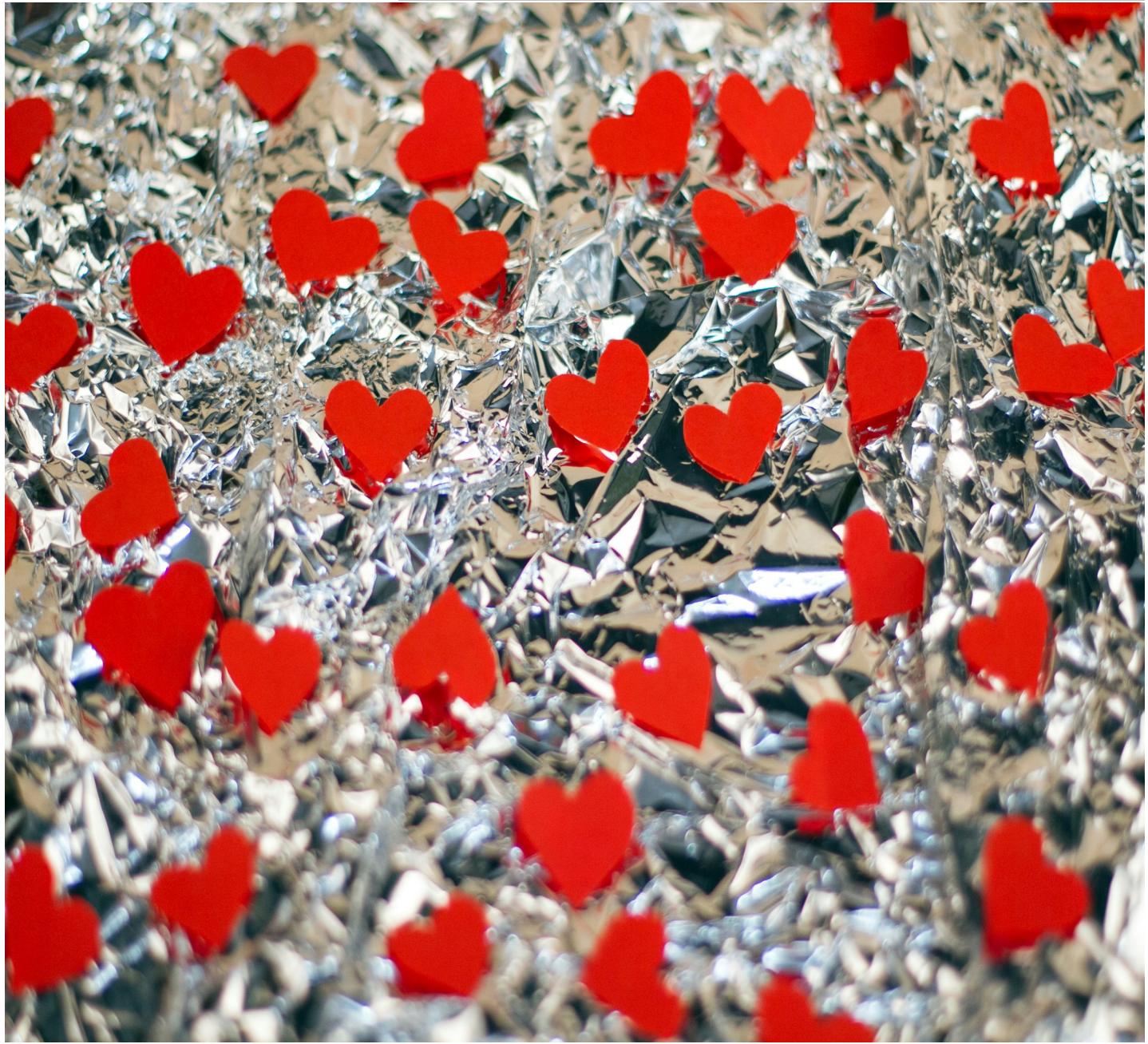




INSIGHT

FEBRUARY 2026



Publication of the Berlin Senior Center
Free—Please take one and enjoy or view at cityofberlin.net/senior-center

2026 DAY TRIPS



BELLO'S CIRCUS EXTREME SHOW At the Legacy Theatre in WI Dells Wed. March 18



Bello's Circus Extreme is a spectacle of extreme stunts and comedy routines featuring not only Bello himself but also a variety of other impressive acts.

Cost is \$125.00 per person. Lunch consists of: fresh tossed Italian Salad, hot garlic rolls, decadent chocolate brownie and an entrée choice of 1) Bello's homemade lasagna, 2) personal pepperoni pizza or 3) personal cheese pizza

11:45 Load bus at Walmart.

Deadline for signing up is Thurs. Feb 19

TIMBER RATTLER GAME Wed. May 27



Join us for an afternoon of baseball at Neuroscience Group Field at Fox Cities Stadium for the Timber Rattlers vs. Peoria Chiefs

Cost is \$50.00 per person. Tickets include transportation, souvenir item, beverage and brat/hotdog.

10:00 am Load bus
12:10 pm First Pitch
Return to Walmart after the game.

MILWAUKEE BREWERS GAME Thurs. August 20

Join us for an afternoon of fun at American Family Field. The Brewers will be playing the Seattle Mariners. We will be enjoying the Associated Bank Power Alley which is deep left center field, directly above the Brewers' bullpen

Cost is \$160.00 per person.

9:45 am Load bus at Walmart
1:10 pm First pitch

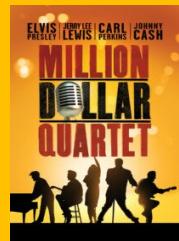
HO-CHUNK CASINO NEKOOSA, WI Thursday, April 23

Cost is \$50.00 per person
Join us for an afternoon of fun and gambling at Ho-Chunk Casino (Meal is on your own)



9:45 am Load bus at Walmart in Berlin
11:45 am Arrive at Ho-Chunk
11:45 to 4 Lunch & gambling on your own
4:00 pm Load bus to return to Walmart

MILLION DOLLAR QUARTET AT THE FIRESIDE Thursday, June 25



"On Dec. 4, 1956, an extraordinary twist of fate brought Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley together at Sun Records in Memphis for what would be one of the greatest jam session of all times."

Cost is \$145.00 per person which includes the tip. Meal choice is 1) Chicken Cordon Bleu 2) Grilled Red Snapper 3) Beef short ribs 4) Vegetarian stuffed bell peppers.

8:00 am Arrive at Walmart
11:15 am Lunch
1:30 pm Show

Deadline for signing up is Fri. May 22

UPCOMING FURTHER TRIPS

July	LaClare Creamery & Galloway House Tours
September	LaCrosse Queen
October	Octoberfest @ Henry Maier Park
November	Dancing Horses Christmas show
December	Christmas Story at the Fireside

Payment due at time of signing up. Stop in any

FEBRUARY BUSINESS SPOTLIGHT POTTERITA



My name is Rita and my business name is Potterita – that's how you can find me on Facebook. I sell my art at art fairs throughout WI, IL, and MN, and I have a gallery. I make fun, artsy, functional pottery; everything from dinnerware to buttons. I use stoneware clay because it is extremely durable. I throw pots on my potters wheel and I roll slabs of clay for hand built forms. I am known for my colorful handmade glaze colors. All of my pottery is developed to be dishwasher, microwave and oven safe. My art is meant to be used, and ENJOYED; art for everyday life. Items sold include vases, garden art, bowls, platters, baking dishes, candle holders, water fountains, tile and many more products.

RITA WILL BE AT THE BERLIN SENIOR CENTER SELLING HER PRODUCTS ON TUES. FEB. 10 FROM 10 am until 1 pm. PUBLIC IS WELCOME

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INSIGHT FEBRUARY 2026



Community Care

**Set your independence
in motion. It starts with
a community that cares.**

**Contact your local Aging and Disability
Resource Center (ADRC) at 844-WIS-ADRC
(844-947-2372) to learn more about
long-term care options in your area.**



**Call 866-992-6600 for
additional information**





ACTIVITIES



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Key Colors: Green: exercise Purple: new classes Orange: arts & craft Blue: card games Brown: music Red: special events Black: general activity</p>				
2 10:30: Exercise w/ Judy 11:30: Sheepshead	3 10:00: Harmonic 11:15: Chair Yoga 1:00 Diamond Painting	4 9:00 Woodcarvers 9:30 Mahjong 10:30: Exercise w/ Judy	5 9:30: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 1:00: Berlin Singers—Practice	6 10:30: Exercise w/ Judy 11:30: Sheepshead 12:00: Bridge Call Gerene 920-361-3323
9 10:30: Vet's Meeting 10:30: Exercise w/ Judy 11:30: Sheepshead 4:00 "If you give a Grandparent a Cookie" at library	10 10:00: Harmonic 10:00 Business Spotlight 11:15: Chair Yoga 1:00 Valentine card making	11 9:00 Woodcarvers 9:30 Mahjong 10:30: Exercise w/ Judy 12:30 Cardmaking w/Judy	12 Foot Care Clinic 9:30: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 2:00: Berlin Singers—Patriot Place 4:30 Dining Club—Country Inn	13 9:00 Painting Together 10:30: Exercise w/ Judy 11:30: Sheepshead 12:00: Bridge Call Gerene 920-361-3323
16 10:30: Exercise w/ Judy 11:30: Sheepshead 1:00: Farkel	17 10:00: Harmonic 11:15: Chair Yoga	18 9:00 Pool—Berlin 9:00 Woodcarvers 9:30 Mahjong 10:30: Exercise w/ Judy 12:30 Crafting w/ Anne	19 9:30: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 10:00 Senior Care 3:00 Tie blanket making 2:00: Berlin Singers—Heartland House	20 10:30: Exercise w/ Judy 11:30: Sheepshead 12:00: Bridge Call Gerene 920-361-3323
23 10:30: Exercise w/ Judy 11:30: Sheepshead	24 10:00: Harmonic 10:00: Committee on Aging 11:15: Chair Yoga 1:00: Cardmaking w/Judy	25 9:00 Woodcarvers 9:30 Mahjong 10:30: Exercise w/ Judy	26 Foot Care Clinic 9:30: Quilters 10:30: Weight loss 11:15: Chair Yoga 12:30: Cribbage 2:00: Berlin Singers—Copper Leaf	27 10:30: Exercise w/ Judy 11:30: Sheepshead 12:00: Bridge Call Gerene 920-361-3323

SENIOR CARE

On **Thursday, February 19 from 10:00 – 1:00**, Green Lake County Elder Benefit Specialist, Kristine Biesenthal, will be available to talk about how the SeniorCare Prescription Drug Assistance Program may benefit you.

SeniorCare helps those 65 years or older pay for prescription drugs and vaccines. To enroll in Senior Care, you must be: a Wisconsin resident and a U.S. citizen or qualifying Immigrant. You can enroll in SeniorCare no matter what coverage you have, except you can't be a member of a full benefit Medicaid program. SeniorCare will coordinate coverage with your other insurance. That includes Medicare Part B or D. our annual income determines how much of your prescription drug costs SeniorCare will cover.

VALENTINE CARDS

Stop in at the Berlin Senior Center on **Tues. Feb 10 at 1:00 pm** to make Valentine cards for local assisted living facilities. Call the Senior Center at 920-361-5422 to sign up.

TIE BLANKET MAKING

Date: **Thurs. Feb. 19**

Time: **3:00-4:00 pm**

Place: Berlin Senior Center



Join the Berlin Key Club in making tie blankets to donate to Advocap for the homeless and needy in our area. Call the Center at 920-361-5422 to sign

"Become a "grandparent" to a child at this story time event. If interested just call the library to sign up

If You Give a Grandparent a Cookie...

Feb 9 from 4-5 pm

Children can bring a grandparent/elder or pair up with a volunteer from the Teen Library Club or the Senior Center for this special multigenerational event. Elders and teens will read stories to the kids, and afterwards we will all decorate cookies together. Registration is required. Please call (920) 361-5420 to sign up!

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NO NEW MEDICARE CARD Don't fall for the Scam!



Have you been told
you need a new
Medicare card?

STOP! It's a scam



Here's the truth?

- Medicare is NOT issuing plastic cards
- You do NOT need to "update" your Medicare Card
- Medicare will NEVER call or text you asking for your Medicare number

Protect Yourself:

- Never give out your Medicare number to unexpected callers
- Hang up on anyone asking for personal information
- Report suspicious calls to Senior Medicare Patrol

Wisconsin Senior Medicare Patrol

1-888-818-2611
www.smpwi.org

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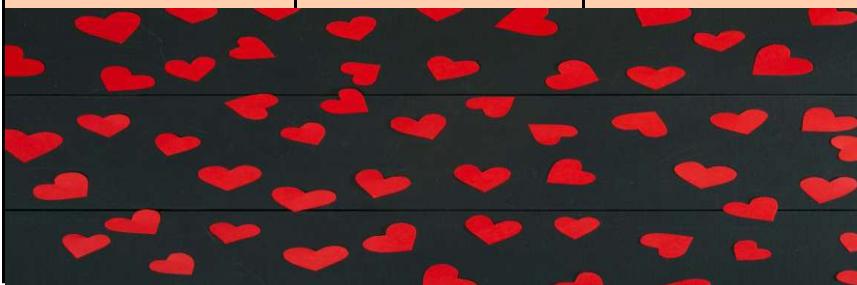
For ad info. call 1-800-950-9952 • www.lpcommunities.com

City of Berlin Senior Center, Berlin, WI

B 4C 01-1434

FEBRUARY MEALS

Meals include menu as is listed and are subject to change.
\$5.00 contribution for those age 60+. This is a Green Lake County Elderly Nutrition Meal site. Please call 920-361-5422 at least one day before to order. We serve daily at noon. Cancellations must be made at least the day before.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Macaroni & Cheese Stewed Tomatoes Spinach Salad Mandarin Oranges Peanut Butter Cookies	Salisbury Steaks w/ Caramelized Onions Mashed Potatoes & Gravy Peas & Corn Taffy Apple Salad	Parmesan Breaded Chicken Sweet Potatoes Green Beans Peaches	BBQ Pulled Pork Sandwich Potato Salad Calico Beans Lemon Blueberry Bundt Cake	Chop Suey Asian Stir Fry Vegetable Garden Blend Wild Rice Spinach Salad Fresh Fruit
9	10 Birthday meal	11	12	13 Valentine Day Meal
Roasted Chicken Mashed Potatoes & Gravy Mixed Vegetables Pears	Beef Tips Mashed Potatoes & Gravy Corn Fruit Cocktail Birthday Cake	Loaded Baked Potato W/ Ham Cowboy Beans 7 Layer Salad Peaches	Chicken Alfredo Sweet Potatoes Spinach Salad Pears Jell-O W Fruit	Spaghetti W/Meat Sauce Broccoli Spinach Salad Strawberry Short Cake
16	17	18 Ash Wed.	19	20
Chili w/ Beef & Beans Spinach Salad Apricots Corn Bread w/ Honey Butter	Meats Balls Mashed Potatoes & Gravy Green Beans Cherry Southern Salad	Grilled Cheese Sandwich Tomato Soup Spinach Salad Peach Crisp	Lasagna California Blend Vegetable Spinach Salad Fruit Cocktail	Breaded Fish Sandwich Baked Beans Coleslaw Peaches Carrot Cake
23	24	25	26	27
Sloppy Joes Cole Slaw Seasoned Baby Red Potatoes Apple Crisp	Pork Loin Mashed Potatoes & Gravy Glazed Carrots Strawberry Short Cake	Warm Ham Sand. 3 Bean Bake Broccoli/ Cauliflower Cold Salad Fresh Fruit	Meat loaf Baby Baker Mixed Vegetable Mandarin Orange Fluff	Tilapia Coleslaw Cheesy Tots Spinach Salad Mixed Fruit
			ALL MEALS INCLUDE MILK WHOLE GRAIN OR WHITE BREAD W/ BUTTER	ALL SALADS INCLUDE Tomatoes, Carrots & Cucumbers

THE FOLLOWING HAVE BIRTHDAYS IN FEBRUARY. PLEASE REACH OUT AND WISH THEM A HAPPY BIRTHDAY!

1	Daniel Bucket	15	Diane Nowak
2	Shirley Frank	15	Janice Roeder
6	Jane Suleski	16	Kay Kollat
6	Clare Bauer	18	Dennis Nickels
6	Cathy Herbst	21	Jane Seiler
6	Pam Davis	21	Charmaine Neitzke
7	Diane Gross	21	Mary Ann Barbeau
9	Kristine Clauising	21	James Burton
9	Charlotte Schram	22	Kim Kaatz
9	Joyce Doro	24	James Jodarski
9	Kathleen Ford	24	Larry Gardner
10	Janet Nickels	26	Allen Tetzke
11	Virginia Fields	26	Tamara Eichmann
11	Kelly Kelley	28	Karen Saunders
12	Dan Beulen	28	Nancy Fibiger
13	Lill Sears	28	

Berlin Senior Center Dining Club

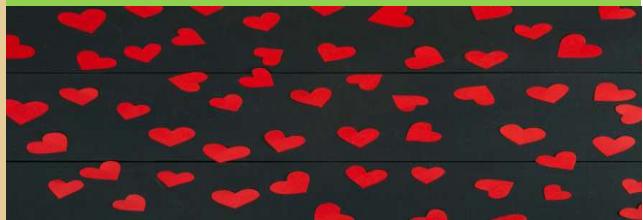
Place: Country Inn, Berlin

Date: Thurs. Feb 12

Time: 4:30 pm

Games will follow. Call 920-361-5422 to sign up

NO DEBIT OR CREDIT CARDS



BIRTHDAY MEAL

The February birthday meal will be on Tuesday, February 10. The meal will be Beef Tips, Mashed Potatoes & Gravy, Corn, Fruit Cocktail and birthday cake donated by Whispering Pines, Ripon. Call the Senior Center at 920-361-5422 to sign up.

INSIGHT FEBRUARY 2026

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KAREN SCHWEIGERT

Medicare Specialist

920-229-4044

karen.schweigert@gmail.com



For ad info. call 1-800-950-9952 • www.lpcommunities.com

City of Berlin Senior Center, Berlin, WI

C 4C 01-1434

MONTHLY JOKE

There once was a grumpy old man whose family finally decided they could no longer take care of him at home. After much debate (and even more resistance), they convinced him that moving into a nursing home was "for the best." He wasn't thrilled—but he went anyway.

On his first day there, the old man spent hours lying in bed, staring at the ceiling, thinking about his life. He felt lonely, forgotten, and irritated all at once. A friendly orderly soon stopped by to check on him. "Well hello, sir," she said cheerfully. "I hear this is your first day with us. How are you settling in?"

The old man just nodded at first, but before long, the two were chatting away. The conversation flowed easily, and the orderly noticed how tidy his room was—fresh flowers on the nightstand, cards and balloons from family, and a small bowl of peanuts sitting by his bed.

As they talked, she absentmindedly reached into the bowl for a few peanuts. They were so good, she took a few more . . . And a few more after that. Before she knew it, two whole hours had flown by.

"Oh my goodness!" she exclaimed, glancing at her watch. "I've been in here for two hours! I really need to check on the other residents." The old man smiled. "Don't worry, dear, I've enjoyed the company. It's nice to talk to someone who actually listens." Then the orderly looked down at the nearly empty bowl and said, "Oh no. . . I ate almost all your peanuts! I feel terrible!"

The old man waved his hand dismissively, "Don't worry about it," he rasped with a grin. "I don't even like peanuts." She blinked. "You don't?"

He smirked. "Nah. I just like to suck the chocolate off 'em."



Senior Center/Recreation Facilities

Director: Sue Kiener

Senior Assistant Programming

Coordinator: Jill Dittmann

Head Cook: Deb Mirr

Chauffeurs and Meal Delivery

Cindy, Diana & Sheri

Meal Delivery Deb, Tim & Nancy, Stan

Hours: Monday thru Friday 9:00am to 4:00 pm

Phone: (920) 361-5422

Address: 142 Water Street (Just off of North Capron Street)

www.cityofberlin.net

No membership fee to join

Find us on Facebook at Berlin Senior Center

Day Trips

Cancellations & refunds: If you need to cancel, please call the Senior Center office as soon as possible. If you have somebody that will be able to take your spot, please let the Senior Center know as soon as possible. You are responsible for your spot unless either you notify the Senior Center you have a replacement or we have a waiting list. **If you must cancel and we cannot find a replacement, you are still responsible for the cost.**

TRANSPORTATION

Monday thru Friday. Seniors age 55+

Hours available: 8-10:30 am & 1:30-4:00 pm

Transportation is funded by Grant 85.21

Co-payment for in-town trips are round trip \$2.00.

NOON MEALS

Green Lake County Nutrition Program

Monday through Friday at noon

\$5.00 contribution for 60+. Under age 60, please inquire for current price. Please call the day before to sign up.

For home bound meals call 833-694-0192

MISSION STATEMENT

To actively involve, enlighten, enrich, and empower the independence of older adults in our community.

Photo Disclaimer: I understand that the Berlin Senior Center may take photographs, videos or audio recordings during special events and/or daily programs offered at the Senior Center and reserves the right to use such photographs, videos or audio recordings without written permission for any lawful purposes including publicity, illustration, advertising and Web content. If you do not want to have your image/voice used, please alert a Senior Center staff.