

INSIGHT

NOVEMBER 2023 NEWSLETTER



Publication of the Berlin Senior Center
Free—Please take one and enjoy or view at cityofberlin.net/senior-center

UPCOMING TRIPS

"SCROOGED THE MUSICAL"

At the Fireside

Friday, November 10

Come and join the Berlin Senior Center and the Green Lake Senior Center for a day of fun with a meal and show at the Fireside. Show is full.

8:15 Arrive at Walmart

8:30 Leave Walmart

9:00 Stop at Green Lake

10:30 Arrive at Fireside

11:15 Lunch

1:30 Show

6:15 Arrive back in Berlin

2024 TRIPS

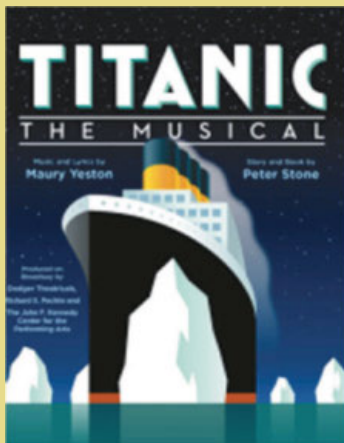
March 15: Fiddler on the Roof at the Fireside.

April 3: Brewer game

June 7: Nunsense at the Fireside

Many more are in the planning stage. Pricing and signing up will be forthcoming once all prices are received.

TITANIC WAS A GREAT SPLASH!



ACTIVITIES IN NOVEMBER

CRAFTS & SNACKS W/ DONNA

Mon. Nov 13 at 1 pm.

This month's class will be either a pinecone wreath or a pinecone door hanger. Cost is \$5.00 payable at the time of the class. please call the Senior Center at 920-361-5422 to sign up.



PAINTING W/AMANDA

The painting class for November is tentatively set for Friday, November 17. Stay tune for updated information. The picture will be acorn squash

FLU SHOTS

Green Lake County Public Health Nurse will be at the Berlin Senior Center on Tuesday, **November 7 at 11:00 am.** Stop in and get your flu shot.

FRIENDS OF THE SENIOR CENTER

Nominees for 2024 board members.

- ◇ Paul Hanan
- ◇ Chuck Fehl
- ◇ Bob Bonneville
- ◇ Julie Boeck,
- ◇ Mary Potter
- ◇ Marsha Chikowski
- ◇ Joanne Guden.

Voting will be from Nov. 13-17.

CARDMAKING W/JUDY Tues. Nov. 28 at 1 pm

: Cost is \$10.00 per person payable that day.

Please call the Senior Center at 920-361-5422 to sign up.



DINING CLUB

**Thurs. Nov 9th at 5 pm
At B & R Restaurant
Redgranite**

Please call Mary Trochinski at 920-290-4633 to sign up.

Wyndgate on Market Square
FOR ADULTS 62+ AND/OR
PERSONS WITH A DISABILITY

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Home Health - Covered By Most Insurances

NOVEMBER ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>On Saturday night Nov. 4</p>		1 9:00 Woodcarving 10:30 Exercise w/ Judy	2 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage 1:00 Berlin Singers Practice 2:00 Tai Chi Prime	3 10:30 Exercise w/ Judy 12:30 Sheephead 12:45 Bridge Call Gerene 920-361-3323
6 10:30 Exercise w/Judy 12:30 Sheephead 12:30 Bowling at Berlin Lanes	7 9:30 Harmonica 11:15 Chair Yoga	8 9:00 Woodcarving 10:30 Exercise w/ Judy	9 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage Foot Care Clinic by Appt 5:00 Dining Club Berlin Singers Patriots Place	10 10:30 Exercise w/ Judy 12:30 Sheephead 12:45 Bridge Call Gerene 920-361-3323
13 10:30 Exercise w/Judy 12:30 Sheephead 12:30 Bowling at Berlin Lanes 1:00 Crafts w/Donna <div style="border: 1px solid black; padding: 5px; display: inline-block;"> Friends voting All week </div> 	14 9:30 Harmonica 10:30 Vet's Meeting 11:15 Chair Yoga	15 9:00 Woodcarving 10:30 Exercise w/ Judy 9:00 Pool League Wautoma 3:00 Diabetes Prevention	16 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage Berlin Singers Prairie Place—Ripon	17 10:30 Painting w/ Amanda (tentative) 10:30 Exercise w/ Judy 12:30 Sheephead 12:45 Bridge Call Gerene 920-361-3323
20 10:30 Exercise w/Judy 12:30 Sheephead 12:30 Bowling at Berlin Lanes	21 9:30 Harmonica 11:15 Chair Yoga	22 9:00 Woodcarving 9:30 Eyes Have It 10:30 Exercise w/ Judy	23 Closed for the Holiday HAPPY THANKSGIVING	24 Closed for the Holiday
27 10:30 Exercise w/Judy 12:30 Sheephead 12:30 Bowling at Berlin Lanes	28 9:30 Harmonica 10:00 Committee on Aging 11:15 Chair Yoga 1:00 Cardmaking w/ Judy	29 9:00 Woodcarving 10:30 Exercise w/ Judy	30 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage Foot Care Clinic by Appt Berlin Singers Country Villa—Omro	Key Colors: Green: exercise Purple: new classes Orange: arts and craft Blue: card games Pink: music Red: special events Black: general activity

RENT THE SENIOR CENTER

Berlin Senior Center is now available for after hour and weekend rentals. Book for gatherings, showers and parties. Stop at the Senior Center anytime between 8:30am and 4pm to fill out a rental form. Cost is \$100.00 plus \$100.00 refundable deposit. Any questions, contact Becca at 920-361-5422

HERD BASKETBALL

Tickets are available for purchase for the Fri. Dec. 15th game at 7 pm in Oshkosh. Tickets are \$16.00 per person. These tickets are available for all age. Why not enjoy a Herd game with your family for the holidays. Call 920-361-5422 to purchase.

VOLUNTEERS NEEDED

Are you looking to get out of the house? We are looking for phone volunteers to help greet guest, answer phones, make phone calls and assist with small projects when needed. You can work as little or as much as you would like. Volunteers usually work between 9 am and noon but we can be flexible. Call 920-361-5422 with any questions or to sign up.

I have the **RIGHT**
to remain silent...

I just don't have
the **ABILITY**.



ANNUAL FALL CLEAN UP

Are you 60 or older and unable to perform yard work? Will you need help cleaning up your leaves this fall? Contact us to see if we can help. Cleanup will occur in late Oct. and Nov. and will be on a first-come basis.

Contact Kristen at 920-294-4070 or kdorsch@greenlakecountywi.gov for more information or to sign up.

INSIGHT November 2023

Page 5

Concerned about Medicare fraud? Give us a call...

PROTECT your
personal information

DETECT suspected
fraud, abuse, or errors

REPORT suspicious claims
or activities



Toll-free Helpline:
888-818-2611
www.smpwi.org

WisconsinSeniorMedicarePatrol



This project was supported, in part by grant number 90MPPG0102-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

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City of Berlin Senior Center, Berlin, WI

B 4C 01-1434

NOV. MEALS

Meals include menu as is listed and are subject to change.
Suggested \$4.00 donation for those age 60+. This is a Green Lake County Elderly Nutrition Meal site. Please call 920-361-5422 at least the day before to order. We are offering take-out on Mon., Wed. & Fri. which should be picked up between 11:00 and 11:15 and in-house daily at noon.
Cancellations must be made at least the day before.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
		1	2	3
<i>Gobble 'til you wobble</i>		Meatballs with Mashed Potatoes and gravy Green Beans Strawberry Short Cake	Breaded Chicken Sandwich Seasoned Potatoes Broccoli/ Cauliflower Cold Salad Apple Crisp	Scalloped Potatoes and Ham Glazed Carrots Baked Beans Pineapple
6	7 Birthday Meal	8	9	10
Oven Baked Mac and Cheese Stewed Tomatoes Spinach Salad Peaches	Ham Loaf Sweet Potatoes Baked Beans Mandarin Oranges Birthday Cake	BBQ Pulled Pork Sandwich Baked Baby Red Calico Beans Fresh Fruit	Salisbury Steak Caramelized Onions Mashed Potatoes with Gravy Corn Fruit Fluff	Breaded Tilapia Cheesy Potatoes Spinach Salad Fruit Cocktail
13	14	15	16 Thanksgiving Meal	17
Sloppy Joes 3 Bean Bake Sweet Potatoes Fresh Fruit	Meatloaf Baby Bakers Mixed Veggies Mandarin Oranges	BBQ Chicken Sandwich Coleslaw Cowboy Beans Angel Food Strawberry Dessert	Turkey with stuffing, Mashed Potatoes and Gravy Corn Orange- Cranberry Relish Pumpkin Pie	Chop Suey with Asian Vegetables with Garden Blend Wild Rice Spinach Salad Pineapple Upside Down Cupcake
20	21	22	23	24
Cheesy Broccoli Soup Ham Sandwich Cold Noodle Salad Peaches	Roasted Chicken Sweet Potatoes Peas and Corn Pineapple	Whole Wheat Spaghetti Mixed Vegetable Spinach Salad Taffy Apple Salad	Closed for the Holiday	Closed for the Holiday
27	28	29	30	
Beef Stew with Mixed Vegetables and Potatoes Spinach Salad Fruit Crisp	Chicken Cordon Blu Casserole Sweet Potatoes Peaches	Beefy Macaroni Casserole Cheesy Broccoli Strawberry Short Cake	Chicken Sandwich Seasoned Red Potatoes Coleslaw Pears	ALL MEALS INCLUDE / MILK WHOLE GRAIN OR WHITE BREAD & BUTTER

HAPPY NOVEMBER BIRTHDAY

1 Betty Konen
2 Linda M. Klauer
2 Barbara Sobieski
5 Barbara Born
6 Paul Hanan
8 Marian Weber
10 Susan LaBuda
10 Kenneth Martin
11 Iris Mueller
12 Raymond Stumpner
13 Leanne Hansen

14 Chuck Fehl
14 Judith Brano
15 Iva Bodin
16 Leone Petraszak
17 Carlton Nehring
19 Richard Monsen
19 Trudy Kamps
20 Paul Roethel
21 Richard Dieringer
22 Gladys Hall

22 Darrell Dittmann
23 Donna Nolte
24 Michael Carberry
25 Bob Keating
26 Lorraine Brueggen
26 James Burke
27 George Kazmierczak
27 Karen Shurk
30 Ronald Hoffman
30 Donald Kirk

BIRTHDAY MEAL
Tues. Nov. 7 will be the Birthday Meal which will be Ham Loaf, sweet potatoes, baked beans, mandarin oranges and birthday cake. Meal is in-house only.

THANKSGIVING MEAL

Thursday, November 16th will be our Thanksgiving meal which consists of turkey, stuffing, mashed potatoes & gravy, corn, orange-cranberry relish and pumpkin pie.

PLEASE NOTE: We will be having Geezer Entertainment entertaining us with country, old time, swing, jazz, 50's & 60's and rock N roll. Please stop by or call the Senior Center at 920-361-5422 to sign up at least one day before the meal.

BASKET RAFFLE

During the week of Monday, Nov. 13 to our Thanksgiving meal on Thurs. Nov. 16, we will be having a basket raffle of several items donated by the community. The drawing will be held following our Thanksgiving meal.

INSIGHT November 2023

Page 7



My Choice Wisconsin is a managed care organization that serves government-funded programs to seniors and adults with disabilities in over 50 Wisconsin counties.

Visit us today:
mychoicewi.org/LPI
1-800-963-0035

For more information on your long-term care options, contact your local ADRC.

DHS Approved 4/22/2021



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ASSISTED LIVING

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cpapdm@gmail.com

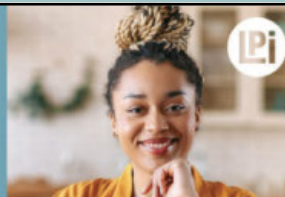
We're here to serve you. Please contact us with questions or to schedule a tour, we're happy to help you learn more.

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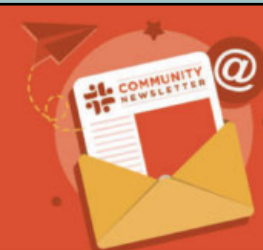
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City of Berlin Senior Center, Berlin, WI

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BLESSINGS
 CHILDREN
 DECORATIONS
 DINNER
 FAMILY
 GATHERING
 GRATITUDE
 HOLIDAY
 HOME
 HOUSEHOLD
 JOY
 MEAL
 MEMORIES
 OCCASION
 PARENTS
 RELATIVES
 REMEMBER
 REMINISCE
 REUNION
 SEASON
 THANKFULNESS

THANKSGIVING

WORD SEARCH

Y	A	G	A	T	H	E	R	I	N	G	W	T	H	R
S	L	B	L	E	S	S	I	N	G	S	A	N	S	E
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Y	E	E	M	D	O	C	C	A	S	I	O	N	C	A
S	I	Q	N	A	U	V	V	R	B	I	O	H	N	T
T	R	N	M	L	F	T	E	J	T	Z	I	O	O	I
N	O	E	O	E	U	M	I	A	O	L	Q	U	I	V
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A	M	O	I	L	C	E	E	N	H	R	U	H	E	L
P	M	S	H	E	E	N	S	G	A	J	G	O	R	A
E	C	R	D	R	E	N	N	I	D	H	W	L	F	E
E	Q	Y	R	E	B	M	E	M	E	R	T	D	E	M

CONTACT INFORMATION

Senior/Rec. Programming

Director: Rebecca Bays

Senior Assistant Programming

Coordinator: Jill Dittmann

Head Cook: Deb Mirr

Chauffeurs and Meal Delivery

Cindy & Diana

Meal Delivery Jan & Bill, Deb,

Tim & Nancy

Hours: Monday thru Friday 8:30 am to 4:00 pm

Phone: (920) 361-5422

Address: 142 Water Street (Just off of North Capron Street)

www.cityofberlin.net

MISSION STATEMENT

To actively involve, enlighten, enrich, and empower the independence of older adults in our community.

TRANSPORTATION

Monday thru Friday. Seniors age 55+

Hours available: 8-10:30 am & 1:30-4:00 pm

Transportation is funded by Grant 85.21

Co-payment for in-town trips are: Round trip \$2.00

Call for out-of-town costs

NOON MEALS

Green Lake County Nutrition Program

Monday through Friday

Dine-in is available Monday through Friday

Carry-out available on Monday, Wednesday & Friday

Carry-out must be picked up between 11:00 and 11:15

Dine-in is at noon.

Cost: Suggested donation of \$4 over age 60. Under age 60 the cost is \$15.77. Call by 9:00 am the day before

you want to eat.

For home bound meals call 920-294-4070