



INSIGHT

OCTOBER 2025



Publication of the Berlin Senior Center
Free—Please take one and enjoy or view at cityofberlin.net/senior-center

OKLAHOMA! at the Fireside Friday, October 3

Itinerary:

8:15 Arrive at Walmart
8:30 am Depart Walmart
10:30 am Arrive at Fireside
11:15 am Lunch
1:30 pm Show
6:15 pm Arrive back at Walmart

TRIPS ARE BEING PLANNED FOR 2026.
STAY TUNED!



Past trip highlights



Class/Activity	Days	Times	Cost	Class/Activity	Days	Times	Cost
Arts & Crafts				Misc.			
Cardmaking w/ Judy	4th Tues	12:30 pm	\$10.00	COA	4th Tues	10:00 am	No cost
Crafting w/Anne	3rd Wed.	1:00 pm	\$5.00	Dining Club	2nd Thursday	5:00 pm	\$
Diamond Painting	1st Tues	1:00 pm	\$5.00	Footcare	2nd & 4th Thurs.	All day	\$
Painting Together	Varies	9:30 am	\$5.00	Call 920-637-0754			
Quilters	Thursday	9:30 am	No cost	Harmonic	Tues.	10:00 am	No cost
Woodcarvers	Wednesday	9:30 am	No Cost	Pool League	Even months At Berlin on 3rd Wed. Odd months at Wautoma on 3rd Thurs.	9:30 am 8:30 am	No cost No cost
Cards & Games				Singers	Thursdays 1st Thurs practice	2:00 pm 1:00 pm	No cost
Bridge	Friday	noon	No cost	Veterans Group	2nd Monday	10:30 am	No cost
Cribbage	Thursday	12:30 pm	No cost	Weight Loss	Thursday	10:30 am	No cost
Farkel	3rd Monday	1:00 pm	No Cost	Classes			
Sheepshead	Mon & Fri	11:30 am	No Cost	Stand Up	Every Wednesday Sept. 24—Oct. 15	1-2:30 pm	
Exercise							
Chair Yoga	Tues & Thurs	11:15 am	No cost				
Exercise w/Judy	Mon Wed Fri	10:30 am	No Cost				



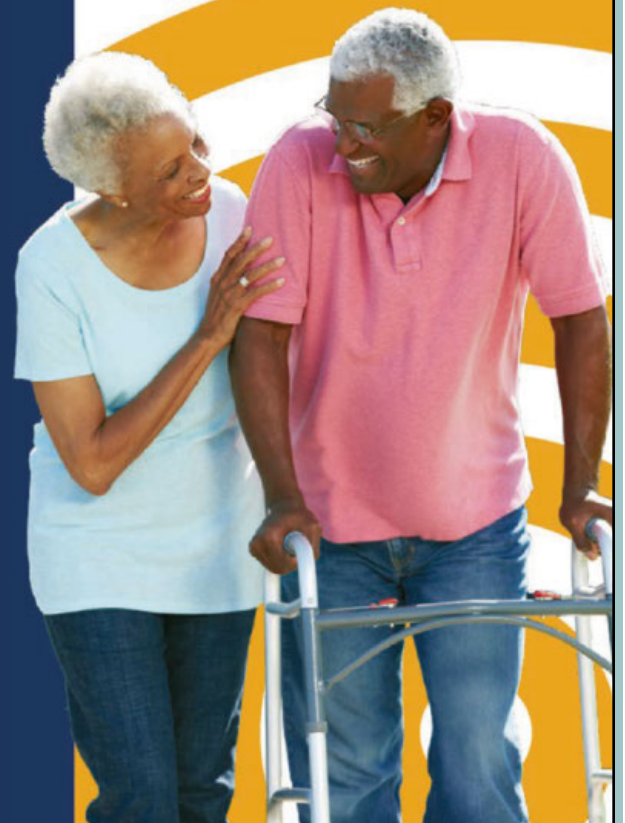
Community Care

Set your independence in motion. It starts with a community that cares.

Contact your local Aging and Disability Resource Center (ADRC) at 844-WIS-ADRC (844-947-2372) to learn more about long-term care options in your area.



Call 866-992-6600 for additional information





ACTIVITIES



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Key Colors: Green: exercise Purple: new classes Orange: arts & craft Blue: card games Brown: music Red: special events Black: general activity		1 9:30 Woodcarvers 10:30: Exercise w/ Judy 1:00 Stand up and Move More	2 9:30: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 1:00: Berlin Singers—Practice	3 10:30: Exercise w/ Judy 11:30: Sheepshead 12:00: Bridge Call Gerene 920-361-3323
6 10:30: Exercise w/ Judy 11:30: Sheepshead	7 10:00: Harmonic 11:15: Chair Yoga 1:00 Diamond Painting	8 9:30 Woodcarvers 10:30: Exercise w/ Judy 1:00 Stand up and Move More	9 Foot Care Clinic 9:30: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 2:00: Berlin Singers—Heartland, Wautoma 4:30 Dining Club—Adam's Rib	10 10:30: Exercise w/ Judy 11:30: Sheepshead 12:00: Bridge Call Gerene 920-361-3323
13 10:30: Vet's Meeting 10:30: Exercise w/ Judy 11:30: Sheepshead	14 10:00: Harmonic 11:15: Chair Yoga	15 9:30 Pool - Berlin 9:30 Woodcarvers 10:00 Mahjong 10:30: Exercise w/ Judy 1:00 Stand up and Move More	16 9:30: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 2:00: Berlin Singers—Brown-Wilcox	17 9:30 Painting Together 10:30: Exercise w/ Judy 11:30: Sheepshead 12:00: Bridge Call Gerene 920-361-3323
20 10:30: Exercise w/ Judy 11:30: Sheepshead 1:00: Farkle	21 10:00: Harmonic 11:15: Chair Yoga 1:00 Medicare 101	22 9:30 Woodcarvers 10:30: Exercise w/ Judy 12:30 Crafting w/ Anne	23 Foot Care Clinic 9:30: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 2:00: Berlin Singers—Copperleaf, Ripon	24 10:30: Exercise w/ Judy 11:30: Sheepshead 12:00: Bridge Call Gerene 920-361-3323
27 10:30: Exercise w/ Judy 11:30: Sheepshead	28 10:00: Harmonic 10:00: Committee on Aging 11:15: Chair Yoga 1:00: Cardmaking w/Judy	29 9:30 Woodcarvers 10:30: Exercise w/ Judy	30 9:30: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 2:00: Berlin Singers—Juliet Manor	31 10:30: Exercise w/ Judy 11:30: Sheepshead 12:00: Bridge Call Gerene 920-361-3323

Mahjong

Do want to learn how to play Mahjong? Come to the Senior Center on Wednesday, October 15 from 10-12 and learn!



Farkle

Come and join the fun of playing Farkle. It is a great and relaxing game of dice. Don't know how to play? Don't worry we can show you.

Date: Monday, Oct. 20
Time: 1:00 pm



CRAFTING W/ANNE

Crafters. If you have a stash of crafting supplies that you don't know what to do with—donate it to the Senior Center for craft days! We will find a new way to use the items and everyone will benefit! **Next craft day is Wed. October 22 at 12:30.** Cost is \$5.00. Call the Senior Center at 920-361-5422 to sign up.



Are you 64 and wondering about Medicare or are you 65+ and not happy with what you have? Then this informational class is for you.

MEDICARE 101 W/JIM STREY

Date: Tuesday, October 21

Time: 1:00 pm

Location: Berlin Senior Center

Presenter: Jim Strey, 64 Insurance Group

Cost: Free

Please call the Senior Center at 920-361-5422 to sign up

BERLIN SENIOR CENTER DINING CLUB

Place: Adams Rib, Green Lake, WI

Date: Thurs., Oct. 9

Time: 5:00 pm Games will follow. Call 920-361-5422 to sign up.

Do you know how to report Medicare fraud?

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OCT MEALS

Meals include menu as is listed and are subject to change.
\$5.00 contribution for those age 60+. This is a Green Lake County Elderly Nutrition Meal site. Please call 920-361-5422 at least TWO days before to order. We serve daily at noon. Cancellations must be made at least the day before.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Burgundy Mushroom Chopped Steak Mashed Potatoes Red Cabbage Peach Slices Cinnamon Roll Sliced Bread	Chicken Cacciatore White Bean Salad Peas and Carrots Apricot Halves Birthday Cake Dinner Roll	Breaded Fish Fillet German Potato Salad Broccoli Cuts Tropical Fruit Salad Straw. Sundae Cup Sliced Bread
6	7	8	9	10
Mush. Pork Cutlet Mashed Potatoes Pickled Beet Salad Applesauce Cookie Sliced bread	Orange Chicken Pattie Baked Potato Peas and Pearl Onions Fruited Gelatin Vanilla Pudding Dinner Roll	Meatloaf Baked Beans Three Bean Salad Cantaloupe Slice Alexander Torte Sliced bread	Liver and Onions Garlic Mashed Potatoes Western Corn Peach Slices Spice Cake Dinner Roll	BBQ Meatballs Baby Red Potatoes German Cucumbers Petite Banana White Brownie Sliced Bread
13	14	15	16	17
Cheesy Chicken and Rice Casserole Broccoli Cuts Cole Slaw Pear Slices Cinnamon Roll Sliced Bread	Italian Sausage on a bun Baked Beans Red Cabbage Pineapple Tidbits Cookie	Country Fried Steak Mashed Potatoes Green Beans Orange Frosted Cake Sliced Bread	Scalloped Potatoes And Ham Casserole California Blend Vegetable Fruited Gelatin Choc/rasp/torte Dinner Roll	Chicken Marsala Baked Potato Peas Cheese Salad Petite Banana Butterscotch Pudding Sliced Bread
20	21	22	23	24
Baked Chicken Garlic Mashed Potato Three Bean Salad Apricot Halves Applesauce Cake Sliced Bread	Pork Steak Calico Bean Casserole Pickled Beet Salad Applesauce Cinnamon Roll Dinner Roll	Salisbury Steak Mashed Potatoes Corn Apple Chocolate Pudding Sliced Bread	NO MEALS	Pork Jaegerschnitzel Mashed Potatoes Broccoli Cuts Peach Slices White Brownie Sliced Bread
27	28	29	30	31
Swiss Steak Mashed Potatoes Peas and Carrots Pear Slices Cookie Sliced Bread	Ham Roll Sweet Potato Bake Green Beans Applesauce Butterscotch Pudding Dinner Roll	Pork Loin Mashed Potatoes Red Cabbage Apricot Halves Spice Cake Sliced Bread	Chicken Teriyaki Pattie White Bean Salad Baby Carrots Fruited Gelatin Cinnamon Roll Dinner Roll	Crab creole over Brown Rice Spinach Salad Calif. Blend Veggie Cantaloupe Slice Vanilla Ice Cream Cup Sliced Bread

THE FOLLOWING HAVE BIRTHDAYS
IN OCTOBER. PLEASE REACH OUT
AND WISH THEM A

HAPPY BIRTHDAY!



Thank you to the Berlin Senior Center Quilters for making our table sign. It made us look very professional at the Green Lake Health Fair that took place on October 17.

THE OCTOBER BIRTHDAY MEAL WILL BE ON TUESDAY, OCTOBER 14. BIRTHDAY CAKE IS DONATED BY WHISPERING PINES, RIPON. CALL THE CENTER AT 920-361-5422 TO SIGN UP.

2	Raymond Boeck	17	Steven Nelson
2	Steve Seltner	17	Jodi Kalkis
4	Rose Aubchon	21	Cheryl Coats
4	Ina Mlodzik	23	Evelyn Dally
4	Sandra Young	23	Lynn Moldenhauer
5	Kay Roethel	23	Lori Johnson
6	Kathy Walker	24	Gary Boening
8	Diana Czekalski	24	Gerald Downen
8	Joyce Wesner	26	Karen Neuman
13	Gail Ewald	26	Delores Schwartz
14	Bob Pribnow	26	Dennis Schwartz
14	Darlene Strey	28	Caroline Treder
15	Jacilyn Boening	28	Rich Strebelinski
15	Denice Stumpner	30	John Bauer
15	Sue Stumpner	30	Christine Brantley
15	JoAnne Reysen	31	Chris Melland
15	Donna Krause		

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OCTOBER EDITION



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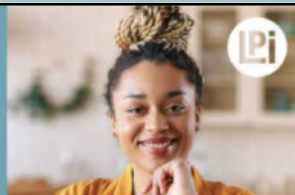
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165 W Huron St., Berlin, WI 54923



KAREN SCHWEIGERT
Medicare Specialist

920-229-4044
karen.schweigert@gmail.com

MONTHLY JOKE

Four men are in the hospital waiting room because their wives are having babies. A nurse goes up to the first guy and says, "Congratulations! You're the father of twins." "That's odd," answers the man. "I work for the Minnesota Twins!"

A nurse says to the second guy, "Congratulations! You're the father of triplets!" "That's weird," answers the second man. "I work for the 3M company!"

A nurse tells the third man, "Congratulations! You're the father of quadruplets!" "That's strange," he answers. "I work for the Four Seasons hotel!" The last man is groaning and banging his head against the wall. "What's wrong?", the others ask. "I work for 7 up!"



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Senior Assistant Programming

Coordinator: Jill Dittmann

Head Cook: Deb Mirr

Chauffeurs and Meal Delivery

Cindy, Diana & Sheri

Meal Delivery Deb, Tim & Nancy, Stan

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Address: 142 Water Street (Just off of North Capron Street)

www.cityofberlin.net

No membership fee to join

Day Trips

Cancellations & refunds: If you need to cancel, please call the Senior Center office as soon as possible. If you have somebody that will be able to take your spot, please let the Senior Center know as soon as possible. You are responsible for your spot unless either you notify the Senior Center you have a replacement or we have a waiting list. **If you must cancel and we cannot find a replacement, you are still responsible for the cost.**

TRANSPORTATION

Monday thru Friday. Seniors age 55+

Hours available: 8-10:30 am & 1:30-4:00 pm

Transportation is funded by Grant 85.21

Co-payment for in-town trips are round trip \$2.00.

NOON MEALS

Green Lake County Nutrition Program

Monday through Friday at noon

\$5.00 contribution for 60+. Under age 60, please

inquire for current price. Please call by 3:00 pm two days before to sign up.

For home bound meals call 920-833-694-0192

MISSION STATEMENT

To actively involve, enlighten, enrich, and empower the independence of older adults in our community.

Photo Disclaimer: I understand that the Berlin Senior Center may take photographs, videos or audio recordings during special events and/or daily programs offered at the Senior Center and reserves the right to use such photographs, videos or audio recordings without written permission for any lawful purposes including publicity, illustration, advertising and Web content. If you do not want to have your image/voice used, please alert a Senior Center staff.