 - 11:20 am.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
3 Paul H	4 Birthday Meal	5	6	7	
Sloppy Joes Cole Slaw Potato Wedges Apple Pie	Ham Loaf Au gratin Potato 3 Bean Bake Pears Birthday Cake	Meats Balls Gravy & Mashed Potatoes Green Beans Pineapple Chunks Lemon Poppy Seed Cake	Parmesan Breaded Chicken Sweet Potatoes Green Beans Mandarin Oranges Taffy Apple Salad	Potato Crusted, Cheddar Cod Baby Bakers Spinach Salad Peaches Banana Cream Pie	
10 Paul H	11	12 Betty V	13	14	
Beef Chili W/ Beans & Noodles Spinach Salad Pears Corn Bread W/ Honey Butter	Roasted Chicken Mashed Potatoes Gravy Glazed Carrots Apple Crisp	Lasagna Broccoli Spinach Salad Fruit Cocktail Pumpkin Bars	Meat Loaf Baby Bakers Peas & Carrots Fresh Fruit Cinnamon Streusel Cake	Oven Baked Tilapia Twice Baked Potato 3 Bean Cold Salad Mandarin Orange Devils Food Cup Cakes	
17	18	19	20 Betty V	21	
Loaded Chicken Noodle Soup Broccoli/Caulif. Cold Salad Fruit Cocktail Cookies	Spaghetti w/ Meat Sauce California Blend Vegetables Spinach Salad Fruit Cocktail Blueberry Muffins	Salisbury Steak w/ Caramelized Onions Mashed Potatoes Gravy Corn Cherry Southern Salad	Roasted Turkey Sand Cowboy Beans Spinach Salad Fresh Fruit Brownies	Salmon Patty Coleslaw Sweet Potato Mandarin Oranges Strawberry Short Cake	
24	25	26 Betty V	27	28	
Mama's Pizza Casserole Broccoli Spinach Salad Pear Jell-o Poke Cake	Chicken Alfredo Peas & Carrots Spinach Salad Mandarin Oranges Carrot Cake	BBQ Ribs Baby Bakers Broccoli/ Calif. Cold Salad Fruited Jell-O	Beef Stew W/Potatoes & Mixed Veg. Spinach Salad Pineapple, Cherry Dump Cake	Baked Tilapia Sweet Potatoes Baked Beans Coleslaw Peaches Cream Cheese & Crescent Rolls	
31		-	How about the convenie		
Chop Suey Asian Vegetables Wild Rice Fresh Fruit Cookies	\$20.00 NOON N	\$20.00 NOON MEAL PUNCH CARD (Suggested Donation)		meal without the hassle of having to always have change with you to pay for your meal? We do offer punch cards for your noon meals. For \$20.00 you receive a card with five meals. When you pick up a meal, have one of the staff initial and date your card.	







SANTA TOOK TIME **OUT OF HIS BUSY SCHEDULE TO** VISIT US





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DHS Approved 4/22/2021



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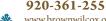
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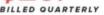


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### Contact Information

Senior/Rec. Programming

Director: Rebecca Bays

Senior Assistant Programming Coordinator: Jill Dittmann

Head Cook: Deb Mirr

Assistant Cook: Darlene Sierakowski

Chauffeurs and Meal Delivery

Al, Cindy and Diana

Meal Delivery Clay, Dean, Jan, Bill, Deb

Hours: Monday - Friday

9am - Noon

Phone: 920-361-5422 Address: 142 Water Street

(Just off of North Capron Street)

www.cityofberlin.net

### MISSION STATEMENT

To actively involve, enlighten, enrich, and empower the independence of older adults in our community.

### **NOON MEALS**

Green Lake County Nutrition Program

Monday through Friday at 11:15 am. Carry-out or homebound have meals delivered. Cost: Suggested donation of \$4 over age 60. Under age 60 the cost is \$18.89. Call by 9:00 am the <u>day before</u> you want to eat. For home bound meals call 920-294-4070

### TRANSPORTATION

Monday thru Friday. Seniors age 55+
Hours available:
8-10:30 am & 1-4:00 pm
Transportation is funded
by Grant 85.21

Co-payment for in-town trips are: Round trip \$2.00

Round Trip with use of the ramp \$10.00 Call for out-of-town costs

