

INSIGHT

February 2023 Newsletter

SPREAD THE LOVE



Publication of the Berlin Senior Center
Free—Please take one and Enjoy
Or view at cityofberlin.net/senior-center

MILWAUKEE BREWERS GAME against the LA Dodgers

Wednesday May 10

Cost **\$150 per person.** This includes the ticket, transportation, and all exclusive use of the Northwestern Mutual Legends Club which has private restrooms, indoor or outdoor seating options, full service bar, and personal wait staff.



Arrive at Walmart at 8:30 a.m.
Depart Walmart at 8:45 a.m.
Arrive at American Family Field at 10:45 a.m.
Lunch at 11 a.m. First pitch is 12:40 p.m.

HAMILTON

at the Fox Valley Performing Art Center
Thursday, May 18

Cost **\$150.00 per person.** This includes a meal at the Fox Valley Brewing Company on the river in Oshkosh then on to Appleton for the show.

Arrive at Walmart at 3:30 pm
Depart Walmart at 3:45 pm
Dinner at Fox River Brewing at 4:30 pm
Leave for PAC at 6 pm
Show at 7:30 pm
Return approx. 10:30 pm



GRUMPY OLD MEN

At the Fireside

Friday, May 26

Cost: **\$95.00 per person.** This includes meal and show. Meal options are: 1) pretzel crusted stuffed chicken; 2) grilled pork ribeye; 3) rainbow trout. 4) vegetarian

Arrive at Walmart at 8:45 am
Depart Walmart at 9:00 am
Arrive at 10:30 am
Lunch at 11:15 am
Show at 1:30 pm



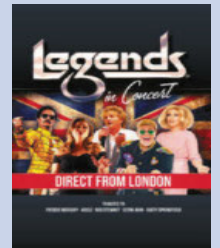
LEGENDS IN CONCERT

At the Fireside

Thursday, June 8

Cost: **\$95.00 per person.** This includes meal and show. Meal options are: 1) chicken cordon bleu; 2) grilled shrimp; 3) steak Diane; 4) vegetarian.

Depart Walmart at 9:00 am
Arrive at 10:30 am
Lunch at 11:15 am
Show at 1:30 pm



UPCOMING TRIPS

June 28: Edelweiss Boat Cruise in MKE
July 19: Sister Bay Scenic Boat Tours
Sept. 6: Timber Rattler
Oct. 13: Titanic at the Fireside
Dec tba: Christmas show



PLEASE CHECK
LAST PAGE OF
THIS INSIGHT
FOR NAME
CHANGE
INFO AND TO
CAST VOTE.

**TUESDAY AND THURSDAYS WILL BE IN HOUSE MEALS ONLY
(NO CARRY-OUT) COMMENCING FEBRUARY 1 UNTIL
FURTHER NOTICE**

This is under the direction of the State and Green Lake County.

Any questions, please call Kathy at the County at 920-294-4070



CRAFT & COOKIES W/ SARAH

Next month we will be making valentine hearts. Come and join the fun.
Date: February 15th
Time: 1:00 pm
Cost: \$5.00



DINING CLUB

The February get together of the Dining Club will be at noon on **Thursday, Feb 9** at the Berlin Senior Center. The meal that day is BBQ pulled pork sandwich, cole slaw, tri tatars, calico beans, pears and cherry brownies. **Call the Senior Center at 920-361-5422 to sign up at least a day before.** Games and cards will follow after the meal.

PLEASE CHECK BACK PAGE FOR NAME CHANGE INFO AND TO CAST VOTE.

PAINTING W/AMANDA

Amanda will be back at the senior center on Friday, February 17 at 9:00 am for another painting class. Please call the Senior Center at 920-361-5422 to sign up. Cost is \$5.00 at the time of the class.

One in four people age 65 or older has a fall each year.



Join Us for Stepping On!

Where: Berlin Senior Center
142 Water Street
Berlin, WI 54923

When: Every Monday
Feb 27 – April 10, 2023

From; 9:30-11:30am

To register: Call the Aging & Disability Resource Center at (920) 787-6666 or Senior Center at 920-361-5422

Donation: Suggested donation of \$20 (Not required to take the class)

Wyndgate on Market Square
FOR ADULTS 62+ AND/OR
PERSONS WITH A DISABILITY

Smoke-Free Community

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HEAT INCLUDED

Rent is Based on Income
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Transitions Central Office - Phone 715-544-2322 fax 715-544-6398

Home Health - Covered By Most Insurances

FEBRUARY ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 9:00 Woodcarving 10:30 Exercise w/ Judy 3:00 Diabetes Prevention	2 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage Elder Benefit Specialist by appointment 1:00 Singers practice	3 10:30 Exercise w/ Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323
6 10:30 Exercise w/Judy 12:30 Sheepshead	7 9:00 Bridge 9:30 Harmonica 10:30 Bingo w/ Tanner 11:15 Chair Yoga 10:30 Vet's Meeting	8 9:00 Woodcarving 10:30 Exercise w/ Judy 1:00 Crafts & Cookies w/Sarah 3:00 Diabetes Prevention	9 Foot Care Clinic by Appt 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage 12:00 Dining Club Berlin Singers Patriots Place, Berlin	10 10:30 Exercise w/ Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323
13 10:30 Exercise w/Judy 12:30 Sheepshead	14 9:00 Bridge 9:30 Harmonica 10:30 Bingo w/ Tanner 11:15 Chair Yoga Spread the Love	15 9 Pool League At Berlin  9:00 Woodcarving 10:30 Exercise w/ Judy 3:00 Diabetes Prevention	16 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage Elder Benefit Specialist by appointment Berlin Singers Prairie Place, Ripon	17 9:00 Painting w/ Amanda 10:30 Exercise w/ Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323
20 10:30 Exercise w/Judy 12:30 Sheepshead	21 9:30 Harmonica 9:00 Bridge 10:30 Bingo w/ Tanner 11:15 Chair Yoga	22 9:00 Woodcarving 9:30 Eyes Have It 10:30 Exercise w/ Judy 3:00 Diabetes Prevention	23 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage Foot Care Clinic by Appt. Berlin Singers Preston Place, Red Granite	24 10:30 Exercise w/ Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323
27 9:30 Stepping on 10:30 Exercise w/Judy 12:30 Sheepshead	28 9:30 Harmonica 9:00 Bridge 9:30 Committee on Aging 10:30 Bingo w/ Tanner 11:15 Chair Yoga		Key Colors: Green is exercise and healthy activities Purple is new classes Orange is arts and craft classes Blue is card games Pink is music Red is special events and meetings Black is general activities	



SHIRLEY "JOY" BROOKS

Joy taught me how to
tie my shoes so they
stay tied

Jean Wenig

You always knew Joy was
in the room as you could
hear the click click of her
shoes.

Judy Hale

I had the immense pleasure of starting my job training under Joy. It was easy to see that our values of kindness aligned and I felt an instant connection to her when I started. She taught me the importance of treating each day as a gift. She also taught me to have a kind word and ear for anyone that needed it. Plus, she was always willing to give a hug, even to those who didn't know they needed one. She truly was a joyful, caring person who will be dearly missed by all.

Sara Rutkowski

"Today I deleted a contact from my phone - Joy Brooks. There is much to be said about this faith-filled woman who lived her life the way she did because of her belief in Jesus Christ and His promise to believers for everlasting life. Though Joy is out of my phone contacts, she holds a dear place in my heart. And my soul rejoices that one day we will visit with each other again - that's His promise!"

Karen Neuman



INSIGHT February 2023

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For ad info. call 1-800-950-9952 • www.lpcommunities.com

City of Berlin Senior Center, Berlin, WI

B 4C 01-1434

FEBRUARY MEALS

Meals include menu as is listed and are subject to change.
Suggested \$4.00 donation for those age 60+. This is a Green Lake County Elderly Nutrition Meal site. Please call 920-361-5422 at least the day before to order. We are offering take-out on Mon., Wed. & Fri. which should be picked up between 11:00 and 11:15 and in-house Daily at noon. Cancellations must be made at least the day before.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
		1	2	3
NO TAKE-OUT ON TUES. AND THURS.		Roasted Chicken Potatoes & Gravy Peas & Carrots Blueberry/ Pineapple Dump Cake	Meat Loaf Sweet Potatoes Spinach Salad Orange Lemon Poppy Seed Cake	Ham Sandwich Cowboy Beans Seasoned Potato Triangles Taffy Apple Salad
6	7 Birthday meal	8	9	10
Mac & Cheese Stewed Tomatoes Spinach Salad Fruit Cocktail Choc. Mouse	Beef Tips Mashed Potatoes & Gravy Corn Fruit Cocktail Cake	Parmesan Breaded Chicken Sweet Potatoes Green Beans Peaches Choc. Bundt Cake	BBQ Pulled Pork Sandwich Cole Slaw Tri Tatars Calico Beans Pears Cherry Brownies	Spaghetti w/ Meat Sauce Garlic Bread Broccoli Spinach Salad Pineapple Tidbits Yellow Cup Cake
13	14 Spread the Love	15	16	17
Grilled Cheese Sandwich Stewed Tomatoes Spinach Salad Fruit Cocktail Cookies	BBQ Ribs Coleslaw Baked Beans Mandarin Oranges Red Velvet Cake 	Salisbury Steaks w/ Caramelized Onions Mashed Potatoes & Gravy Peas & Corn Taffy Apple Salad	Chicken Alfredo Calif. Bl. Veg Spinach Salad Pears Jell-O W Fruit	Breaded Fish Sandwich Cottage Fries Coleslaw Peaches Choc. Eclair Cake
20	21	22	23	24
Chili w/ Beef & Beans Spinach Salad Apricots Corn Bread w/ Honey Butter	Meats Balls & Gravy Over Wild Garden Rice Green Beans Mandarin Oranges Choc. Éclair Cake	Egg Salad Sand. Broccoli/Caulf. Salad Pears Cream Cheese & Crescent Rolls	Lasagna Calif. Bl. Veg Spinach Salad Fruit Cocktail Pumpkin Bars	Hot Tuna Noodle Casserole Seasoned Potato Wedges Spinach Salad Blueberry / Pineapple Dump Cake
27	28			
Sloppy Joes Cole Slaw Potato Wedges Apple Pie	Pork Loin Mashed Potatoes & Gravy Corn Strawberry Short Cake		ALL MEALS INCL. MILK, WHOLE GRAIN OR WHITE BREAD & BUTTER & MILK	

FEBRUARY

- 6 Jane Suleski
- 6 Clare Bauer
- 8 Don Krebsbach
- 9 Kristine Clausing
- 9 Charlotte Schram
- 9 Thomas Yancy
- 9 Elaine Petraszak
- 13 Charles Swartz
- 15 Dianne Nowak
- 15 Janice Roeder
- 16 Kay Kollat
- 18 Don Eagen
- 21 Dennis Turgeon
- 21 Jane Seiler
- 22 Kim Kaatz
- 24 James Jodarski
- 24 Larry Gardner
- 25 Genevieve Trochinski
- 28 Nancy Fibiger
- 28 Judi Slovinski
- 29 Marilyn Fay Krause
- 29 Rita Lee

SPREAD THE LOVE

VALENTINE'S DAY PARTY



WHEN: TUES. Feb. 14
11:00: Monty the
Magician's
Valentine Show
12:00: Lunch

There will be a silent auction to benefit the "Stairs to Safety" Please call the Center at 920-361-5422 to sign up.



MONTY

BIRTHDAY MEAL

Tuesday, February 7 will be our Birthday Meal which consists of beef tips, mashed potatoes & gravy, corn, fruit cocktail and cake. Meal is in-house only with a suggested donation of \$4.00 for 60+. Please call 920-361-5422 at least a day in advance to sign up.



My Choice Wisconsin
 is a managed care organization that serves government-funded programs to seniors and adults with disabilities in over 50 Wisconsin counties.

Visit us today:
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1-800-963-0035

For more information on your long-term care options, contact your local ADRC.

DHS Approved 4/22/2021



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 of Attorney*

Contact John Blazel
 for your Estate Planning Needs.

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www.brownilcox.org
cpapdm@gmail.com

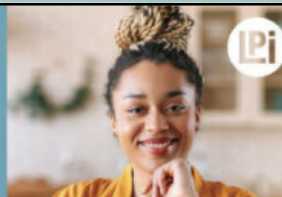
We're here to serve you. Please contact us with questions or to schedule a tour, we're happy to help you learn more.

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RENAMING THE SENIOR CENTER

We have received several suggestions for renaming the senior center. The top three are listed below. Please circle your favorite and return it to us.

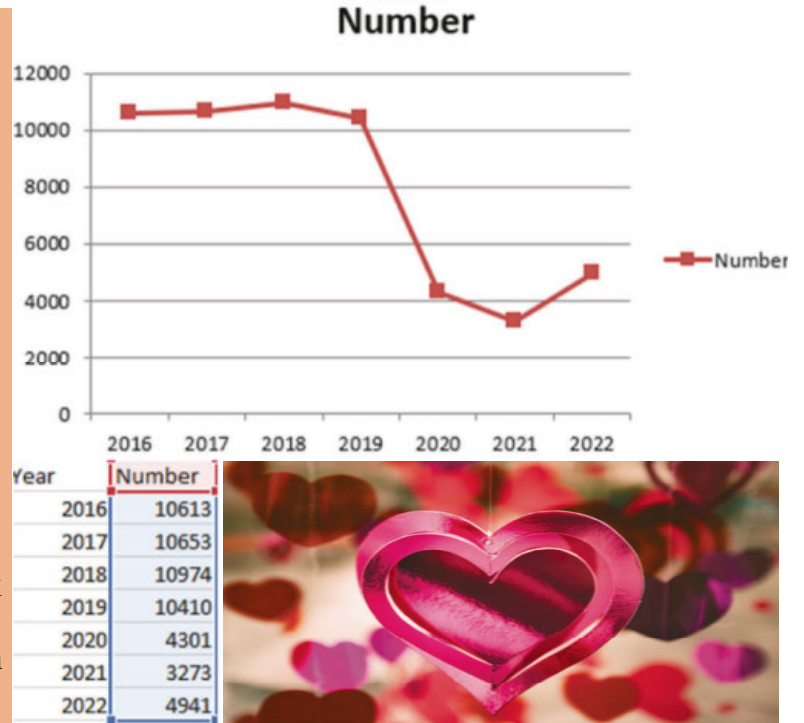
1: Berlin Senior Activity Center

2. The Senior Scene

3. No Change



On the right is a graph showing how much Covid has impacted the Berlin Senior Center. The drop in numbers is a reflection of the people that we have lost due to moving away, loss of classes, and death. We are doing everything that we can to gain people back. We have new classes, we have tried to bring back some of the old classes, and we went back to regular hours. The graph also shows that we are slowly gaining people back, but it is not enough. We have not caught the interest of the newer generation. A name change will help bring in the younger seniors because it will help them understand what we are all about. We are not a living facility or a rehabilitation center. We are a social place with activities and comradery. I encourage you to pick the best option from above that reflects our goal and purpose. The future of the Center depends on our action now.



CONTACT INFORMATION

Senior/Rec. Programming

Director: Rebecca Bays

Senior Assistant Programming

Coordinator: Jill Dittmann

Head Cook: Deb Mirr

Assistant Cook: Darlene Sierakowski

Chauffeurs and Meal Delivery

Al, Cindy and Diana

Meal Delivery Clay, Dean, Jan, Bill, Deb

Hours: Monday thru Friday 8:30 am to 4:00 pm

Phone: (920) 361-5422

Address: 142 Water Street (Just off of North Capron Street)

www.cityofberlin.net

MISSION STATEMENT

To actively involve, enlighten, enrich, and empower the independence of older adults in our community.

TRANSPORTATION

Monday thru Friday. Seniors age 55+

Hours available: 8-10:30 am & 1-4:00 pm

Transportation is funded by Grant 85.21

Co-payment for in-town trips are: Round trip \$2.00

Round Trip with use of the ramp \$10.00

Call for out-of-town costs

NOON MEALS

Green Lake County Nutrition Program

Monday through Friday

Dine-in and carry-out available

Carry-out must be picked up between 11:00 and 11:15

Dine-in is at noon.

Cost: Suggested donation of \$4 over age 60. Under age 60 the cost is \$23.09. Call by 9:00 am the day before you want to eat.

For home bound meals call 920-294-4070