

INSIGHT

FEBRUARY 2025

FEBRUARY'S MOODS

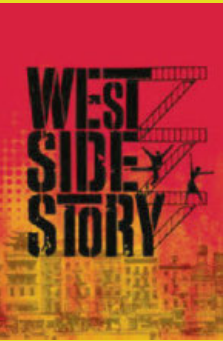
**Old February can't decide
Just what he wants to do
Most of the time he's raining,
But there's snow and blizzards too.
Sometimes he's cold and very nasty,
then he gets so mild!
And gentle tears come trickling down
Quite pleasing to a child.
Guess old February can't
Be helped in any way.
We'll just put up with his wild moods -
And cheer when he goes away!
- Lenare Hetrick**





2025 DAY TRIPS

WEST SIDE STORY at the Fireside Friday, March 21



"From the first notes to the final breath, *WEST SIDE STORY* is a theatrical event not to be missed. Shakespeare's *Romeo and Juliet* is transported to modern-day New York City as two young lovers find themselves caught between warring street gangs. Their struggle to survive in a world of hate, violence, and prejudice is one of the most innovative, heart-wrenching, and relevant musical dramas of our time."

Cost is \$145 per person which includes gratuity. Meal choices are: Coconut Chicken, Seared Halibut, Sliced Pork Tenderloin, Veggie option is Vegetarian stuffed bell pepper. ****Deadline for signing up is Monday, Feb.17.****

MILWAUKEE BREWERS GAME Wednesday, April 2, 2025



Cost is \$160.00 per person. This includes the ticket, transportation. We will be located in the Toyota Territory located on the field level about the right center field wall. Buffet includes: Johnsonville bratwursts with sauerkraut, Vienna Beef hot dogs with onions, griller burgers, chicken tenders, side salads, mac & cheese, kettle chips, assorted cookies and unlimited soft drinks. Each ticket comes with a complimentary Molson Coors domestic beers per adult. Buffet begins 60 minutes prior to first pitch & concludes 2 hours after first pitch.

****BEST SEATS IN THE STADIUM****

PACKER TOUR

Thursday, September 18



Cost is \$120.00 Come join us for a tour of Lambeau Field. The trip starts with a 90 minute tour of Lambeau Field Atrium, East Side Premium Seating; End Zone Rooftop, End Zone Clubs and Team Tunnel and Sideline. Lunch will be at Lambeau field consisting of a roasted turkey buffet. After lunch, we will be touring the Hall of Fame and have a chance to go into the Pro Shop. After leaving

Lambeau Field, we will be stopping at Seroogy's chocolate for goodies. There will be no tour at Seroogy's ****Deadline for signing up is Thursday, September 4****

MORE UPCOMING TRIPS

Fri. Aug. 15
Little Mermaid
At the Fireside

Fri. Oct. 3:
Oklahoma at The
Fireside

**MANY MORE
TO COME!!**

Please note our policies for day trips in 2025

Trip Registration: To check availability of seats on a day trip, you can call the Senior Center at 920-361-5422 or stop in. Payment is due in full at the time of signing up. Only cash or check is accepted (no debit or credit cards).

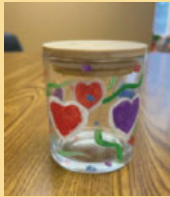
Cancellations & refunds: If you need to cancel, please call the Senior Center office as soon as possible. Names will not be taken off the trip list unless the office is notified by the person who is canceling. We will make every attempt to fill your spot from a name on the waiting list (if we have one). If you have somebody that will be able to take your spot, please let the Senior Center know at the time of canceling. You are responsible for your spot unless either you notify the Senior Center you have a replacement or we have a waiting list.

The Senior Center makes payments to vendors in advance, and we are often unable to recover expenses after they have been paid. If you must cancel and we cannot find a replacement, you are still responsible for the trip's cost.

CRAFTING W/BECCA

Place: Senior Center
Date: Wed. Feb 12
Time: 1:00 pm
Cost: \$5.00 payable at the time of the class

We will be decorating a glass jar and making a candle to go inside.



CARDMAKING W/ JUDY

Place: Senior Center
Date: Tues. Feb 25
TIME: 1:00 pm
COST: \$10.00 at the time of class.

TAX ASSISTANCE

Unfortunately we were unable to set up tax assistance at the senior center. You can contact CAP Services at 1-800-660-5430 for further assistance

STEPPING ON

One in four people age 65 or older has a fall each year. Don't be one of them! Take a stepping on workshop!



Where: Berlin Senior Center
When: Every Tuesday
April 1-May 13 from 1-3 pm

To register call Aging and Disability Resource Center at 920-787-6666

AARP DRIVING CLASS

Place: Senior Center
Date: April 9, 2025
Time: 9am to 1 pm

\$20.00 for members
\$25.00 for non-members
Call the Senior Center for more information

FRIENDS OF THE BERLIN SENIOR CENTER wishes everybody a Happy Valentines Day!
Next meeting is Mon. March 10



THE DINING CLUB

Place: El Charro, Berlin
Date: Thurs, Jan. 9
Time: 5:00 pm

Games will follow the meal. Call 920-361-5422 to sign up by Jan. 6.

Wyndgate on Market Square
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PERSONS WITH A DISABILITY

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ACTIVITIES



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Key Colors: Green: exercise Purple: new classes Orange: arts & craft Blue: card games Brown: music Red: special events Black: general activity</p>		<p>9:00: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage</p> <p>11:00: Berlin Singers - practice</p>	<p>10:30: Exercise w/ Judy 12:30: Sheepshead 12:45: Bridge Call Gerene 920-361-3323</p>
<p>3 9:00: Pre-Diabetes 10:30—noon blood pressure screening 10:30: Exercise w/ Judy 12:30: Sheepshead</p>	<p>4 10:00: Harmonic 11:15: Chair Yoga</p> <p>1:00: Diamond Painting</p>	<p>5 10:30: Exercise w/ Judy</p>	<p>6 9:00: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage Foot Care Clinic 1:00: Berlin Singers - practice 5:00: Dining Club—El Charro</p>	<p>7 10:30: Exercise w/ Judy 12:30: Sheepshead 12:45: Bridge Call Gerene 920-361-3323</p>
<p>10 10:30: Exercise w/ Judy 10:30: Vet's Meeting 12:30: Sheepshead</p>	<p>11 10:00: Harmonic 11:15: Chair Yoga</p>	<p>12 10:30: Exercise w/ Judy</p>	<p>13 9:00: Pre-Diabetes 9:00: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 1:00: Berlin Singers—Juliet Manor</p>	<p>14 10:30: Exercise w/ Judy 12:30: Sheepshead 12:45: Bridge Call Gerene 920-361-3323</p>
<p>17 10:30: Exercise w/ Judy 12:30: Sheepshead</p>	<p>18 10:00: Harmonic 11:15: Chair Yoga</p>	<p>19 9:00: Pool League Berlin</p> <p>9:00 Coffee Klatch 10:30: Exercise w/Judy</p> <p>1:00: Crafting w/ Becca</p>	<p>20 9:00: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 1:00: Berlin Singers—Prairie Place Foot Care Clinic</p>	<p>21 9:00: Painting w/ Amanda 10:30: Exercise w/ Judy 12:30: Sheepshead 12:45: Bridge Call Gerene 920-361-3323</p>
<p>24 9:00: Pre-Diabetes 10:30—noon: blood pressure screening 10:30: Exercise w/ Judy 12:30: Sheepshead</p>	<p>25 10:00: Harmonic 10:00: Committee on Aging 11:15: Chair Yoga 1:00: Cardmaking w/Judy</p>	<p>26 10:30: Exercise w/ Judy</p>	<p>27 9:00: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 1:00: Berlin Singers—Omro Care</p>	<p>28 10:30: Exercise w/ Judy 12:30: Sheepshead 12:45: Bridge Call Gerene 920-361-3323</p>

NEW ACTIVITIES

COFFEE KLATCH Wednesday, February 26

Coffee Klatch, is just the place to get together. A Coffee Klatch is defined as "a social gathering where people meet for coffee and information conversation." Join us on Wed. February 26 at 9am to enjoy coffee, treats, and friendly conversation. Bring someone with you or come by yourself. It is a great opportunity to meet new people with similar interests! Please call 920-361-5422 to sign up or if you have any questions. Walk-ins welcome!

DIAMOND PAINTING Tuesday, February 4

Do you like to paint by number but hate dealing with the mess of paint? Why not try diamond painting. Diamond painting is defined as "a craft that involves applying small resin rhinestones, also known as "diamonds", to a pre-printed design on an adhesive canvas to create a mosaic-style artwork. It's a combination of cross-stitch and paint-by-number" Join Jill on Tuesday, February 4 for an instructional class on how diamond painting works. We will provide a small diamond painting canvas to try out. The cost for the class is \$5.00 due at the time of the class. If you have your own diamond painting canvas kit, you can bring that along with you. Please call the Senior Center at 920-361-5422 to sign up. If you are curious what diamond painting looks like, you can stop in at the senior center anytime during business hours as we have several finished ones and one that Jill is working on.



When there is snow and ice
WALK LIKE A PENQUIN
Walk slowly with your arms out to the side

What's warm for one, is not for another!
It is hard to maintain room temperature to please everyone so please bring a sweater!

Do you know
how to report Medicare fraud?

PROTECT your personal information
DETECT suspected fraud, abuse, or errors
REPORT suspicious claims or activities

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www.smpwi.org
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FEBRUARY MEALS

Meals include menu as is listed and are subject to change.
\$5.00 contribution for those age 60+. This is a Green Lake County Elderly Nutrition Meal site. Please call 920-361-5422 at least the day before to order. We serve daily at noon. Cancellations must be made at least the day before.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
ALL MEALS INCLUDE MILK, WHOLE GRAIN OR WHITE BREAD & BUTTER	ALL SALADS INCLUDE CARROTS, TOMATOES, CUCUMBERS & DRESSING			
3	4	5	6	7
Mac & Cheese Stewed Tomatoes Spinach Salad Mandarin Oranges Peanut Butter Cookies	Salisbury Steaks w/ Caramelized Onions Mashed Potatoes & Gravy Peas & Corn Taffy Apple Salad	Parmesan Breaded Chicken Sweet Potatoes Green Beans Peaches	BBQ Pulled Pork Sandwich Potato Salad Calico Beans Lemon Blueberry Bundt Cake	Chop Suey Asian Stir Fry Veg. Garden Blend Wild Rice Spinach Salad Fresh Fruit
10	11 BIRTHDAY MEAL	12	13	14
Grilled Cheese Sandwich Stewed Tomatoes Spinach Salad Peach Crisp	Beef Tips Mashed Potatoes & Gravy Corn Fruit Cocktail Cake 	Loaded Baked Potato W/ Ham Cowboy Beans 7 Layer Salad Peaches	Chicken Alfredo Sweet Potatoes Spinach Salad Pears Jell-O W Fruit	Spaghetti W/Meat Sauce Broccoli Spinach Salad Strawberry Shortcake
17	18	19	20	21
Chili w/ Beef & Beans Spinach Salad Apricots Corn Bread w/ Honey Butter	Meats Balls Mashed Potatoes Gravy Green Beans Cherry Southern Salad	Roasted Chicken Mashed Potatoes Gray Mixed Veggies Pears	Lasagna Calif. Blend Veggie Spinach Salad Fruit Cocktail	Breaded Fish Sandwich Baked Beans Coleslaw Peaches Carrot Cake
24	25	26	27	28
Sloppy Joes Cole Slaw Seasoned Baby Red Potatoes Apple Crisp	Pork Loin Mashed Potatoes & Gravy Corn Strawberry Shortcake	Hot Ham Sandwich 3 Bean Bake Broccoli/Cauliflower Cold Salad Fresh Fruit	Meat loaf Baby Baker Mixed Veggies Mandarin Orange Fluff	Tilapia Sweet Potatoes Cheesy Tots Spinach Salad Mixed Fruit

Happy Birthday to you!
Happy Birthday to you!
Happy Birthday to February birthdays!
Happy Birthday to you!

The following have birthdays this month! Please reach out and wish them a happy birthday!

1	Daniel Bucket	13	Lill Sears
2	Karen Saunders	15	Diane Nowak
3	Gerald Buttke	15	Janice Roeder
6	Clare Bauer	16	Kay Kollat
6	Cathy Herbst	21	Jane Seiler
6	Jane Suleski	21	Charmaine Neitzke
7	Diane Gross	22	Kim Kaatz
9	Kristine Clausing	24	James Jodarski
9	Charlotte Schram	24	Larry Gardner
9	Elaine Petraszak	26	Allen Tetzke
9	Joyce Doro	28	Nancy Fibiger



Thank you to Whispering Pines for supplying the birthday cake each month.

How is the moon like dentures?

Both come out at night.



RD

FREE BLOOD PRESSURE SCREENING

Nancy Gimenez from Green Lake will be at the Berlin Senior Center on Monday, February 3 and 24 from 10:30 to noon to do blood pressure screenings.



My Choice Wisconsin is a managed care organization that serves government-funded programs to seniors and adults with disabilities in over 50 Wisconsin counties.

Visit us today:
mychoicewi.org/LPI
1-800-963-0035

For more information on your long-term care options, contact your local ADRC.

DHS Approved 4/22/2021



Wills, Trusts, Powers of Attorney

Contact John Blazel for your Estate Planning Needs.

118 N. Pearl Street, Berlin 361-1777



ASSISTED LIVING
 347 E Huron Street | Berlin, WI 54923

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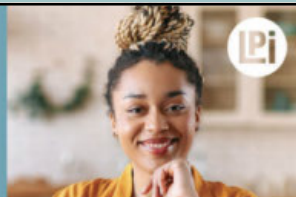
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165 W Huron St, Berlin, WI 54923



KAREN SCHWEIGERT
 Medicare Specialist
 920-229-4044
karen.schweigert@gmail.com



FEBRUARY JOKE

Betty, a sweet little old lady with a sunny disposition, had been living a contented life-except for one small issue that recently emerged.

One day she visited her doctor and said "Doctor, I have a bit of a gas problem. It doesn't bother me much though. My farts are always silent and don't smell at all."

The doctor raised an eyebrow, intrigued, "is that so?"

Betty nodded earnestly. "Absolutely! In fact, I've probably farted about 20 times since I've been sitting here and you didn't even notice because they're silent and odorless."

The doctor, suppressing a smile, replied, "I see. Here, take these pills and come back next week."

Betty followed the instructions faithfully, but over the next few days, she noticed an alarming change. When she returned to the doctor, she was visibly upset.

"Doctor" she exclaimed, "I don't know what was in those pills, but now my farts, though still silent, smell absolutely horrible!"

The doctor smiled and said, "Excellent! Now that we've cleared up your sinuses, let's work on your hearing."

ARROW	FRIENDS	PARTY
CHILI DAY	KINDNESS	SUPER BOWL
CHOCOLATE	LEAP YEAR	SWEETHEART
CUPID	LOVE	VALENTINES
FEBRUARY	MARDI GRAS	WINTER
FLOWERS	NUTELLA	PRESIDENTS DAY
CHINESE NEW YEAR	GROUNDHOG DAY	

S C H O C O L A T E F R W D L O C Y
R U R A U Y M J P A A E K X T N A A
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W F R I E N D S P S G E L K B T O R
C H Y A D G O H D N U O R G O O W R

CONTACT INFORMATION

Senior/Rec. Programming

Director: Rebecca Bays

Senior Assistant Programming

Coordinator: Jill Dittmann

Head Cook: Deb Mirr

Chauffeurs and Meal Delivery

Cindy, Diana & Sheri

Meal Delivery Deb, Tim & Nancy, Stan

Hours: Monday thru Friday 8:30 am to 4:00 pm

Phone: (920) 361-5422

Address: 142 Water Street (Just off of North Capron Street)

www.cityofberlin.net

No membership fee to join

TRANSPORTATION

Monday thru Friday. Seniors age 55+

Hours available: 8-10:30 am & 1:30-4:00 pm

Transportation is funded by Grant 85.21

Co-payment for in-town trips are round trip \$2.00.

NOON MEALS

Green Lake County Nutrition Program

Monday through Friday

Meals are served at noon.

\$5.00 contribution for 60+. Under age 60, please inquire for current price. Please call by 4:30 pm the day before to sign up.

For home bound meals call 920-294-4070

MISSION STATEMENT

To actively involve, enlighten, enrich, and empower the independence of older adults in our community.

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