

INSIGHT

MAY 2025

APRIL SHOWERS BRINGS
THE

MAYFLOWER



Publication of the Berlin Senior Center
Free—Please take one and enjoy or view at cityofberlin.net/senior-center



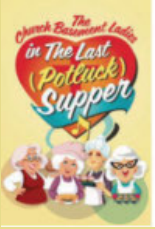
2025 DAY TRIPS



NEW TRIP

CHURCH BASEMENT LADIES IN THE LAST POTLUCK SUPPER at the Fireside

Friday, July 18



"It is 1979, the day of the church's Centennial Celebration, and past parishioners have gathered to share hot dish, bars, and stories from the last 100 years. As the women work in the kitchen, shared memories burst into life through a series of flashbacks. Travel back to

1897 and meet Vivian's grandmother; see Karin as a newlywed cautiously navigating the politics of the kitchen; and be there in 1944 when Mavis first barreled her way through the door. The Centennial Celebration is bittersweet. Times are tough in this small farm community, and hard decisions will have to be made."

Cost is \$145.00 per person which includes gratuity. Meal choices are: 1) braised pork belly, 2) supreme cut chicken breast, 3) Thai grilled shrimp and 4) vegetarian cacciatore

****Sign up cutoff is June 16****

Door County Trolley Tour

Thursday, June 26

Experience what Door County has to offer. We will be riding on a trolley to several sites in the Door County area. Stops include

- ◇ Wood Orchard Roadside Market
- ◇ Private, guided tour through one of Door County's lighthouses situated on a bluff overlooking the Strawberry Islands
- ◇ Head to lunch at the English Inn for a private lunch and dessert
- ◇ Experience unmatched views atop 225 foot limestone bluffs overlooking the islands and bay

◇ Enjoy wine tasting at Door County Winery
Cost is \$140.00 per person (includes everything except if you wish to purchase extras.)

****Deadline to sign up is June 6****

TIMBER RATTLERS

Wed. August 13

Cost is \$50.00.



Join us for an afternoon of baseball at Neuroscience Group Field in Appleton against the Great Lakes Loons. Age 55 plus includes a Timber Rattlers hat and a voucher for a hot dog or brat and beverage.

****Sign up cutoff is August 12.****

HISTORY TRIP

Thurs. June 5



Cost is \$55.00 per person. The trip starts with a 90 minute tour of the Octagon House in Watertown. Lunch will be at Jones Market and the afternoon will be at the Milton House and Underground Railroad in Milton. Meal choices are 1) pulled pork sandwich, 2) grilled ham & cheese sandwich, 3) cheddar Ranch BLT. Ice cream choice scoop of 1) French vanilla, 2) midnight dark chocolate, 3) pecan praline.

****Deadline cutoff is May 23****



OKLAHOMA! at the Fireside Friday, October 3

"It's an American classic! This bright, brassy, boisterous musical comedy is filled with

colorful costumes, breathtaking dancing, side-splitting humor"

Cost is \$145.00 per person which includes gratuity. Meal choices are:

- 1) Chicken Florentine, 2) Baked Almond Crusted Cod, 3) Beef Short Rib and 5) Vegetarian Manicotti with Red Sauce.

****Deadline is August 27****

Payment is due at the time of signing up. Stop in at the Senior Center M-F between 8:30 am and 4:00 pm to sign up.

PACKER TOUR

Thursday, September 18

Cost is \$120.00 The trip starts with a 90 minute tour of Lambeau Field Atrium, East Side Premium

Seating, End Zone Rooftop, End Zone Clubs, Team Tunnel and Sideline. Lunch will be at Lambeau Field consisting of a roasted turkey buffet. After lunch, we will be touring the Hall of Fame and have a chance to go into the Pro shop. After leaving Lambeau Field, we will be stopping at Seroogy's chocolate for goodies.

****Sign up cutoff is September 4****

Class/Activity	Days	Times	Cost	Class/Activity	Days	Times	Cost
Arts & Crafts				Misc cont.			
Cardmaking w/Judy	4th Tues	1:00 pm	\$10.00	Pool League	Call for dates	8:30 am	No Cost
Crafting w/Becca	3rd Wed.	1:00 pm	\$ 5.00	Singers	Thursdays 1st Thurs practice	2:00 pm 1:00 pm	No Cost
Diamond Painting	1st Tues.	1:00 pm	\$ 5.00	Veterans	2nd Monday	10:30 am	No cost
Painting w/Amanda	varies	9:00 am	\$ 5.00	Weight Loss	Thursday	10:30 pm	No cost
Quilters	Thursday	9:00 am	No cost	Classes			
Cards & Board Games				Stepping on	Tuesday	1-3 pm	donation
Bridge	Friday	12:45	No cost	Falling Asleep & Staying Asleep	Wed. May 14	10:00 am	No cost
Cribbage	Thursday	12:30	No cost	SERIES OF UPCOMING INFORMATIONAL CLASSES			
Farkle	3rd Monday	1:00 pm	No cost				
Sheepshead	Mon.& Fri.	12:30 pm	No cost	Healthy Smoothies	June 11	10:00 am	
Exercise				Brain Bootcamp	July 9	10:00 am	
Chair Yoga	Tues. & Thurs.	11:15 am	No cost	Hospice Care	August 13	10:00 am	
Exercise w/Judy	Mon. Wed. & Fri	10:30 am	No cost	Habits of Happy People	Sept. 10	10:00 am	
Misc.				Crock Pot Class	Oct. 8	10:00 am	
Dining Club	2nd Thurs.	4:30 pm	Pay own meal	1 on 1 Technology	2nd Wed.	1:00 pm	
Footcare Call 920-637-0754	2nd & 4th Thurs	All day	\$	Call Senior Center at 920-361-5422 to sign up.			



Community Care

Set your independence in motion. It starts with a community that cares.

Contact your local Aging and Disability Resource Center (ADRC) at 844-WIS-ADRC (844-947-2372) to learn more about long-term care options in your area.



Call 866-992-6600 for additional information





ACTIVITIES



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Key Colors: Green: exercise Purple: new classes Orange: arts & craft Blue: card games Brown: music Red: special events Black: general activity</p>			<p>1</p> <p>9:00: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 1:00: Berlin Singers—Practice</p>	<p>2</p> <p>10:30: Exercise w/ Judy 12:30: Sheephead 12:45: Bridge Call Gerene 920-361-3323</p>
<p>5</p> <p>10:30: Exercise w/ Judy 12:30: Sheephead</p>	<p>6</p> <p>11:15: Chair Yoga 1:00 Stepping On 1:00: Diamond Painting</p>	<p>7</p> <p>10:30: Exercise w/ Judy</p>	<p>8</p> <p>Foot Care Clinic 9:00: Quilters 9:00: Pre-Diabetes 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 2:00: Berlin Singers - Heartland House 5:00 Dining Club—Fin & Feather</p>	<p>9</p> <p>10:30: Exercise w/ Judy 12:30: Sheephead 12:45: Bridge Call Gerene 920-361-3323</p>
<p>12</p> <p>10:30: Vet's Meeting 10:30: Exercise w/ Judy 12:30: Sheephead</p>	<p>13</p> <p>11:15: Chair Yoga 1:00 Stepping On</p>	<p>14</p> <p>10:00 Falling Asleep & Staying Asleep 10:30: Exercise w/ Judy 1:00 1 on 1 Technology</p>	<p>15</p> <p>9:00: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 2:00: Berlin Singers—Prairie Place</p>	<p>16</p> <p>10:30: Exercise w/ Judy 12:30: Sheephead 12:45: Bridge Call Gerene 920-361-3323</p>
<p>19</p> <p>10:30: Exercise w/ Judy 12:30: Sheephead 1:00: Farkle</p>	<p>20</p> <p>11:15: Chair Yoga</p>	<p>21</p> <p>10:30: Exercise w/Judy</p>	<p>22</p> <p>Foot Care Clinic 9:00: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 2:00: Berlin Singers—Patriots Place</p>	<p>23</p> <p>10:30: Exercise w/ Judy 12:30: Sheephead 12:45: Bridge Call Gerene 920-361-3323</p>
	<p>27</p> <p>10:00: Committee on Aging 11:15: Chair Yoga 1:00: Cardmaking w/Judy</p>	<p>28</p> <p>10:30: Exercise w/Judy</p>	<p>29</p> <p>9:00: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 1:00: Berlin Singers—Brown Wilcox</p>	<p>30</p> <p>10:30: Exercise w/ Judy 12:30: Sheephead 12:45: Bridge Call Gerene 920-361-3323</p>



1ST ANNUAL PARKING LOT PARTY

WHEN: THURSDAY, JUNE 19

TIME: 11:30 AM

PLACE: BERLIN SENIOR CENTER PARKING LOT

We will be grilling hamburgers with all the fixings. There will be a signup sheet for bringing dishes to pass. The party will include music, games, 50/50 raffle, ice cream sundae bar and lots of fun. Please mark your calendar and plan on joining us. ****Please note event is being held in our parking lot with a weather location inside the building.****



Friends of the Berlin Senior Center

The Friends are looking for ideas regarding what you would like to see done at the Senior Center in 2026 i.e. overnight trips, going to the casino, etc. A box will be in the assistant's office to write down your ideas. Please stop in and voice your opinion. **Please note the activities the Friends host are separate from the activities the Senior Center hosts.** The next meeting will be Monday, June 9 at 1:00

TECH TIME W/ANDY

May 14 from 1-4

Sign up for Technology 1 on 1. Bring your phone, your tablet and your questions. You may want to bring a notebook and pen to write down any helpful tips from the appointment. Time slots every half hour. Please call the Senior Center at 920-361-5422 to sign up.

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REPORT suspicious claims or activities

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Wisconsin Senior Medicare Patrol



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City of Berlin Senior Center, Berlin, WI

B 4C 01-1434

MAY MEALS

Meals include menu as is listed and are subject to change.
\$5.00 contribution for those age 60+. This is a Green Lake County Elderly Nutrition Meal site. Please call 920-361-5422 at least the day before to order. We serve daily at noon. Cancellations must be made at least the day before.

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
ALL MEALS INCLUDE MILK BUTTER & WHEAT OR WHOLE GRAIN BREAD	ALL SALADS INCLUDE/ TOMATOES, CARROTS, CUCUMBERS, DRESSING, SPINACH		Hamburger w/All The Fix Ins 3 Bean Bake Crinkle Fries Mandarin oranges	Tilapia Sweet Potatoes Cheesy Hashbrowns Peaches Choc. Bundt Cake
5	6	7	8	9
Tatar Tot Casserole Mixed Veggies Spinach Salad Fruit Cocktail Chocolate Mousse	Spaghetti Cauliflower Spinach Salad Cherry/Berry Fruit Crisp	Loaded Baked Potato W/ Cheese & Ham Cowboy Beans 7 Layer Salad Peaches	Salisbury Steaks w/ Caramelized Onions Gravy & Mashed Potatoes Peas & Carrots Fruit Fluff	Fish Sandwich French Fries Baked Beans Pumpkin Bars
12	13 Birthday Meal	14	15	16
Mama's Pizza Casserole Broccoli Spinach Salad Fresh Fruit	Roasted Chicken Mashed Potatoes & Gravy Glazed Carrots Peaches Birthday Cake 	Brats w/ Kraut Cowboy Beans Potato Salad Watermelon Rice Crispy Treats	Chicken Enchiladas Garden Bl. Wild Rice Spinach Salad Mandarin Orange Fluff	Potato Crusted Cod Coleslaw Seasoned Tatar Tots Pineapple Brownies
19	20	21	22	23
Creamy Mac & Cheese Stewed Tomatoes Spinach Salad Angel Food Cake W/ Fruit Compo.	Meatballs Mashed Potatoes & Gravy Peas & Corn Pineapple Upside Down Cup Cake	Ham Loaf Sweet Potatoes Green Beans Pears	Lasagna Mixed Veggies Spinach Salad Cherry Southern Salad	Tuscan Cod Coleslaw Cowboy Beans Strawberry Short Cake
26 Memorial Day	27	28	29	30
 MEMORIAL DAY OUR OFFICES WILL BE CLOSED 05/26/25	Parmesan Breaded Chicken Sweet Potatoes Corn & Peas Pineapple Pistachios Fluff	Bacon, Lettuce & Tomato Sandwich Broccoli/Cauliflower Cold Salad Watermelon Peanut Butter Cookies	Italian Meat Loaf 3 Bean Bake Twice Baked Potato Fruit Cocktail	Chicken Salad Sandwich 7 Layer Salad Grapes Lemon Blueberry Cheese Cake

*The following have birthdays in May
Please reach out and wish them a
HAPPY BIRTHDAY!*

1 Joanne Guden	17 Mike Trampf
1 Bob Kasuboski	18 Rita Chicks
2 Dolores Novak	19 Peggy Ferrel
2 Bill Weiss	19 Gerald Jodarski
2 Gregory Polly	19 Rose McGrath
4 Zelma Hall	19 Gerald Bella
4 Pat Johnson	20 Jill Dittmann
5 Mike Dudek	20 Annette Merryfield
6 Carol Resop	21 Judy Haase
10 Chuck Kelm	21 Chuck Kaus
10 Shelly Chikowski	22 Barbara Canales
10 Miriam Henker	22 Delight Caylor
13 Nancy Winn	25 Sandra Lewis
13 Christel Venker	27 Beverly Keelor
14 Gary Wegner	28 Joan Parsons
14 Doreen Raabe	28 Jane Wegner
15 Kenneth Fries	29 Paula Banaszak
16 Jack Nation	30 Judy Kastner
16 Bonnie Heid	31 Carol Rohde
17 Naomi Leppin	





A BIG THANK YOU!

A big Thank you to the Mighty Oaks 4H for their donation to the meals on wheels homebound for Easter. Also a big thank you to Fairborn/Jolly J's HCE Club of Berlin for the cupcakes, All Saints for the cards and Friends of the Berlin Senior Center for the eggs with candy. All donations are greatly appreciated.

MAY BIRTHDAY MEAL

The May birthday meal will be on Tuesday, May 13. The meal will consist of Roasted Chicken, Mashed Potatoes & Gravy, Glazed Carrots, Peaches and Birthday Cake donated by Whispering Pines from Ripon.

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is a managed care organization that
serves government-funded programs
to seniors and adults with disabilities
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Visit us today:
mychoicewi.org/LPI
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For more information on your long-term care
options, contact your local ADRC.

DHS Approved 4/22/2021



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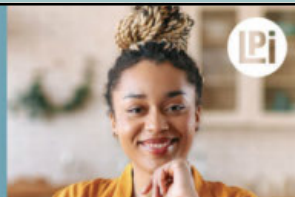
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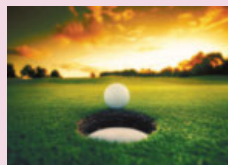
City of Berlin Senior Center, Berlin, WI

C 4C 01-1434

MAY JOKE

A guy was playing golf one day and got lost. He saw a lady ahead of him and asked "Can you please help me? I don't know what hole I'm on." She looked at her score card and said, "You're one hole behind me. I'm on 7; you're on 6." He thanked her and continued playing. Later, he got lost again. Seeing the same lady, he approached her, a little embarrassed. "I'm sorry to bother you again, but I'm lost. Can you tell me what hole I'm on?" She smiled and said "You're still one hole behind me. I'm on 14; you're on 13." He thanked her again and finished his game. Later, at the clubhouse, he saw her at the bar and offered to buy her a drink as a thank you. As they talked, he asked what she did for a living. "I'm in sales," she said. "No kidding! Me too," he replied. "What do you sell?" She hesitated. "It's a little embarrassing..." After some coaxing, she finally said. "I sell sanitary napkins." He immediately burst into laughter and fell off his chair. Annoyed, she said, "You promised you wouldn't laugh!" Still wiping away tears, he gasped, "I'm sorry, I couldn't help it . . . I sell toilet paper."

I'm still one hole behind you!



MAYFLOWER TRIVIA

Two ships were originally scheduled to bring the group to America; the Speedwell and the Mayflower. The Speedwell developed leaks and the group had to turn back twice so it was decided to put all the passengers on the Mayflower. The ship finally left England on September 6, 1620. There were 102 passengers aboard and a crew of 30. A boy "Oceanus" was born during the voyage. Only one person died during the voyage. After traveling 2,750 miles at an average speed of 2 mph and after more than two months at sea, the Mayflower anchored in what is now Provincetown Harbor on November 11, 1620. Of the 102 passengers, only 29 are currently known to have descendants.



Senior/Rec. Programming

Director: Rebecca Bays

Senior Assistant Programming

Coordinator: Jill Dittmann

Head Cook: Deb Mirr

Chauffeurs and Meal Delivery

Cindy, Diana & Sheri

Meal Delivery Deb, Tim & Nancy, Stan

Hours: Monday thru Friday 8:30 am to 4:00 pm

Phone: (920) 361-5422

Address: 142 Water Street (Just off of North Capron Street)

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No membership fee to join

TRANSPORTATION

Monday thru Friday. Seniors age 55+

Hours available: 8-10:30 am & 1:30-4:00 pm

Transportation is funded by Grant 85.21

Co-payment for in-town trips are round trip \$2.00.

NOON MEALS

Green Lake County Nutrition Program

Monday through Friday at noon

\$5.00 contribution for 60+. Under age 60, please inquire for current price. Please call by 4:30 pm the day before to sign up.

For home bound meals call 920-294-4070

MISSION STATEMENT

To actively involve, enlighten, enrich, and empower the independence

Day Trips

Cancellations & refunds: If you need to cancel, please call the Senior Center office as soon as possible. If you have somebody that will be able to take your spot, please let the Senior Center know as soon as possible. You are responsible for your spot unless either you notify the Senior Center you have a replacement or we have a waiting list. **If you must cancel and we cannot find a replacement, you are still responsible for the cost.**

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