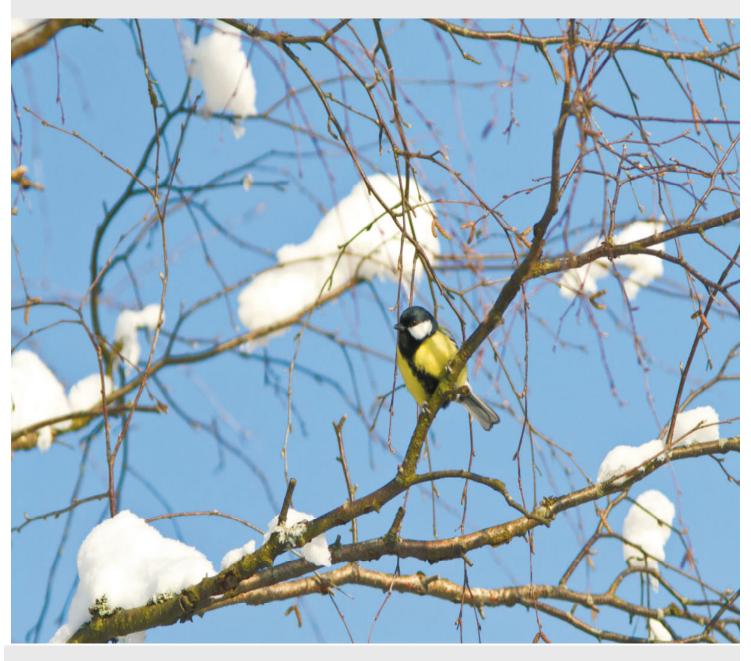


March 2023 Newsletter

SPRING WHERE ARE YOU?



Publication of the Berlin Senior Center Free—Please take one and Enjoy Or view at cityofberlin.net/senior-center

MILWAUKEE BREWERS GAME against the LA Dodgers

Wednesday May 10

Cost \$150 per person. This includes the ticket, transportation, and all exclusive use of the Northwestern Mutual Legends Club which has private restrooms, indoor or outdoor seating options, full service bar, and personal wait staff.



Spots are

Arrive at Walmart at 8:30 a.m. Depart Walmart at 8:45 a.m. Arrive at American Family Field at 10:45 a.m. Lunch at 11 a.m. First pitch is 12:40 p.m.

limited

GRUMPY OLD MEN At the Fireside Friday, May 26

Cost: \$95.00 per person. This includes meal and show. Meal options are: 1) pretzel crusted stuffed chicken; 2) grilled pork ribeye; 3) rainbow trout. 4) vegetarian

Arrive at Walmart at 8:45 am Depart Walmart at 9:00 am Arrive at 10:30 am Lunch at 11:15 am Show at 1:30 pm



HAMILTON

at the Fox Valley Performing Art Center Thursday, May 18

Cost \$150.00 per person. This includes a meal at the Fox Valley Brewing Company on the river in Oshkosh then on to Appleton for the show.

Arrive at Walmart at 3:30 pm Depart Walmart at 3:45 pm Dinner at Fox River Brewing at 4:30 pm

Leave for PAC at 6 pm Show at 7:30 pm Return approx. 10:30 pm



LEGENDS IN CONCERT At the Fireside Thursday, June 8

Cost: \$95.00 per person. This includes meal and show. Meal options are: 1) chicken cordon bleu; 2) grilled shrimp; 3) steak diane; 4) vegetarian.

Arrive at Walmart at 8:45 am Depart Walmart at 9:00 am Arrive at 10:30 am Lunch at 11:15 am Show at 1:30 pm



EDELWEISS BOAT AND BOERNER BOTANICAL GARDENS Wednesday, June 28

Cost: \$115.00 per person. This includes the boat tour through downtown Milwaukee and sights of the inner Harbor of Lake Michigan. Food will be provided on the boat. Then on to a walking tour of Boerner Botanical Gardens.

Arrive at Walmart at 8:30 am Leave Walmart at 8:45 am Boat tour from 11am to 1 pm Garden Tour 2 pm to 3:30 pm Return approx. 5:45 pm



Sept. 6: Timber Rattler \$55.00 Oct. 13: \$95.00 Titanic at the Fireside

Dec tba: Christmas show

SISTER BAY SCENIC BOAT TOUR **WINE AND WATER** Wednesday, July 19

Cost: \$125.00 per person. This includes a wine tour at Anchored Roots Winery with a 5 flight wine tasting and a commemorative glass. Then on to Sister Bay for a boat tour. Following the boat tour will be dinner at the Log Den. Dinner buffet includes beef tips, chicken diane with chardonnay shitake cream sauce, garlic mashed potatoes, seasonal veggies, assorted rolls and Door County Cherry Crisp.

Depart Walmart at 10:00 am Wine tour from 12:30 to 1:30 Boat tour from 3 pm to 5 pm Dinner at 5:45 Return approx. 9:00 pm





CRAFT & COOKIES W/SARAH

Next month we will be making magnets. Bring your own pictures. Come and join the fun.

Date: March 15 Time: 1:00 pm Cost: \$5.00 (Does not include Border, just the magnets.)



LAST MONTH'S CRAFT



FRIENDS OF THE BERLIN SENIOR CENTER will be meeting on Monday, March 13 at 9:30 am at the Berlin Senior

Green Lake County Aging **Unit Presents:**

> COOKING CLASS WITH KATIE

When: Tuesday March 14

Time: 2 pm-3 pm Where: Berlin Senior Center

Cost:

Join Katie Gellings from UW

Extension to make and sample a fresh and budget friendly salad.

Space is limited so reserve your spot today by calling 920-294-4070 or email rbamberg@greenlakecountywi.gov



DINING CLUB

The March get together of the Dining Club will be on Thursday, March 9 at 5:00 at El Charro Mexican Grill in Berlin. Please call Maxine at 651-238-8176 to sign up. Please sign up by Friday, March 3.

PAINTING W/AMANDA

Amanda will be at the senior center on Friday, March 17 at 9:00 am for another painting class. Please call the Senior Center at 920-361-5422 to sign up. Cost is \$5.00 at the time of the class.

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MARCH ACTIVITIES

	Z			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Key Colors: Green is exercise and healt Purple is new classes Orange is arts and craft cla Blue is card games Pink is music Red is special events and n Black is general activities	sses	1 9:00 Woodcarving 10:30 Exercise w/ Judy 3:00 Diabetes Prevention	9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage Elder Benefit Specialist by appointment 1:00 Singers practice	3 10:30 Exercise w/ Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323
6	7	8	9	10
9:30 Stepping on	9:00 Bridge	9:00 Woodcarving	Foot Care Clinic by Appt	10:30 Exercise w/ Judy
10:30 Exercise w/Judy	9:30 Harmonica	10:30 Exercise w/ Judy	9:00 Quilters 10:30 Weight loss	12:30 Sheepshead
	11:15 Chair Yoga	1:00 Crafts &	11:15 Chair Yoga	12.30 Sheepshead
12:30 Sheepshead		Cookies w/Sarah	12:30 Cribbage	12:45 Bridge Call Gerene 920-361-3323
12:30 Bowling at Berlin Lanes		3:00 Diabetes Prevention	Berlin Singers Eden Vista—Ripon 5:00 Dining Club El Charro Restaurant	Spring forward one hour on Sunday
13	14	15	16	17
9:30 Stepping on	9:00 Bridge	9 Pool League At Wautoma	9:00 Quilters 10:30 Weight loss	9:00 Painting w/ Amanda
10:30 Exercise w/Judy	9:30 Harmonica	9:00 Woodcarving	11:15 Chair Yoga 12:30 Cribbage	10:30 Exercise w/ Judy
12:30 Sheepshead	10:30 Vet's Meeting	10:30 Exercise w/	Elder Benefit Specialist	12:30 Sheepshead
12:30 Bowling at Berlin Lanes	11:15 Chair Yoga	3:00 Diabetes Prevention	by appointment Berlin Singers Oakwood Manor Oshkosh	12:45 Bridge Call Gerene 920-361-3323
20	21	22	23	24
9:30 Stepping on	9:30 Harmonica	9:00 Woodcarving 9:30 Eyes Have It	9:00 Quilters 10:30 Weight loss	10:30 Exercise w/ Judy
10:30 Exercise w/Judy	9:00 Bridge	10:30 Exercise w/ Judy	11:15 Chair Yoga 12:30 Cribbage	12:30 Sheepshead 12:45 Bridge Call
12:30 Sheepshead	11:15 Chair Yoga	3:00 Diabetes	Foot Care Clinic by Appt.	Gerene 920-361-3323
12:30 Bowling at Berlin Lanes		Prevention	Berlin Singers Omro Care—Omro	10:00 Senior Bowling at 300 Club of Green Lake
27	28	29	30	31
9:30 Stepping on	9:30 Harmonica			
10:30 Exercise w/Judy	9:00 Bridge 9:30 Committee on	9:00 Woodcarving 10:30 Exercise w/	9:00 Quilters 10:30 Weight loss	10:30 Exercise w/ Judy
12:30 Sheepshead	Aging 10:30 Bingo w/ Tanner	Judy 3:00 Diabetes Prevention	11:15 Chair Yoga 12:30 Cribbage Berlin Singers	12:30 Sheepshead
Bowling at Berlin Lanes	11:15 Chair Yoga Dementia Live	rievenuon	Silver Lake Manor - Wautoma	12:45 Bridge Call Gerene 920-361-3323
	Domontia Live			



"SPREAD THE LOVE" event was held on February 14 at the Berlin Senior Center. The event started with Monty the Magician presenting a magical act followed by a tasty meal of BBQ Ribs. A basket raffle was held to support the "Stairs to Safety" fundraiser. The winners were Mary Kay Blazel winning two \$25.00 Pie Shack gift certificates and two \$20.00 Kwik Trip gift certificate, Carol Bartol winning a \$50.00 gift certificate to BiJacks Culinary Café, Bev Keelor winning a \$50.00 gift certificate to Bays Beards & Cuts and Carol Gelhar winning a wine and chocolate basket donated by the Berlin Journal.







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MARCH MEALS

Meals include menu as is listed and are subject to change. Suggested \$4.00 donation for those age 60+. This is a Green Lake County Elderly Nutrition Meal site. Please call 920-361-5422 at least the day before to order. We are offering take-out on Mon., Wed. & Fri. which should be picked up between 11:00 and 11:15 and in-house Daily at noon. Cancellations must be made at least the day before

Monday	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
		1	2	3
	ALL MEALS INCL.MILK, WHOLE GRAIN OR WHITE BREAD & BUTTER & MILK	Egg Salad Sand. Broccoli/Calif. Salad Cheese Stick Taffy Apple Salad	Loaded Baked Potato W/ Cheese, Ham & Baked Beans Spinach Salad Cherry, Pineapple Dump Cake	Grilled Cheese Stewed Tomatoes Deviled Eggs Spinach Salad Banana Cream Pie
6	7 Birthday meal	8	9	10
Homemade Chicken Noodle Soup 3 Bean Noodle Salad Orange Rice Krispy Bars	Ham Loaf Sweet Potatoes Mixed Veg. Peaches Birthday Cake	Pork Loin Mashed Potatoes & Gravy Glazed Carrots Apple Sauce Brownies	Salisbury Steaks w/Caramelized Onions Gravy & Mashed Potatoes Corn Cherry Southern Salad	Oven Baked Mac & Cheese Spinach Salad Stewed Tomatoes Pears Choc. Bundt Cake
13	14	15	16 St. Patrick's Day	17
Chili w/Beef, Beans & Noodles Spinach Salad Fruit Cocktail Cornbread w/ Honey Butter	Hot Chicken Sandwich Cole Slaw Potato Salad Mandarin Oranges Magic Bars	Italian Meat Loaf Baby Bakers Corn & Peas Apricots Devil's Food Cup Cakes	Corn Beef & Cabbage Carrots & Potatoes Pistachio, Pineapple Fluff	Salmon Patty W/ Dill Sauce Sweet Potatoes 3 Bean Cold Salad Cherry Cheese Cake
20	21	22	23	24
Ham & Cheese Sliders Sweet Potato Corn & Peas Mandarin Oranges Rice Krispy Bars	Chicken, Mashed Potatoes & Gravy Green Beans Pineapple Choc. Moose Pudding	Lasagna Calif. Blend Veg Spinach Salad Peaches Jell-O W/ Fruit	Parmesan Baked Chicken Sweet Potatoes Peas & Corn Pineapple Upside Down Cup Cakes	Baked Tilapia 3 Bean Bake Tri Tatars Fruit Cocktail Cin, Streusel Cake
27	28	29	30	31
Mom's Pizza Casserole Calif. Bl. Veg. Spinach Salad Blueberry/ Pineapple Cake	Spaghetti w/ Meats Sauce Cheesy Broccoli Garden Salad Banana Split Dessert	Meat Balls Gravy & Potatoes Green Beans Strawberry Short Cake	BBQ Pulled Pork Sand. Potato Salad Baked Beans Taffy Apple Salad	Fish Sandwich Coleslaw Seasoned Potato Wedges Apple Crisp

MARCH BIRTHDAYS

Gary Kuklinski

Sylvia Wells

Dona Eury

5 Marsha Chikowski

5 David Jantz

6 Jean Wenia

7 Robert Leigh

7 Harry Silva

8 Mary Hess

8 Julie Boeck

10 Aurora Guardiola

11 Mary Nigbor

11 Darlene Sierakowski

11 Steve Treder

11 Vern Tollakson

11 Ruth Ceman

12 Denise Fox

12 Ann Nygren

13 Rena Gomach

15 Larry Posorske

16 Robert (Bob) Kolbek

18 Elgine Gates

18 Alice Moldenhauer

19 Gilbert Crane

19 Bertha Jaimez

19 Anita Krenke

20 Don Knaak

20 Jean Hoffman

24 Rita Kasuboski

25 David Brown

25 Donna Dieringer

27 Diane Marotz

27 Lilian Schaefer

29 Lynn Lodholz

29 Lynda Taylor

30 Clay Willmington

31 Kay Castillo

31 Harold Kinas

ST. PATRICK'S DAY Thursday, March 16

11:00: Rich Baumann, Singer

Songwriter, recording artist

12:00: Lunch Corn beef & Cabbage

Please stop in or call to sign up.

Rich Baumann of Madison has spent the last 30 years presenting thousands of uplifting programs in schools, libraries and senior facilities. He plays guitar, violin and other stringed instruments.

BIRTHDAY MEAL

Tuesday, March 7 will be our Birthday Meal which consists of ham loaf, sweet potatoes, mixed veg., peaches and birthday cake. Meal is in-house only with a suggested donation of \$4.00 for 60+. Please call 920-361-5422 at least a day in

INSIGHT March 2023

Brown

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ASSISTED LIVING

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DHS Approved 4/22/2021



of Attorney **Contact John Blazel** for your Estate Planning Needs.

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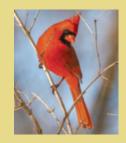


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Can you name all the birds?











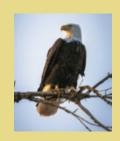












Kingfisher Finch Cardinal Blue Jay Sparrow Robin





CONTACT INFORMATION

Senior/Rec. Programming
Director: Rebecca Bays
Senior Assistant Programming
Coordinator: Jill Dittmann
Head Cook: Deb Mirr

Assistant Cook: Darlene Sierakowski

Chauffeurs and Meal Delivery
Cindy & Diana

Meal Delivery Clay, Dean, Jan, Bill, Deb Hours: Monday thru Friday 8:30 am to 4:00 pm

Phone: (920) 361-5422

Address: 142 Water Street (Just off of North

Capron Street)

www.cityofberlin.net

MISSION STATEMENT

To actively involve, enlighten, enrich, and empower the independence of older adults in our community.

TRANSPORTATION

Monday thru Friday. Seniors age 55+ Hours available: 8-10:30 am & 1-4:00 pm Transportation is funded by Grant 85.21 Co-payment for in-town trips are: Round trip \$2.00 Call for out-of-town costs

NOON MEALS

Green Lake County Nutrition Program

Monday through Friday

Dine-in and carry-out available

Carry-out must be picked up between 11:00 and 11:15

Dine-in is at noon.

Cost: Suggested donation of \$4 over age 60. Under age 60 the cost is \$23.09. Call by 9:00 am the <u>day before</u> you want to eat.

For home bound meals call 920-294-4070