

# INSIGHT

MAY 2024

## BERLIN SENIOR CENTER RECEIVES THEIR NEW TRANSPORTATION VAN

(SEE PAGE 5 FOR MORE DETAILS)

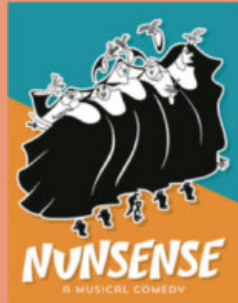


Publication of the Berlin Senior Center  
Free—Please take one and enjoy or view at [cityofberlin.net/senior-center](http://cityofberlin.net/senior-center)

# DAY TRIPS 2024

## NUNSENSE AT THE FIRESIDE June 7th

The cost is \$137 per person which includes gratuity. Meal choices are: Chicken Piccata, Pork Belly, Shrimp Tempura & Vegetarian. Meet at Walmart at 8:30 am. Signup deadline is May 8



## CRUISE & CREAMERY Wednesday, July 17

Trip includes a three hour cruise on Lake Mendota with a lunch buffet. Then on to Sassy Cow for a tour and returning to Berlin approximately 5:30 pm.



**The cost is \$140 per person.** Cutoff for signing up is July 1.

**Please note the boat is non-handicap accessible. Everyone must be able to do stairs.**



## TIMBER RATTLERS Wed. August 28

Join us for an afternoon of baseball at Neuroscience Group Field in Appleton against the Quad City River Bandits. Lunch will be in the Leine's Lodge. **Cost: \$80.00** Meet at Walmart at 9:45 am

## WISCONSIN DELLS

### Wednesday, September 11

Trip starts with a VIP Trolley Tour of the City followed by lunch at Monk's Restaurant.



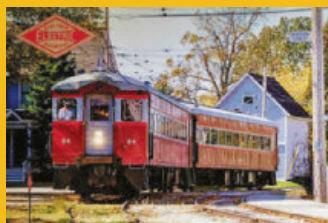
After lunch, we will be going on the Original Wisconsin Ducks. **Cost is \$115.00 per person.**

## FALL COLOR TRAIN TRIP

EAST TROY, WI

Wednesday, Oct. 9

Trip includes a meal on the train. Meal consists of a house salad, chicken breast over linguini, seasonal veggies and a dark chocolate Brownie with powdered sugar dusting. There will also be a stop at the Elegant Farmer for farm kitchen bakery, deli and market goodies for purchase. There is also a car barn and small museum to tour. **Cost is \$130.00 per person.**



## NIGHT BREWERS GAME

Friday, Sept. 27

(rescheduled from 4/3)

Leave Walmart at 3:30 pm

First Pitch at 7:10 pm

At the Aurora Healthcare Bullpen including a full buffet and two complimentary Moison Coors domestic beers **COST IS \$160.00 PER PERSON**

**SPOTS AVAILABLE**

Sign up today to reserve your seat on one of the trips! Trips must be paid for at time of reservation and can be paid in cash or check. Checks should be made payable to "Berlin Senior Center".



# UPCOMING EVENTS & ACTIVITIES

## CREATIVE NOOK

Are you interested in trying out a hobby/craft but not sure which? Berlin Senior Center is now offering beginner kits of different crafts such as paint by number, diamond painting, cross stitch, needlepoint, etc. Just stop by and pick one up! They are available to take home with you or enjoyed at the Center. If you find you have a craft you enjoy, we can help you locate a store or on-line store where you can purchase full size kits.



## DINING CLUB

**PLACE:** Fin 'N Feather  
in Winneconne  
**Date:** Thursday, May 9  
**Time:** 5:00 pm  
Games will follow.  
Call 920-361-5422 to sign up.

## DIRT DETECTIVES (metal detecting)

If you are interested in joining the dirt detectives or have any questions, please call the Berlin Senior Center at 920-361-5422



## CARDMAKING W/JUDY

**PLACE:** Berlin Senior Center  
**DATE:** Tuesday, May 28  
**TIME:** 1:00 pm  
**COST:** \$10.00 payable that day.  
Call 920-361-5422 to sign up.

Wyndgate on Market Square  
FOR ADULTS 62+ AND/OR  
PERSONS WITH A DISABILITY

Smoke-Free Community

1 & 2 Bedrooms

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Rent is Based on Income  
www.meridiangroupinc.net

920-361-4046

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anicholas@lpicommunities.com

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# MAY ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Key Colors:</p> <p>Green: exercise Purple: new classes Orange: arts and craft</p>	<p>Blue: card games Pink: music Red: special events Black: general activity</p>	<p><b>1</b> 10:30 Exercise w/ Judy 2:00 Low impact fitness</p>	<p><b>2</b> 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage 1:00 Living with Chronic Pain Berlin Singers—Practice</p>	<p><b>3</b> 10:30 Exercise w/ Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323</p>
<p><b>6</b> 9:00 Pre-Diabetes 10:30 Exercise w/ Judy 12:30 Sheepshead 2:00 Low impact fitness 12:30 Bowling at Berlin Lanes</p>	<p><b>7</b> 9:30 Harmonic 11:15 Chair Yoga</p>	<p><b>8</b> 10:30 Exercise w/ Judy 10:30 Vet's Meeting 2:00 Low impact fitness</p>	<p><b>9</b> 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage 1:00 Living with Chronic Pain Foot Care Clinic Berlin Singers-Juliet Manor</p>	<p><b>10</b> 10:30 Exercise w/ Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323</p>
<p><b>13</b> 10:30 Exercise w/ Judy 12:30 Sheepshead 2:00 Low impact fitness 12:30 Bowling at Berlin Lanes</p>	<p><b>14</b> 9:30 Harmonic 11:15 Chair Yoga</p>	<p><b>15</b> 9:00 Pool League Wautoma 10:30 Exercise w/ Judy 2:00 Low impact fitness</p>	<p><b>16</b> 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage 1:00 Living with Chronic Pain Berlin Singers-Patriots Place, Berlin</p>	<p><b>17</b> 10:30 Exercise w/ Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323</p>
<p><b>20</b> 9:00: Pre-Diabetes 10:30 Exercise w/ Judy 12:30 Sheepshead 2:00 Low impact fitness 12:30 Bowling at Berlin Lanes</p>	<p><b>21</b> 9:30 Harmonic 11:15 Chair Yoga</p>	<p><b>22</b> 9:30 Eyes Have It 10:30 Exercise w/ Judy 2:00 Low impact fitness</p>	<p><b>23</b> 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage Foot Care Clinic 1:00 Living with Chronic Pain Berlin Singers-Prairie Place, Ripon</p>	<p><b>24</b> 10:30 Exercise w/ Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323</p>
<p><b>27</b> CLOSED MEMORIAL DAY</p> 	<p><b>28</b> 9:30 Harmonic 10:00 Committee on Aging 11:15 Chair Yoga 1:00 Cardmaking w/Judy</p>	<p><b>29</b> 10:30 Exercise w/ Judy 2:00 Low impact fitness</p>	<p><b>30</b> 9:00 Quilters 10:30 Weight loss 11:15 Chair Yoga 12:30 Cribbage 1:00 Living with Chronic Pain Berlin Singers-Eden Vista, Ripon</p>	<p><b>31</b> 10:30 Exercise w/ Judy 12:30 Sheepshead 12:45 Bridge Call Gerene 920-361-3323</p>



# BERLIN SENIOR CENTER'S TRANSPORTATION PROGRAM

Do you need a ride to a doctor's appointment?  
Do you have errands around town?



Meals on Wheels

Our new van is up and ready for the challenge. Hours are 8-10:30 am and 1:00 to 4:00 pm. The van is being used from 10:30 am to 1:00 pm for our Meals on Wheels program delivering meals to home-bound seniors. We use our van to transport seniors age 55+ to a variety of different locations, whether it's doctor's appointments, grocery shopping or running them around town. We take residents as far away as Appleton, Oshkosh, Waupaca, Wautoma and surrounding areas. To schedule a ride, call us at 920-361-5422 and they will hook you up. As soon as you know you need a ride, please call as we are a one vehicle transportation and it does fill up fast. Our transportation program is funded by Grant 85.21. Co-payments cost for round trip in town is \$2.00. Please call for out-of-town costs.



Wheel chair transport

**Concerned about Medicare fraud? Give us a call...**

**PROTECT** your personal information  
**DETECT** suspected fraud, abuse, or errors  
**REPORT** suspicious claims or activities

**Toll-free Helpline: 888-818-2611**  
[www.smpwi.org](http://www.smpwi.org)  
WisconsinSeniorMedicarePatrol



**SMP**  
Senior Medicare Patrol  
Preventing Medicare Fraud



This project was supported, in part by grant number 90MPPG0102-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

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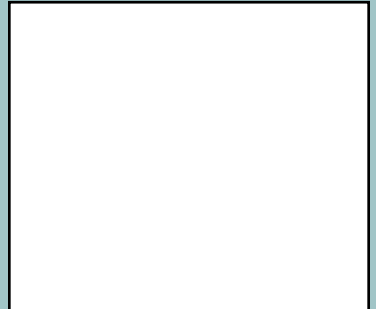
Authorized Provider | SafeStreets | **833-287-3502**



**ACE**

RIPON  
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WAUTOMA  
983 East Plaza Road  
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# MAY MEALS

Meals include menu as is listed and are subject to change.  
 \$5.00 contribution for those age 60+. This is a Green Lake County Elderly  
 Nutrition Meal site. Please call 920-361-5422 at least the day before to  
 order. We serve daily at noon. Cancellations must be made at least the  
 day before.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 Dorothy	3
ALL MEALS INCLUDE / MILK WHOLE GRAIN OR WHITE BREAD & BUTTER		Baked Potato w/ Cheese & Ham Cowboy Beans Spinach Salad Fruit Cocktail	Chicken Enchilada's Garden Blend Wild Rice Garden Salad Watermelon	Tilapia Beets Cheesy Hashbrowns Peaches
6	7 Birthday Meal	8 Betty	9	10
Tatar Tot Casserole Mixed Veg. Spinach Salad Fruit Cocktail	Ham Loaf Sweet Potatoes Green Beans Pears Birthday Cake	Salisbury Steaks w/Caramelized Onions, Gravy & Mashed Potatoes Peas & Carrots Taffy Apple Salad	Beefy Macaroni Casserole Stewed Tomatoes Spinach Salad Fresh Fruit	Fish Sand. Seasoned Tatars Baked Beans Pumpkin Bars
13	14 Betty	15	16 Dorothy	17 Betty
Mama's Pizza Casserole Broccoli Spinach Salad Fruit Cocktail	Chop Suey Asian Veggies Over wild Rice Spinach Salad Fruit In Jell-O	Brats w/ Kraut Cowboy Beans Potato Salad Watermelon	Pork Loin Mashed Potatoes & Gravy Mixed Vegetables Apple Sauce	Spaghetti Cauliflower Spinach Salad Cherry/Berry Fruit Crisp
20	21	22	23 Dorothy	24 Betty
Beef Stroganoff Green Beans Spinach salad Grapes	Meatballs Mashed Potatoes & Gravy Peas & Corn Pineapple Upside Down Cup Cake	Roasted Chicken Mashed Potatoes & Gravy Glazed Carrots Peaches	Lasagna Mixed Veg. Spinach Salad Cherry Southern Salad	Tuscon Cod Coleslaw Cowboy Beans Strawberry Short Cake
27	28 Betty	29	30 Dorothy	31 Betty
CLOSED MEMORIAL DAY  	Creamy Mac & Cheese Stewed Tomatoes Spinach Salad Angel Food Cake W/ Fruit Compo	Parmesan Breaded Chicken Sweet Potatoes Corn & Peas Pears	Bacon, Lettuce & Tomato Sand Broccoli/Caulif. Cold Salad Watermelon	Italian Meat Loaf 3 Bean Bake Twice Baked Potato Fruit Cocktail



# MAY BIRTHDAYS

- |    |                   |    |                    |
|----|-------------------|----|--------------------|
| 1  | Joanne Guden      | 20 | Annette Merryfield |
| 1  | Bob Kasuboski     | 21 | Judy Haase         |
| 2  | Dolores Novak     | 21 | Chuck Kaus         |
| 2  | Gregory Polly     | 22 | Barbara Canales    |
| 4  | Zelma Hall        | 24 | Kristine Schneider |
| 4  | Pat Johnson       | 25 | Sandra Lewis       |
| 4  | Donald Groskreutz | 27 | Beverly Keelor     |
| 5  | Mike Dudek        | 28 | Joan Parsons       |
| 6  | Carol Resop       | 28 | Jane Wegner        |
| 10 | Ron Haase         | 29 | Paula Banaszak     |
| 10 | Chuck Kelm        | 30 | Judy Kastner       |
| 13 | Nancy Winn        |    |                    |
| 13 | Christel Venker   |    |                    |
| 14 | Gary Wegner       |    |                    |
| 14 | Dorene Raabe      |    |                    |
| 15 | Kenneth Fries     |    |                    |
| 16 | Jack Nation       |    |                    |
| 17 | Naomi Leppin      |    |                    |
| 17 | Mike Trampf       |    |                    |
| 19 | Peggy Ferrel      |    |                    |
| 19 | Gerald Jodarski   |    |                    |
| 19 | Rose McGrath      |    |                    |
| 20 | Jill Dittmann     |    |                    |

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## MAY BIRTHDAY MEAL, TUES. MAY 7

The meal will be Ham loaf, sweet potatoes, green beans, pears and birthday cake donated by Whispering Pines Nursing Home in Ripon. Please call at least the day before to sign up.

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**Visit us today:**  
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**1-800-963-0035**

For more information on your long-term care options, contact your local ADRC.

DHS Approved 4/22/2021



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[www.cardinalcapital.us](http://www.cardinalcapital.us)

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**920-361-2552**

[www.brownilcox.org](http://www.brownilcox.org)  
cpapdm@gmail.com

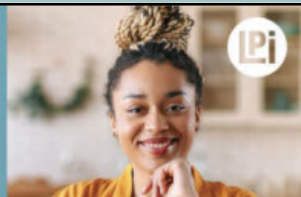
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## JIGSAW PUZZLE

A little silver-haired lady calls her neighbor and says, "Please come over here and help me. I have a killer jigsaw puzzle, and I can't figure out how to get started." Her neighbor asks, "What is it suppose to be when it's finished?"

The little silver haired lady says, "According to the picture on the box, it's a rooster." Her neighbor decides to go over and help with the puzzle. She lets him in and shows him where she has the puzzle spread all over the table. He studies the pieces for a moment, then looks at the box, then turns to her and says, "First of all, no matter what we do, we're not going to be able to assemble these pieces into anything resembling a rooster." He takes her hand and says, "Secondly, I want you to relax. Let's have a nice cup of tea" and then he said with a deep sigh . . . .  
 "Let's put all the Corn Flakes back in the box."

## SPRINGTIME WORD SCRABBLE

1. CCINO DE YAOM \_ \_ \_ \_ \_
2. SENST \_ \_ \_ \_ \_
3. OENEHBEY \_ \_ \_ \_ \_
4. SIPGNR \_ \_ \_ \_ \_
5. THEMRSO ADY \_ \_ \_ \_ \_
6. UIPLT \_ \_ \_ \_ \_
7. EAMRIMLO AYD \_ \_ \_ \_ \_
8. IMNUDBGMIHR \_ \_ \_ \_ \_
9. MLOSOSBS \_ \_ \_ \_ \_
10. LFOARL \_ \_ \_ \_ \_
11. BALEABSL \_ \_ \_ \_ \_
12. IDOLFFDA \_ \_ \_ \_ \_
13. GNPLNTIA \_ \_ \_ \_ \_
14. RAFILNAL \_ \_ \_ \_ \_
15. IEVEHBE \_ \_ \_ \_ \_

# CONTACT INFORMATION

### Senior/Rec. Programming

Director: Rebecca Bays

### Senior Assistant Programming

Coordinator: Jill Dittmann

Head Cook: Deb Mirr

### Chauffeurs and Meal Delivery

Cindy, Diana & Sheri

Meal Delivery Jan & Bill, Deb,

Tim & Nancy, Stan

Hours: Monday thru Friday 8:30 am to 4:00 pm

Phone: (920) 361-5422

Address: 142 Water Street (Just off of North Capron Street)

[www.cityofberlin.net](http://www.cityofberlin.net)

### MISSION STATEMENT

To actively involve, enlighten, enrich, and empower the independence of older adults in our community.

### TRANSPORTATION

Monday thru Friday. Seniors age 55+  
 Hours available: 8-10:30 am & 1:30-4:00 pm

Transportation is funded by Grant 85.21  
 Co-payment for in-town trips are round trip

\$2.00. Call for out of town costs.

Call for out-of-town costs

### NOON MEALS

#### Green Lake County Nutrition Program

Monday through Friday

Meals are served at noon.

\$5.00 contribution for 60+. Under age 60, please inquire for current price. Please call by 4:30 pm the day before to sign up.

For home bound meals call 920-294-4070