



INSIGHT

NOVEMBER 2025



**NOVEMBER IS THE MONTH TO REMIND US TO BE
THANKFUL FOR THE MANY POSITIVE THINGS
HAPPENING IN OUR LIFE**

Publication of the Berlin Senior Center
Free—Please take one and enjoy or view at cityofberlin.net/senior-center

a large collection of books including many current titles along with DVDs and jigsaw puzzles that can be borrowed

A donation closet with wheelchairs, walkers, shower chairs, canes, etc. Call or come in to see what we have available. Donations are accepted but not required.

noon meals cooked by a in-house cook for ages 60+ Monday through Friday at a suggested contribution of \$5.00.

A transportation van Monday through Friday from 8-10:30 and 1:30 to 4. if you need to get to a doctor or medical appointment, for hair appointments or even if you don't feel comfortable to drive anymore, call

DID YOU KNOW BERLIN SENIOR CENTER OFFERS . . .

many day trips to places around the state. Trips are in the process of being planned for 2026. Stay tuned for a list of the new

a dining club, jigsaw puzzles, harmonic, pool league, Senior Singers, Veterans Group and a Weight Loss class, jigsaw

several craft and art classes such as Cardmaking w/Judy, Crafting w/Anne, Diamond Painting, Painting Together, Quilters and Woodcarvers.

cardplaying and games such as Bridge, Cribbage, Sheepshead and Mahjong

CALL 920-361-5422 FOR MORE INFORMATION

exercise classes such as Exercise w/Judy on Monday, Wednesday and Friday and chair yoga on Tuesday and Thursday.

Berlin Senior Center is available for after hour and weekend rentals. Book for gatherings, showers and parties. Stop at the Senior Center during regular business hours to fill out a rental form. Cost is \$100.00 plus \$100.00 refundable deposit. Any questions, please call the Senior Center.

A place to just hang out, relax, have fun and make new friends.

foot care for Seniors. The foot care is provided by an experienced registered nurse certified in foot and toenail care. Available every 2nd and 4th Thursdays of the month. Call 920-637-0754 to schedule an appointment

NOVEMBER DAILY ACTIVITIES

EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
10:30 Exercise	10:00 Harmonic	9:30 Woodcarvers	9:30 Quilters	10:30 Exercise w/ Judy
11:30 Sheepshead	11:15 Chair Yoga	9:30 Mahjong	10:30 Weight Loss	11:30: Sheepshead
10:30 2nd Monday Vets Group	1:00 1st Tuesday Diamond Painting	10:30 Exercise w/Judy	11:15 Chair Yoga	12:00: Bridge
1:00 3rd Monday Farkel	10:30: 4th Tuesday Committee on Aging	12:30 2nd Wednesday Cardmaking w/Judy	12:30 Cribbage	9:30 2nd Tuesday Painting Together
	12:30 4th Tuesday Cardmaking w/Judy	12:30 3rd Wednesday Crafting w/Anne	2:00 Berlin Singers at different locations	
		9:30 3rd Wednesday Even months Pool League	1:00 1st Thursday Berlin Singers practice	
			4:30 2nd Thursday Dining Club	
			2nd & 4th Thurs Footcare	



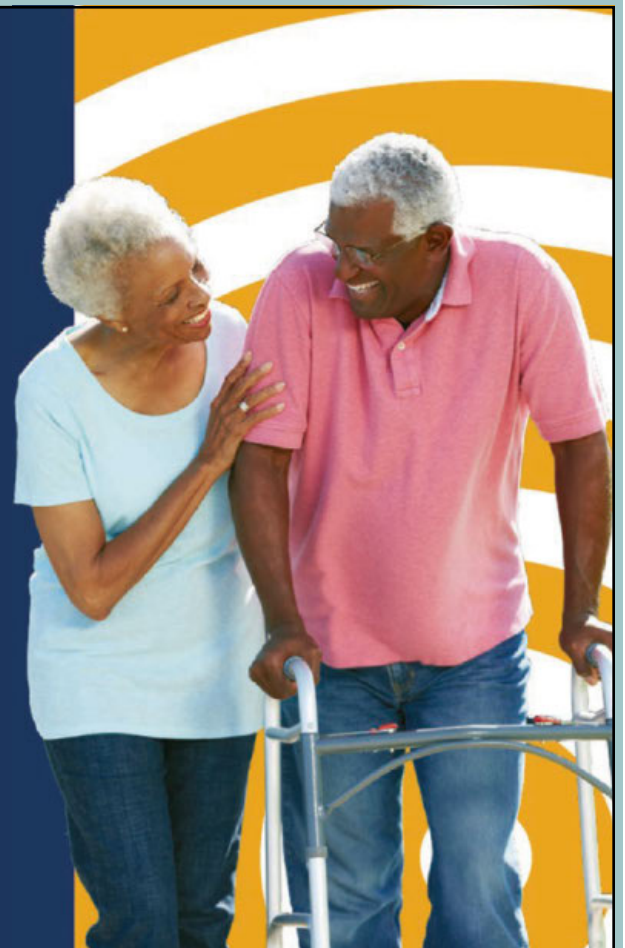
Community Care

Set your independence in motion. It starts with a community that cares.

Contact your local Aging and Disability Resource Center (ADRC) at 844-WIS-ADRC (844-947-2372) to learn more about long-term care options in your area.



Call 866-992-6600 for additional information





ACTIVITIES



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Key Colors: Green: exercise Purple: new classes Orange: arts & craft Blue: card games Brown: music Red: special events Black: general activity				 On Sun. Nov 2
3 10:30: Exercise w/ Judy 11:30: Sheepshead	4 10:00: Harmonic 11:15: Chair Yoga 1:00 Diamond Painting	5 9:30 Woodcarvers 9:30 Mahjong 10:30: Exercise w/ Judy	6 9:30: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 1:00: Berlin Singers—Practice	7 10:30: Exercise w/ Judy 11:30: Sheepshead 12:00: Bridge Call Gerene 920-361-3323
10 10:30: Vet's Meeting 10:30: Exercise w/ Judy 11:30: Sheepshead	11 10:00: Harmonic 11:15: Chair Yoga	12 9:30 Woodcarvers 9:30 Mahjong 10:30: Exercise w/ Judy 12:30 Cardmaking w/Judy	13 Foot Care Clinic 9:30: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 2:00: Berlin Singers— 4:30 Dining Club—Lakeshore Restaurant	14 10:30: Exercise w/ Judy 11:30: Sheepshead 12:00: Bridge Call Gerene 920-361-3323
17 10:30: Exercise w/ Judy 11:30: Sheepshead 1:00: Farkel	18 10:00: Harmonic 11:15: Chair Yoga	19 9:30 Woodcarvers 9:30 Mahjong 10:30: Exercise w/Judy 12:30 Crafting w/ Anne	20 9:30 Pool - Wautoma 9:30: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 2:00: Berlin Singers—	21 10:30: Exercise w/ Judy 11:30: Sheepshead 12:00: Bridge Call Gerene 920-361-3323
24 10:30: Exercise w/ Judy 11:30: Sheepshead	25 10:00: Harmonic 10:00: Committee on Aging 11:15: Chair Yoga 1:00: Cardmaking w/Judy	26 9:30 Woodcarvers 9:30 Mahjong 10:30: Exercise w/Judy	27 CLOSED FOR THANKSGIVING	28 CLOSED FOR THANKSGIVING

If the Berlin Public School closes for snow or ice, the Senior Center will also be closed. All activities, transportation and meals will be canceled. A two hour delay will not affect the Senior Center.



CRAFTING W/ANNE

Next craft day is Wednesday, November 19 at 12:30 pm. Cost is \$5.00. Call the Senior Center at 920-361-5422 to sign up.

Thank you to the Fairburn/Jolly J's HCE Club of Berlin for the delicious fall cupcakes for the homebound!

HOLIDAY HOURS

Berlin Senior Center will be closed for meals and activities on the following days.
Thurs. & Fri, Nov. 27 & 28
Wed. & Thurs, Dec. 24 & 25
Wed. & Thurs, Dec. 31 & Jan. 1

MAHJONG

We will be playing Mahjong on Wednesdays at 9:30 am starting November 5. Come and have some fun. If you don't know how to play, we can teach you.

FRIENDS OF THE BERLIN SENIOR CENTER

Since there was no picnic this year, the Friends of the Berlin Senior Center will be giving out door prizes at the Thanksgiving meal on Thursday, November 20. There will be a table near the front door for you to sign up for the prizes. Hopefully the picnic will resume next year. Have a great holiday season from the Friends. The next meeting will be December 9 at 9:30 am at the Senior Center.

BERLIN SENIOR CENTER DINING CLUB

Place: Lakeshore Family Restaurant, Wautoma

Date: Thurs., November 13

Time: 4:30 pm Games will follow. Call 920-361-5422 to sign up.

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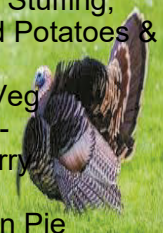
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CONTACT ME Alex Nicholas

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NOV MEALS

Meals include menu as is listed and are subject to change.
\$5.00 contribution for those age 60+. This is a Green Lake County Elderly Nutrition Meal site. Please call 920-361-5422 at least one day before to order. We serve daily at noon. Cancellations must be made at least the day before.

Monday	Tuesday	Wednesday	Thursday	Friday
WELCOME BACK DEB! COMMENCING NOVEMBER 3 WE WILL BE ENJOYING HOME COOKED MEALS AGAIN			ALL MEALS INCLUDE MILK WHOLE GRAIN OR WHITE BREAD W/ BUTTER	ALL SALADS INCLUDE Tomatoes, Carrots & Cucumbers
3	4	5	6	7
Beef Chili W/Beans Spinach Salad Peaches Crackers Corn Bread W/ Honey Butter	Pork Loin Mashed Potatoes Gravy Glazed Carrots Apple Sauce	Chop Suey W/ Asian Veg. Garden Blend Wild Rice Spinach Salad Strawberry Short Cake	Lasagna Mixed Vegetable Spinach Salad Jello W/ Fruit	Fish Sandwich Coleslaw Cheesy Tots Pumpkin Bars
10	11 Birthday Meal	12	13	14
Oven Baked Mac & Cheese Stewed Tomatoes Spinach Salad Peaches	Roast Chicken Sweet Potatoes Peas & Corn Fruit Cocktail Birthday Cake 	Salisbury Steak W/ Caramelized Onions Mashed Potatoes & Gravy Corn Fruit Fluff	Ham Loaf Sweet Potatoes Baked Beans Blueberry / Pineapple Dump Cake	Battered Cod Coleslaw Cheesy Hashbrowns Fruit Bowl
17	18	19	20 Thanksgiving meal	21
Sloppy Joes 3 Bean Bake Sweet Potatoes Peaches	Meatloaf Baby Bakers Green Beans Lemon Blueberry Bundt Cake	Loaded Baked Po- tato W/ Cheese Ham & Cowboy Beans 7 Layer Salad Cherry Southern Salad	Turkey, Stuffing, Mashed Potatoes & Gravy Mixed Veg Orange- Cranberry Relish Pumpkin Pie 	Chicken Teriyaki Stir Fry W/ Asian Veggies Wild Rice 7 Layer Salad Banana
24	25	26	27	28
Grilled Cheese Sandwich Tomato Soup Spinach Salad Peaches & Cottage Cheese	Chicken Enchiladas Garden Blend Wild Rice Spinach Salad Pineapple Tidbits	Spaghetti W/ Meat Sauce Broccoli, Peas & Cheese Cold Salad Pears	CLOSED FOR THE HOLIDAY NO MEALS	CLOSED FOR THE HOLIDAY NO MEALS

THE FOLLOWING HAVE BIRTHDAYS IN NOVEMBER. PLEASE REACH OUT AND WISH THEM A *HAPPY BIRTHDAY!*

THANKSGIVING MEAL

Thursday, November 20th will be our Thanksgiving meal which consists of turkey, stuffing, mashed potatoes & gravy, corn, orange cranberry relish and pumpkin pie.

PLEASE NOTE The Friends of the Berlin Senior Center will be giving out door prizes during the meal. Please call or stop in at the Berlin Senior Center to sign up by Tuesday, November 18.

BIRTHDAY MEAL

The November birthday meal will be on Tuesday, November 11. The meal will be roast chicken, sweet potatoes, peas & corn, fruit cocktail and birthday cake donated by Whispering Pines, Ripon. Call the Senior Center at 920-361-5422 to sign up.

1 Betty Konen
1 Curtis Anderson
2 Linda Klauer
2 Barbara Sobieski
5 Barbara Born
6 Paul Hanan
7 Denise Farrow
8 Marian Weber
10 Susan Labuda
10 Kenneth Martin
12 Ray Stumpner
12 Anne Murphy
13 Leanne Hansen
14 Chuck Fehl

14 Judith Brano
15 Harold Wiese
17 Carlton Nehring
19 Richard Monsen
20 Paul Roethel
21 Richard Dieringer
22 Darrell Dittmann
22 Gladys Hall
24 Barbara LeGault
25 Bob Keating
26 Lorraine Brueggen
27 Karen Shurk
30 Ronald Hoffman
30 Donna Kirk

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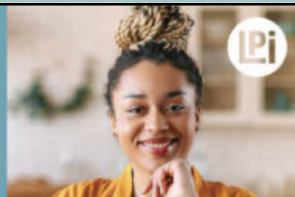
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KAREN SCHWEIGERT
Medicare Specialist

920-229-4044
karen.schweigert@gmail.com

MONTHLY JOKE

On a freezing cold winter morning, a blonde and her husband were having breakfast when the radio announcer said: "we're expecting 8 to 10 inches of snow today. Please move your car to the even number side of the street so the snowplow can get through." Being the helpful wife she is she bundled up and moved her car.

Next week, same scenario—radio says: "10 to 12 inches of snow today. Please move your car to the odd numbered side". Out she goes again, moving that car like a champ.

Week three: they are sipping coffee when the radio announcer begins "we're expecting 12 to 14 inches of snow and you must park . . ." and poof—the power goes out! The blonde looks panicked and says, oh no! I don't know which side to move the car to now!

With the calm patience only a man married to a blonde could master, her husband lovingly says "sweetheart. . . Why don't you just leave the car in the garage this time?"



Senior/Rec. Programming

Director:

Senior Assistant Programming

Coordinator: Jill Dittmann

Head Cook: Deb Mirr

Chauffeurs and Meal Delivery

Cindy, Diana & Sheri

Meal Delivery Deb, Tim & Nancy, Stan

Hours: Monday thru Friday 9:30 am to 3:00 pm

Phone: (920) 361-5422

Address: 142 Water Street (Just off of North Capron Street)

www.cityofberlin.net

No membership fee to join

TRANSPORTATION

Monday thru Friday. Seniors age 55+

Hours available: 8-10:30 am & 1:30-4:00 pm

Transportation is funded by Grant 85.21

Co-payment for in-town trips are round trip \$2.00.

NOON MEALS

Green Lake County Nutrition Program

Monday through Friday at noon

\$5.00 contribution for 60+. Under age 60, please

inquire for current price. Please call by 3:00 pm two days before to sign up.

For home bound meals call 920-833-694-0192

MISSION STATEMENT

To actively involve, enlighten, enrich, and empower the independence of older adults in our community.

Day Trips

Cancellations & refunds: If you need to cancel, please call the Senior Center office as soon as possible. If you have somebody that will be able to take your spot, please let the Senior Center know as soon as possible. You are responsible for your spot unless either you notify the Senior Center you have a replacement or we have a waiting list. **If you must cancel and we cannot find a replacement, you are still responsible for the cost.**

Photo Disclaimer: I understand that the Berlin Senior Center may take photographs, videos or audio recordings during special events and/or daily programs offered at the Senior Center and reserves the right to use such photographs, videos or audio recordings without written permission for any lawful purposes including publicity, illustration, advertising and Web content. If you do not want to have your image/voice used, please alert a Senior Center staff.