

INSIGHT

July 2023 Newsletter

Christmas in July



Publication of the Berlin Senior Center
FREE-Please take one or view at cityofberlin.net/senior-center

2023 DAY TRIPS

(Call the Center for details. 920-361-5422 Don't wait too long they are filling up fast!)

WEDNESDAY JULY 19

WINE & WATER Door County

Join us for a day of fun with a wine tour, boat tour and dinner

Cost is \$125.00 per person. Wine tour includes a 5 flight wine tasting and a commemorative glass. Boat cruise is from 3 pm to 5 pm. Snacks and drinks available for purchase on the boat. Dinner at The Log Cabin at 5:45 pm. Dinner is buffet with beef tips, chicken diane with chardonnay shitake cream sauce, garlic mashed potatoes, seasonal veggies, assorted rolls and Door County Cherry Crisp. Coffee, tea, soda or milk included.

- Load bus at Walmart in Berlin at 9:45 am.
- Leave Walmart at 10 am.
- Arrive at Anchored Roots Winery at noon.
- Wine tour from 12:30 to 1:30 pm.
- Leave for Sister Bay Boat at 2 pm.
- Arrive at boat at 2:30 pm
- Board boat at 2:45 pm
- Boat cruise from 3-5 pm.
- Leave for dinner at 5:15 pm
- Dinner at the Log Den at 5:45 pm

SIGN UP DEADLINE: Wed. July 5



Call the Berlin Senior Center at 920-361-5422 to sign up. Cash or check (made payable to Berlin Senior Center) due at time of signing up.

WEDNESDAY SEPT. 6

Join us for an afternoon of baseball at Fox Cities

Stadium vs. Cedar Rapid
Kernels.

Cost: \$55.00 per person.



Lunch will be served from
11 am to 12:10 pm. First pitch is at 12:10 pm.

SIGN UP DEADLINE: Wed. August 23

FRIDAY OCTOBER 13



TITANIC at the Fireside
Friday, October 13

Join us for a day of fun with a meal
and show at the Fireside.

Cost: \$95.00 per person. Lunch choices are:

1) Pretzel crusted stuffed chicken; 2) grilled pork
ribeye; 3) rainbow trout and 4) vegetarian.

SIGN UP DEADLINE: Monday, Sept. 11

**NEW
TRIP**

FRIDAY NOV. 10

"SCROOGED THE MUSICAL"
At the Fireside



Come and join the Berlin Senior
Center and the Green Lake Senior
Center for a day of fun with a meal
and show at the Fireside. A merry
musical of the world's most beloved

Christmas Story—Dickens' A Christmas Carol.
Cost: \$105.00 per person. Lunch choices are:

1) Supreme Cut Chicken; 2) Sliced Beef
Tenderloin; 3) Grilled Atlantic Salmon;
4) Vegetarian

SIGN UP DEADLINE: Mon. October 9

**WINE AND WATER
BOAT TRIP
July 28**

EVENTS IN JULY

**Christmas in July
July 11
Berlin Senior Center**

INDEPENDENCE DAY CELEBRATION NORTH SHELTER HOUSE, BERLIN, WI

1-11:30 pm

Half Twisted Half Knot (Whole Fun Balloon Entertainment)
Cattail Critters Petting Zoo; Bounce Houses, crafts and
Market vendors, food trucks, refreshment, games, \$599
raffle, fireworks at dusk

Entertainment

1-4 The DelRays; 4-7:30 Fork in the Road;
Star Six Nine 7:30-11:30

CONCERTS IN THE PARK—GREEN LAKE

July 12 Wheelhouse
July 19 UW Marching Band

CONCERTS IN THE PARK – Berlin

July 11 Whiskey Belles
July 19 Chad Raisleger
July 25 Erin Krebs

**BERLIN FARMERS &
ARTISTS MARKET**
Every Tuesday!

Berlin River Riders Truck Pull
July 15 8:30 am to noon

INSIGHT July 2023

Page 3

Wyndgate on Market Square
FOR ADULTS 62+ AND/OR
PERSONS WITH A DISABILITY

Smoke-Free Community

1 & 2 Bedrooms

HEAT INCLUDED

Rent is Based on Income
www.meridiangroupinc.net

920-361-4046

LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

**CONTACT ME
Alex Nicholas**

anicholas@lpicommunities.com

(800) 950-9952 x2538

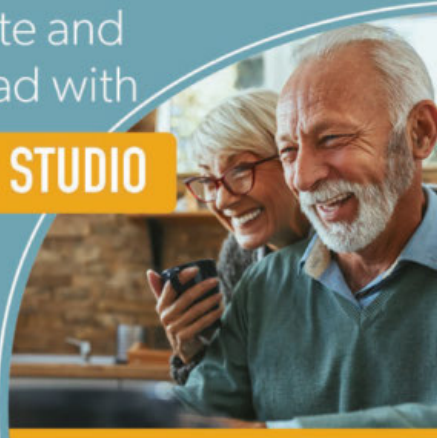
Place Your Ad Here and Support our Community!

Instantly create and
purchase an ad with

AD CREATOR STUDIO



lpicommunities.com/adcreator



**TRANSITIONS
AT HOME**

Skilled Home Health Services

Skilled Nursing, Physical Therapy & Occupational Therapy
Transitions Central Office - Phone 715-544-2322 fax 715-544-6398

Home Health - Covered By Most Insurances



For ad info. call 1-800-950-9952 • www.lpicommunities.com

City of Berlin Senior Center, Berlin, WI

A 4C 01-1434

Christmas in July

Come join us for a Christmas party on Tuesday, July 11 starting at 11:30 am at the Berlin Senior Center. The Harmonic group will be playing Christmas music starting at 11:30 am. Christmas meal will be at noon with Deb's delicious Ham Loaf and fixings. There will be plenty of fun and activities including a visit with Santa himself. Call the Senior Center at 920-361-5422 to sign up



WE HOPE TO SEE YOU THERE!



CRAFTS AND COOKES W/SARAH

Date: Wednesday, July 12
Time: 1:00 pm
Where: Berlin Senior Center
Cost: \$5.00 at the time of the class
Call: 920-361-5422

We will be making pine cone flowers. Come and bring your imagination.



DINING CLUB

The July get together of the Dining Club will be on **Thursday, July 13 at 5:00 pm at Good Times in Lohrville.** Please call Mary Trochinski at 920-290-4633 to sign up.

SENIOR FARMERS MARKET NUTRITION VOUCHER TIME

Green Lake still has Farmers Market Nutrition Voucher's available. Contact Green Lake County Department of Health & Human Services-Aging at 920-294-4070.

Who is eligible? 1) Green Lake County resident; 2) is a senior age 60 or above or Native American age 55 or above; 3) has a monthly household income of \$2,247.75 or less for one person or \$3,040.16 for two people.
How does the program work? Enrolled seniors will receive vouchers worth \$35.00 per household. These vouchers may be used to purchase locally grown in Wisconsin fresh fruits, vegetables and herbs at approved farmers' markets or roadside stands. These vouchers are good until October 31, 2023.

PAINTING WITH AMANDA

Amanda will be here for another fun painting class.

Date:
Time: 9-noon
Where: Berlin Senior Center
Cost: \$5.00 at the time of the class



AREA FIREWORKS

Friday June 30
NESHKORO

Saturday July 1
MARQUETTE
PRINCETON
WAUTOMA

Monday, July 3

BERLIN
APPLETON

Tuesday, July 4

GREEN LAKE
OMRO
RIPON
WINNECONNE
OSHKOSH

INSIGHT July 2023 Page 5

**NEVER MISS
OUR NEWSLETTER!**

SUBSCRIBE

Have our
newsletter
emailed to
you every
week.



Visit

www.mycommunityonline.com

ADT-Monitored Home Security

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



SafeStreets

833-287-3502

ACE

RIPON

Hwy 23 West
(920) 748-3360

WAUTOMA

983 East Plaza Road
(920) 787-4911

**W Webster's
marketplace**

YOUR FULL SERVICE GROCERY STORE!

In-Store Bakery • Deli • Floral Shop • Butcher • Smokehouse and More
Family Owned and Operated since 1987!

Highway 23 West, Ripon, WI
(920) 748-5498 • webstersmarketplace.com



For ad info. call 1-800-950-9952 • www.lpcommunities.com

City of Berlin Senior Center, Berlin, WI

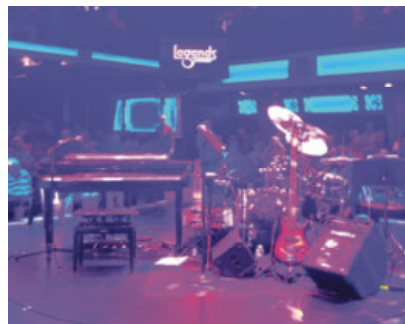
B 4C 01-1434



GRUMPY OLD MEN MAY 26



LEGENDS IN CONCERT JUNE 8



JULY BIRTHDAYS!

1 Carol Petit	14 Bonnie Simson
1 Cindy Seltzner	14 Connie Simson
2 James Lemanczyk	16 Sarah Richards
2 Barb Resop	16 James Plato
3 Rand Bersch	17 Joan Alf
3 Shirley Schneider	17 Justin Jantz
3 Al Youngbauer	17 Louise Sedarski
4 Leone Seaman	20 Carol Downs
5 Judy Hale	20 Rita Gaylord
5 Joan Sievert	22 Bernadette Briski
7 Leroy Moldenhauer	22 Neil Hillstrom
7 Diana Minster	22 Nancy Trochinski
9 Sharon Johnson	24 Maren Krause
10 Flo Brown	25 Bob Young
11 Audrey Bouchkowski	25 Joanne Huber
12 Jerry Bailey	26 Marion Sonnentag
12 Michael Russell	26 MaryAnn Eagen
13 Helen Smith	27 Betty Sedarski

I'm at that
terrible age

where my body is going to
do whatever it wants WITH
or WITHOUT my consent.

Aging
Gracefully

INSIGHT July 2023

Page 7



My Choice Wisconsin
is a managed care organization that
serves government-funded programs
to seniors and adults with disabilities
in over 50 Wisconsin counties.

Visit us today:
mychoicewi.org/LPI
1-800-963-0035

For more information on your long-term care
options, contact your local ADRC.

DHS Approved 4/22/2021



SMITS & BLAZEL
LAW OFFICE, LLC

*Wills, Trusts, Powers
of Attorney*

Contact John Blazel
for your Estate Planning Needs.

118 N. Pearl Street, Berlin
361-1777



302 NORTH GRAND ST
MARKESAN, WI 53946
920.398.3505

www.cardinalcapital.us

RENT IS APPROXIMATELY 30% OF YOUR INCOME

- Affordable housing for low-income 62 or better/disabled
- One Bedroom Apartments - Free Wi-Fi
- Heat, water and sewer included in rent
- Green Lake County meal site
- Professionally managed by friendly staff



Brown Wilcox

ASSISTED LIVING

347 E Huron Street | Berlin, WI 54923

920-361-2552

www.brownilcox.org
cpadm@gmail.com

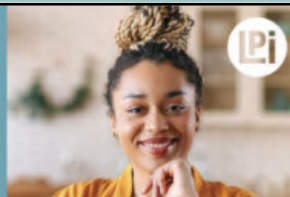
We're here to serve you. Please contact us with
questions or to schedule a tour, we're happy to
help you learn more.

WE'RE HIRING!

AD SALES EXECUTIVES

BE YOURSELF.
BRING YOUR PASSION.
WORK WITH PURPOSE.

- Paid training • Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



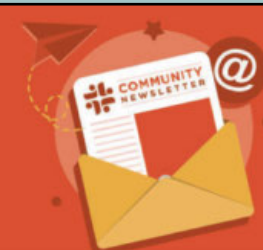
Contact us at
careers@4lpi.com or
www.4lpi.com/careers

**NEVER MISS
OUR NEWSLETTER!**

SUBSCRIBE

Have our newsletter
emailed to you every week.

Visit **www.mycommunityonline.com**



For ad info. call 1-800-950-9952 • www.lpiconmunities.com

City of Berlin Senior Center, Berlin, WI

C 4C 01-1434

JULY

Meals include menu as is listed and are subject to change.
Suggested \$4.00 donation for those age 60+. This is a Green Lake County Elderly Nutrition Meal site. Please call 920-361-5422 at least the day before to order. We are offering take-out on Mon., Wed. & Fri. which should be picked up between 11:00 and 11:15 and In-house daily at noon.

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Closed for the 4th 	Closed for the 4th	Chicken Enchiladas W/ Salsa & Sour Cream Spinach Salad Watermelon	Beef Tips Mashed Potatoes Gravy Corn & Peas Fruit Cocktail Cherry Crisp	BBQ Chicken Potato Salad Baked Beans Peaches Carmel Poke Cake
10	11 Birthday Meal	12	13	14
Chop Suey Asin Veg Rice Spinach Salad Banana Cookies	Christmas in July Ham Loaf Sweet Potatoes Mixed Veg. Pears Birthday Cake	Lasagna Cauliflower Garlic Bread Garden Salad Fruit Fluff	Roast Chicken Mashed Potatoes & Gravy Peas & Corn Pineapple Spice Cup Cake	Tilapia Baby Bakers Baked Beans Grapes Jell-O
17	18	19	20	21
Tatar Tot Casserole W/ Mixed Veg. Stewed Tomatoes Spinach Salad Watermelon Fruit Bowl	Parmesan Baked Chicken Sweet Potatoes Corn & Peas Mandarin Orange Cake	Salisbury Steaks w/ Caramelized Onions, Gravy Mashed Potatoes Corn Apricots Taffy Apple Salad	BBQ Pork Sand. Tatar Tots Coleslaw Cherry Southern Salad	Fish Sandwich Cottage Fries Baked Beans Garden Salad Blueberry/ Pineapple Dump Cake
24	25	26	27	28
Mom's Pizza Casserole Green Salad Cauliflower Mandarin Oranges Rice Crispy Bars	Meatloaf Baby Bakers Peas & Carrots Pears Choc. Chip Bundt Cake	Breaded Chicken Sandwich Seasoned Tater Tots Broccoli/ Calif. Salad Mixed Fruit Jell-o Poke Cake	Spaghetti w/ Meat Sauce Broccoli Garden Salad Apple Crisp	Tilapia Twice Baked Potato Baked Beans Fruit Cocktail Choc. Moose
31				
Beef Macaroni Casserole Corn Salad Pineapple Upside Down Cup Cakes	DUE TO RISING FOOD COSTS, THERE WILL BE SOME MINOR CHANGES TO THE MENU			

JULY ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CLOSED FOR THE 4TH	4 CLOSED FOR THE 4TH	5 9:00 Woodcarving 10:30 Exercise w/ Judy 1:00 Crafts & Cookies w/Sarah	6 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage 1:00 Singers practice	7 10:30 Exercise w/ Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323
10 10:30 Exercise w/Judy 12:30 Sheepshead 12:30 Bowling at Berlin Lanes	11 9:00 Bridge 9:30 Harmonica 10:30 Vet's Meeting 11:15 Chair Yoga	12 9:00 Woodcarving 10:30 Exercise w/ Judy 1:00 Crafts & Cookies w/Sarah	13 Foot Care Clinic by Appt 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage Berlin Singers 5:00 Dining Club Good Times	14 9:00—11:00 Power of Attorney for Healthcare 10:30 Exercise w/ Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323
17 10:30 Exercise w/Judy 12:30 Sheepshead 12:30 Bowling at Berlin Lanes	18 9:00 Bridge 9:30 Harmonica 11:15 Chair Yoga	19 WINE AND WATER 9 Pool League At Wautoma 9:00 Woodcarving 10:30 Exercise w/ Judy 3:00 Diabetes Prevention	20 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage Berlin Singers	21 10:30 Exercise w/ Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323
24 10:30 Exercise w/Judy 12:30 Sheepshead 12:30 Bowling at Berlin Lanes	25 9:30 Harmonica 9:30 Committee on Aging 9:00 Bridge 11:15 Chair Yoga	26 9:00 Woodcarving 9:30 Eyes have It 10:30 Exercise w/ Judy	27 Foot Care Clinic by Appt 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage Berlin Singers	28 10:30 Exercise w/ Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323
31 10:30 Exercise w/Judy 12:30 Sheepshead 12:30 Bowling at Berlin Lanes			Key Colors: Green is exercise and healthy activities Purple is new classes Orange is arts and craft classes Blue is card games Pink is music Red is special events and meetings Black is general activities	

WHAT IS THE FRIENDS OF THE BERLIN SENIOR CENTER?

(The purpose of the Friends is to promote and support the Berlin Senior Center)

The Friends (501c3 non-profit organization) promote and support goals to enhance the services and programs of the Berlin Senior Center. Since its beginning in 2007, the Friends have raised funds for the purchase of property, razed a building, and constructed a parking lot and added an addition to the Center with a large room, an office, and space for storage. Fundraising efforts by the Friends has also made it possible to coordinate trips of two or more days and provide improvements to the Center. Friends' support may also include unquestionably invaluable volunteer time at the Center.

Your support will make a difference in the lives of people age 55 and above, today and for future generations in Berlin. Please consider showing your support by becoming a Friends' member to help us continue to provide more services. Donations are tax exempt.

DONATION CLOSET

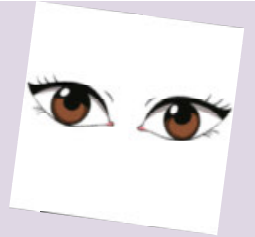
The Berlin Senior Center does have a donation closet which includes wheelchairs, walkers, bath chairs, canes, crutches, etc. for the area to use. It is at no cost to anyone. Stop in and see what we have to offer.



TRANSPORTATION

The Berlin Senior Center offers transportation to and from appointments, shopping, etc. Hours are Monday through Friday from 8:00 am to 10:30 am and 1:30 pm to 8:00 pm. Cost is to \$2.00 within Berlin limits. Call 920-361-5422 for out of town rates and to schedule your transportation.

EYES HAVE IT Having visual difficulties?



How do you cope?

The Berlin Senior Center has a support group for individuals facing visual problems. Learn about assisted technology and support for those who are dealing with eyesight challenges. The group meets every third Wed. of each month at 9:30 am. The Senior Center also has a magnifier that is available Monday thru Friday from 8:30 am to 4:00 pm along with two portable magnifiers that can be checked out for use at home. Call the Center at 920-361-5422 for further information.

LOTUS FOOT CARE, LLC

Keren Young from Lotus is offering expert foot care for Seniors at the Berlin Senior Center. This service is ideal for diabetics, Seniors and those affected with nerve conditions.

Available days in July
Thursday, July 13 & 27

POWER OF ATTORNEY FOR HEALTHCARE

Two social workers from Theda Care will be at the Berlin Senior Center to discuss and answer any questions regarding power of attorney for healthcare.

WHEN: Friday, July 14

WHERE: Berlin Senior Center

TIME: 9-11 am



BERLIN AQUATIC CENTER OUTDOOR AQUA YOGA

Dr. Jennifer Culver

WHEN: Wed. & Fri mornings

TIME: 9-10 am

Call 920-361-5437 for information

JULY PUNS & JOKES

"If ant hills are high in July, the coming winter will be hard."

"Knee high by the 4th"

What does the Statute of Liberty stand for? It can't sit down

If you crossed a Patriot with a curly dog, what would you get?
A Yankee Poodle

What do our flag and a sad candy cane have in common?
They are both red, white and blue

Seven US Presidents have passed away in July. The most of any month. Interestingly enough. Thomas Jefferson and John Adams our 2nd and 3rd president died on the exact same day, July 4, 1826.

Green Lake County Aging Unit Presents: Aging Advocacy Day Tuesday August 8, 2023

1:00pm

Princeton Senior Center



Join Janet Zander, Advocacy & Public Policy Coordinator from GWAAR to learn how local, state, and national public policies impact older adults, people with disabilities, and family caregivers.

Find out how you can become an effective advocate. Hear the latest state and federal policy updates and action alerts to find out how you can take action!

To register for this FREE event, scan the QR code or call Ryan at

920-294-4070.



TIME CAPSULE

The City of Berlin will be burying a time capsule to celebrate Berlin's 175th anniversary.

WHEN: Thursday, August 17

TIME: 3-5 pm

WHERE: Berlin Aquatic Center



There will be food trucks, bounce houses, yard games, and free entry to the pool.

Come and join us!

CONTACT INFORMATION

Senior/Rec. Programming

Director: Rebecca Bays

Senior Assistant Programming

Coordinator: Jill Dittmann

Head Cook: Deb Mirr

Chauffeurs and Meal Delivery

Cindy, Diana & Mike

Meal Delivery Clay, Dean, Jan, Bill, Deb

Hours: Monday thru Friday 8:30 am to 4:00 pm

Phone: (920) 361-5422

Address: 142 Water Street

www.cityofberlin.net

TRANSPORTATION

Monday thru Friday. Seniors age 55+

Hours available: 8-10:30 am & 1:30-8:00 pm

Transportation is funded by Grant 85.21

Co-payment for in-town trips are: Round trip \$2.00

Call for out-of-town costs

NOON MEALS

Green Lake County Nutrition Program

Monday through Friday

Dine-in is available Monday through Friday

Carry-out available on Monday, Wednesday & Friday

Carry-out must be picked up between 11:00 and 11:15

Dine-in is at noon.

Cost: Suggested donation of \$4 over age 60. Under age

60 the cost is \$15.77. Call by 9:00 am the day before

you want to eat.

For home bound meals call 920-294-4070

MISSION STATEMENT

To actively involve, enlighten, enrich, and
empower the independence
of older adults in our community.

VOTE NOW

We are in the process of scheduling our 2024 Day Trips. In that process, we are asking for your opinion on which show you would like to see for our first one of the 2024 season. The show would be at the Weidner Center at 7:30 pm. The choices are as follows:



Friday, March 8
7:30 pm



Friday, May 7
7:30 pm



Please vote and deposit in the box at the Senior Center or email your choice to seniorcenter@cityofberlin.wi.gov