

# INSIGHT

OCTOBER 2023 NEWSLETTER



## HARVESTING CORN THROUGH THE YEARS IN WISCONSIN





## UPCOMING TRIPS

### TITANIC at the Fireside Friday, October 13

Join us for a day of fun with a meal and show at the Fireside.

- ◇ 8:45 Arrive at Walmart
- ◇ 9:00 Depart Walmart
- ◇ 10:30 Arrive at Fireside
- ◇ 11:15 Lunch
- ◇ 1:30 Show
- ◇ 5:45 Arrive back at Berlin.

### "SCROOGED THE MUSICAL" At the Fireside

Friday, November 10

Come and join the Berlin Senior Center and the Green Lake Senior Center for a day of fun with a meal and show at the Fireside.

Cost: **\$105.00 per person.**

Lunch choices are: 1) Supreme cut chicken, 2) sliced beef tenderloin, 3) grilled Atlantic salmon, 4) vegetarian.

**SIGN UP DEADLINE: Mon. October 9**

The rain didn't dampen the fun at the Timber Rattler Game on Wednesday, Sept. 6



### 2024 TRIPS BEING SCHEDULED

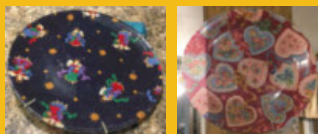
IF YOU HAVE ANY SUGGESTIONS, PLEASE LET BECCA AT THE SENIOR CENTER KNOW.

## ACTIVITIES IN OCTOBER

### CRAFTS W/DONNA

(f/k/a Crafts & Cookies w/Sarah)  
**Mon. Oct. 9 at 1 pm.**

Please welcome Donna who will be taking over the Craft class. The classes now will be held on the second Monday of each month. Cost is \$5.00 payable at the time of the class. please call the Senior Center at 920-361-5422 to sign up.



### BIRTHDAY MEAL

Tues. October 3 will be the Birthday Meal which will be Ham Loaf, scalloped potatoes, mixed veggies, apple sauce & birthday cake.

### FLU SHOTS

Green Lake County Public Health Nurse will be at the Berlin Senior Center on Tuesday, **November 7 at 11:00 am.** Stop in and get your flu shot.

### FRIENDS OF THE SENIOR CENTER

Nominees for 2024 board members.

- ◇ Paul Hanan
- ◇ Chuck Fehl
- ◇ Bob Bonneville
- ◇ Julie Boeck,
- ◇ Mary Potter
- ◇ Marsha Chikowski
- ◇ Joanne Guden.

Voting will be from Nov. 13-17.

### CARDMAKING W/JUDY

**Tues. Sept. 26 at 1 pm**

Cost is \$10.00 per person payable that day. Please call the Senior Center at 920-361-5422 to sign up.



### DINING CLUB

**Thurs. Oct. 12 at 5 pm**  
**At Road Rash f/k/a The Bluff in Poy Sippi.**

Please call Mary Trochinski at 920-290-4633 to sign up.

**Wyndgate on Market Square**  
FOR ADULTS 62+ AND/OR  
PERSONS WITH A DISABILITY

**Smoke-Free Community**

**1 & 2 Bedrooms**

**HEAT INCLUDED**

Rent is Based on Income  
[www.meridiangroupinc.net](http://www.meridiangroupinc.net)

**920-361-4046**

## LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

**CONTACT ME**  
**Alex Nicholas**

[anicholas@lpicommunities.com](mailto:anicholas@lpicommunities.com)

**(800) 950-9952 x2538**

## Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

**AD CREATOR STUDIO**



[lpicommunities.com/adcreator](http://lpicommunities.com/adcreator)



**TRANSITIONS**  
**AT HOME**

**Skilled Home Health Services**

Skilled Nursing, Physical Therapy & Occupational Therapy  
Transitions Central Office - Phone 715-544-2322 fax 715-544-6398

*Home Health - Covered By Most Insurances*



# OCTOBER ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> 10:30 Exercise w/Judy 12:30 Sheepshead 12:30 Bowling at Berlin Lanes	<b>3</b> 9:30 Harmonica 11:15 Chair Yoga 2:00 Tai Chi Prime	<b>4</b> 9:00 Woodcarving 9:30 Eyes Have It 10:30 Exercise w/Judy	<b>5</b> 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage 1:00 Berlin Singers Practice 2:00 Tai Chi Prime	<b>6</b> 10:30 Exercise w/Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323
<b>9</b> 10:30 Exercise w/Judy 12:30 Sheepshead 12:30 Bowling at Berlin Lanes 1:00 Crafts w/Donna	<b>10</b> 9:30 Harmonica 11:15 Chair Yoga 2:00 Tai Chi Prime	<b>11</b> 9:00 Woodcarving 10:30 Exercise w/Judy	<b>12</b> 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage 2:00 Tai Chi Prime Foot Care Clinic by Appt 5:00 Dining Club Berlin Singers Whispering Pines	<b>13</b> 10:30 Exercise w/Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323
<b>16</b> 10:30 Exercise w/Judy 12:30 Sheepshead 12:30 Bowling at Berlin Lanes	<b>17</b> 9:30 Harmonica 10:30 Vet's Meeting 11:15 Chair Yoga 2:00 Tai Chi Prime	<b>18</b> 9:00 Woodcarving 10:30 Exercise w/Judy 9:00 Pool League Berlin 3:00 Diabetes Prevention	<b>19</b> 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage 2:00 Tai Chi Prime Berlin Singers Prairie Place—Ripon	<b>20</b> 10:30 Exercise w/Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323
<b>23</b> 10:30 Exercise w/Judy 12:30 Sheepshead 12:30 Bowling at Berlin Lanes	<b>24</b> 9:30 Harmonica 10:00 Committee on Aging 11:15 Chair Yoga 1:00 Cardmaking w/Judy 2:00 Tai Chi Prime	<b>25</b> 9:00 Woodcarving 9:30 Eyes Have It 10:30 Exercise w/Judy	<b>26</b> 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage 2:00 Tai Chi Prime Foot Care Clinic by Appt Berlin Singers—Preston Place—Redgranite	<b>27</b> 10:30 Exercise w/Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323
<b>30</b> 10:30 Exercise w/Judy 12:30 Sheepshead 12:30 Bowling at Berlin Lanes	<b>31</b> 9:30 Harmonica 11:15 Chair Yoga 1:00 Cardmaking w/Judy 2:00 Tai Chi Prime		Key Colors: Green is exercise and healthy activities Purple is new classes Orange is arts and craft classes Blue is card games Pink is music Red is special events and meetings Black is general activities	

## WHITE CANE SAFETY DAY



On October 15, White Cane Safety Day is observed around the world. White Cane Safety Day celebrates the achievements of blind or visually impaired people. A white cane is an important mobility tool for such people as well as the symbol of their independence. Canes have been used by blind people for centuries, but the white cane was introduced in the early 20th century. Canes were painted white to be more easily visible.

As many of you already know, there have been security cameras installed in and around the Senior Center. This decision was made by Common Council with the support of Committee on Aging and myself. The cameras are here for protection, safety and security for not only the city but for the people that call the Senior Center their second home. If there is a fall, car accident, burglary, property damage or anything of that nature, the cameras will help determine the best course of action. The cameras are not monitored 24/7. In fact, there are no monitors at all. The cameras are ran using a computer program that can only be opened by the City Administrator. Footage on the cameras will only be looked at when the above scenarios occur. There is one audio camera located between Jill's office and the front door. This camera is also not being heard unless needed. It runs the exact same way as the video cameras. Council will be putting cameras in all the City buildings. Cameras are already in place in City Hall, the Police Station, the Aquatic Center, the Shelter Houses in Riverside Park and the Campground. Besides being in the City, cameras are part of life. They are at gas stations, grocery stores, convenient stores, businesses, personal residences, hospitals, traffic lights, gyms, and so many more locations. Having cameras at the Senior Center just puts the Center into a category of safety and security that I want all our patrons to have. I care deeply for this building and the people that visit it. I want to do everything I can to protect it. If you have any questions, please talk with me. Thank you, Becca.

### Concerned about Medicare fraud? Give us a call...

**PROTECT** your  
personal information

**DETECT** suspected  
fraud, abuse, or errors

**REPORT** suspicious claims  
or activities



**Toll-free Helpline:**  
**888-818-2611**  
**www.smpwi.org**

WisconsinSeniorMedicarePatrol



This project was supported, in part by grant number 90MPPG0102-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

### ADT-Monitored Home Security

Get 24-Hour Protection  
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



SafeStreets

**833-287-3502**



**RIPON**

**Hwy 23 West  
(920) 748-3360**

**WAUTOMA**

**983 East Plaza Road  
(920) 787-4911**



**FREE**  
**AD DESIGN**  
with purchase  
of this space

**CALL 800-950-9952**



**YOUR FULL SERVICE GROCERY STORE!**

**In-Store Bakery • Deli • Floral Shop • Butcher • Smokehouse and More  
Family Owned and Operated since 1987!**

**Highway 23 West, Ripon, WI  
(920) 748-5498 • webstersmarketplace.com**

# OCT. MEALS

Meals include menu as is listed and are subject to change.  
Suggested \$4.00 donation for those age 60+. This is a Green Lake County Elderly Nutrition Meal site. Please call 920-361-5422 at least the day before to order. We are offering take-out on Mon., Wed. & Fri. which should be picked up between 11:00 and 11:15 and in-house daily at noon.  
Cancellations must be made at least the day before.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>2</b>	<b>3 BIRTHDAY MEAL</b>	<b>4</b>	<b>5</b>	<b>6</b>
Loaded Chicken Noodle Soup Spinach Salad Fruit Cocktail Crackers	Ham Loaf Scalloped Potato Mixed Veggies Apple Sauce Birthday Cake	Parmesan Breaded Chicken Sweet Potatoes Corn Apple Bread Pudding	Roasted Turkey Sand. 3 Bean Bake Broccoli/ Cauliflower Cold Salad Taffy Apple Salad	Spaghetti w/ Meat Sauce Mixed Veggies Spinach Salad Banana Cream Pie
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Chop Suey Asian Veggies Garden Bl. Wild Rice Pears	Chicken Mashed Potatoes & Gravy Glazed Carrots Lemon Blueberry Bundt Cake	Salisbury Steaks w/ Caramelized Onions Mashed Potatoes & Gravy Corn Cherry Southern Salad	Loaded Baked Potato W/ Cheese, Ham & Cowboy Beans 7 Layer Salad Fresh Fruit	Oven Baked Tilapia Sweet Potatoes Coleslaw Peaches
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Ham & Cheese Sliders Sweet Potato Baked Beans Pears	Meat Balls Mashed Potatoes & Gravy Mixed Veggies Banana Cream Pie	Lasagna Green Beans Spinach Salad Strawberry Short Cake	Pork loin Mashed Potatoes Gravy Corn Blueberry/ Pineapple Dump Cake	Breaded Fish Sand. Potato Salad Fresh Salad Mandarina Orange Cake
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Sloppy Joes Baked Beans Coleslaw Fresh Fruit	Chicken Alfredo Over Noodles Broccoli Spinach Salad Fruit Cocktail	Baked Chop Suey Casserole Spinach Salad Peaches	Meat Loaf Twice Baked Potato Corn Apple Crisp	Salmon Patty Sweet Potato Diced Beets Pears
<b>30</b>	<b>31 HALLOWEEN</b>			
Mom's Pizza Casserole Garlic Bread Garden Salad Mandarin Oranges	Boney BBQ Ribs Coleslaw Cheesy Tots Deviled Eyeball Eggs Fruit Cocktail Choc. Moose			ALL MEALS INCLUDE / MILK WHOLE GRAIN OR WHITE BREAD & BUTTER



4 Rose AuBuchon  
4 Jean Kafer  
4 Kathryn Krause  
4 Ina Mlodzik  
5 Kay Roethel  
6 Gloria Beck  
8 Diana Czekalski  
8 Joyce Wesner  
9 David Schmidt  
9 Shirley Williams  
10 Leanne Brooks  
11 Cheryl Schmidt  
13 Ann Budde  
14 Marian Heller  
14 Bob Pribnow  
14 Sharon Sorenson  
14 Darlene Strey  
15 Jacilyn Boenin  
15 Laurie Pavelske  
15 Denise Stumpner  
15 Sue Stumpner  
15 JoAnne Reysen

# OCTOBER BIRTHDAY

16 Thea Ringbauer  
17 Jodi Kalkis  
17 Steven Nelson  
18 Jan Vanderhout  
21 Nancy Berger  
21 Cheryl Coats  
23 Evelyn Dally  
23 Lynn Moldenhauer  
24 Gary Boening  
26 Karen Neuman  
26 Kenneth Dozler  
27 Sue Paulsen  
28 Caroline Treder  
28 Rich Strebelinski



## WHEELCHAIR/SCOOTER LIFT

A Bruno ASL 275 lift for a vehicle has been donated to the Senior Center. If you are interested in this item, please contact the Senior Center at 920-361-5422 and ask for Becca. You can stop by any time Mon-Fri, 8:30 am to 4 pm to view.



My Choice Wisconsin  
is a managed care organization that  
serves government-funded programs  
to seniors and adults with disabilities  
in over 50 Wisconsin counties.

**Visit us today:**  
**mychoicewi.org/LPI**  
**1-800-963-0035**

For more information on your long-term care  
options, contact your local ADRC.

DHS Approved 4/22/2021



**SMITS & BLAZEL**  
**LAW OFFICE, LLC**

*Wills, Trusts, Powers  
of Attorney*

**Contact John Blazel**  
for your Estate Planning Needs.

**118 N. Pearl Street, Berlin**  
**361-1777**



302 NORTH GRAND ST  
MARKESAN, WI 53946  
**920.398.3505**

www.cardinalcapital.us

RENT IS APPROXIMATELY 30% OF YOUR INCOME

- Affordable housing for low-income 62 or better/disabled
- One Bedroom Apartments - Free Wi-Fi
- Heat, water and sewer included in rent
- Green Lake County meal site
- Professionally managed by friendly staff



**Brown Wilcox**

**ASSISTED LIVING**

347 E Huron Street | Berlin, WI 54923

**920-361-2552**

www.brownilcox.org  
cpapdm@gmail.com

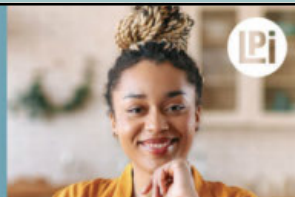
We're here to serve you. Please contact us with  
questions or to schedule a tour, we're happy to  
help you learn more.

## WE'RE HIRING!

**AD SALES EXECUTIVES**

**BE YOURSELF.**  
**BRING YOUR PASSION.**  
**WORK WITH PURPOSE.**

- Paid training • Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



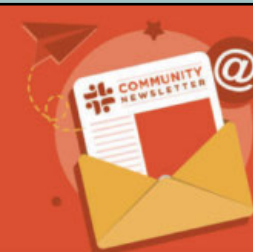
Contact us at  
careers@4lpi.com or  
www.4lpi.com/careers

**NEVER MISS  
OUR NEWSLETTER!**

**SUBSCRIBE**

Have our newsletter  
emailed to you.

Visit **www.mycommunityonline.com**



# OCTOBER WORD SEARCH

CORN MAZE  
HAUNTED HOUSE  
COBWEB  
CORN STALKS  
TRICK OR TREAT  
WITCHES  
COSTUME  
HARVEST  
PUMPKINS  
HAYRIDE  
ORANGE  
HALLOWEEN  
CANDY  
LEAVES  
SCARECROW

T	R	I	C	K	O	R	T	R	E	A	T	N	S
E	S	U	O	H	D	E	T	N	U	A	H	E	E
C	E	K	P	U	M	P	K	I	N	S	N	E	H
L	C	O	R	N	S	T	A	L	K	S	L	W	C
E	H	A	E	N	R	C	A	N	D	Y	A	O	T
A	A	K	I	R	D	C	E	C	H	T	A	L	I
V	R	A	A	D	E	Z	H	V	O	I	V	L	W
E	V	Y	K	U	A	O	W	E	K	B	A	A	I
S	E	O	T	M	R	C	S	N	M	A	W	H	C
U	S	A	N	R	A	R	L	R	B	T	K	E	W
E	T	R	O	C	O	S	T	U	M	E	O	L	B
R	O	H	T	N	R	S	O	R	A	N	G	E	A
C	S	H	A	Y	R	I	D	E	A	K	T	I	W
E	W	O	R	C	E	R	A	C	S	B	A	A	V

## CONTACT INFORMATION

### Senior/Rec. Programming

Director: Rebecca Bays

Senior Assistant Programming

Coordinator: Jill Dittmann

Head Cook: Deb Mirr

Chauffeurs and Meal Delivery

Cindy, Diana & Mike

Meal Delivery Jan & Bill, Deb,

Tim & Nancy

Hours: Monday thru Friday 8:30 am to 4:00 pm

Phone: (920) 361-5422

Address: 142 Water Street (Just off of North Capron Street)

[www.cityofberlin.net](http://www.cityofberlin.net)

### MISSION STATEMENT

To actively involve, enlighten, enrich, and empower the independence of older adults in our community.

### TRANSPORTATION

Monday thru Friday. Seniors age 55+

Hours available: 8-10:30 am & 1:30-8:00 pm

Transportation is funded by Grant 85.21

Co-payment for in-town trips are: Round trip \$2.00

Call for out-of-town costs

### NOON MEALS

Green Lake County Nutrition Program

Monday through Friday

Dine-in is available Monday through Friday

Carry-out available on Monday, Wednesday & Friday

Carry-out must be picked up between 11:00 and 11:15

Dine-in is at noon.

Cost: Suggested donation of \$4 over age 60. Under age 60 the cost is \$15.77. Call by 9:00 am the day before

you want to eat.

For home bound meals call 920-294-4070