



INSIGHT

JULY 2026



HAPPY 250TH AMERICA

142 WATER STREET, BERLIN, WI | 920-361-5422 | CITYOFBERLIN.NET/SENIOR-CENTER

EMAIL: SENIORCENTER@CITYOFBERLIN.WI.GOV

YOU CAN ALSO FIND US ON FACEBOOK AT BERLIN SENIOR CENTER

HAPPY 250TH BIRTHDAY AMERICA!



Come to the Berlin Senior (Activity) Center and celebrate on Thursday, July 2nd. Birthday cake all day & BINGO at 10:00 am. All-American BBQ ribs are on the menu! 1pm Listen to the Berlin Senior Singers.

Please remember to call 920-361-5422 at least a day before to reserve your spot for the noon meal.

DAY TRIP FUN



JULY

GALLOWAY HOUSE TOUR LACLARE CREAMERY AND FRIDAY, JULY 17 COST: \$80.00

Come along to Pipe, WI and join us at LaClare Creamery Cheese Shop, Cafe & Goat Farm for a tour to see the goats, watch a milking demonstration, try cheese samples, explore the all-WI made products gift shop and enjoy a delicious lunch buffet. Then on to tour the Historic Galloway House & Village in Fond du Lac.

OCT

OKTOBERFEST FRIDAY, OCTOBER 2 COST: \$65.00

Milwaukee Oktoberfest takes place at Henry Maier Festival Park (the Summerfest grounds) on the lakefront. The three-day festival features live music, dancing, authentic German food, and imported beers from Hofbräu and Hacker-Pschorr. Meal is on your own.

NOV

DANCING HORSES WEDNESDAY, NOV. 18 COST: \$140.00

Our holiday production brings sparkling lights, festive music and breathtaking equestrian artistry together in one unforgettable celebration. The show is performed in a state of the art 300 seat theatre and is truly a must see for any horse lover.

DEC

CHRISTMAS STORY AT THE FIRESIDE FRIDAY, DECEMBER 10 COST \$130.00

Join us for a day of fun with a meal and show at the Fireside. Lunch choices are: 1) Chicken Parmesan; 2) Grilled Atlantic Salmon; 3) Sliced Roast Beef Tenderloin or 4) Vegetarian Puff Pastry Pot Pie.

GRIEF THERAPY

We all handle grief differently but we all need support. The Berlin Senior center is looking to start a grief therapy group. Please call us at 920-361-5422 if you would be interested in attending.

**DEMENTIA CAREGIVERS
SUPPORT GROUP**

When: Monday, July 6 & 20 at 10:00 am
Where: Berlin Senior Center.

Do you have a family member or friend with dementia. Please come and get support from others who share those experiences.

**INDEPENDENT LIVING
CHAT W/SHEILA
July 14 at 1 pm**

Sheila Canter, from Ripon Senior Living will be available at the Berlin Senior Center on the second Tuesday of each month to talk about life, aging, guardianship, balance and many other topics you may need answers to. Inquiring minds want to know type of questions always welcome. Build friendships and a support system.

**BRAIN HEALTH & MEMORY
LUNCH & LEARN**

When: Wednesday, July 8 at noon

Where: Berlin Senior Center

Green Lake County ADRC will be here to discuss the ways to strengthen brain and body health; how to improve memory and reduce your risk for dementia. Please call the Senior Center at 920-361-5422 to sign up.

TRIAD

Looking for individuals to attend meetings working with law enforcement for the safety of our seniors. They meet the second Tuesday of each month at 1 pm in various locations within the county. Please call 920-361-5422 and speak with Sue.

FRIENDS OF THE SENIOR CENTER

The picnic will be on August 13 at Riverside Park

DINING CLUB

Place: Log Cabin, Rush Lake

Date: Thursday, July 9

Time: 4:30 pm. Games will follow.

Call the Senior Center at 920-361-5422 to sign up

Reach a hyperlocal audience.

An advertisement in this newsletter is a highly effective way to promote your business to our community.



Call 800.950.9952



Mon.	Tues	Wed.	Thurs	Fri.
		01 9:00 Woodcarvers 9:30 Mahjong 10:30 Senior Exercise	02 BIRTHDAY PARTY 9:00 Quilters 10:00 BINGO! 10:30 Weight Loss 11:15 Chair Yoga 12:30 Cribbage 1:00 Berlin Singers Practice here	03 CLOSED HAPPY 250 th BIRTHDAY, AMERICA!!!
06 10:00 Dirt Detectives 10:00 Dementia Caregivers Support Group 10:30 Senior Exercise 12:00 Sheepshead	07 10:00 Harmonic 11:15 Chair Yoga	08 9:00 Woodcarvers 9:30 Mahjong 10:30 Senior Exercise 12:00 Brain Health & Memory Lunch & Learn 1:00 Cardmaking w/Judy	09 Footcare 9:00 Quilters 10:30 Weight Loss 11:15 Chair Yoga 12:30 Cribbage 2:00 Berlin Singers at Juliet Manor 4:30 Dining Club at Log Cabin, Rush Lake	10 10:30 Senior Exercise 12:00 Sheepshead 12:30 Bridge Call Gerene at 920-361-3323
13 10:30 Vets Meeting 10:30 Senior Exercise 12:00 Sheepshead	14 Birthday meal 10:00 Harmonic 11:15 Chair Yoga 1:00 Chat w/Sheila	15 9:00 Woodcarvers 9:30 Mahjong 10:30 Senior Exercise 12:30 Crafts w/Anne	16 9:00 Pool at Wautoma 9:00 Quilters 10:30 Weight Loss 11:15 Chair Yoga 12:30 Cribbage 2:00 Berlin Singers at Brown-Wilcox	17 LaClare Day Trip 9:00 Painting Together 10:30 Senior Exercise 12:00 Sheepshead 12:30 Bridge Call Gerene at 920-361-3323
20 10:00 Dementia Caregivers Support Group 10:30 Senior Exercise 12:00 Sheepshead 1:00 Farkel 1:00 Crocheting	21 10:00 Harmonic 11:15 Chair Yoga	22 9:00 Woodcarvers 9:30 Mahjong 10:30 Senior Exercise	23 Footcare 9:00 Quilters 10:30 Weight Loss 11:30 Chair Yoga 12:30 Cribbage 2:00 Berlin Singers at Patriot Place	24 10:30 Senior Exercise 12:00 Sheepshead 12:30 Bridge Call Gerene at 920-361-3323
27 10:30 Senior Exercise 12:00 Sheepshead	28 10:00 Committee on Aging 10:00 Harmonic 11:15 Chair Yoga 1:00 Cardmaking w/Judy	29 9:00 Woodcarvers 9:30 Mahjong 10:30 Senior Exercise	30 9:00 Quilters 10:30 Weight Loss 11:15 Chair Yoga 12:30 Cribbage 2:00 Berlin Singers at Preston Place	31 10:30 Senior Exercise 12:00 Sheepshead 12:30 Bridge Call Gerene at 920-361-3323

U.S.A TRIVIA QUIZ

How to play: The first letters of the clues are identical to an American landmark; **EXAMPLE:** Big Hump is Black Hills.

- | | |
|--------------------------------|------------------------------------|
| 1. Gigantic Cavern _____ | 18. Metropolitan Isle _____ |
| 2. Needlessly Flowing _____ | 19. Dizzy Vultures _____ |
| 3. Same Old Lady _____ | 20. Lotsa Bullet Holes _____ |
| 4. Molded Rocks _____ | 21. Awards Coins _____ |
| 5. Pointy Pinnacle _____ | 22. Grand Lochs _____ |
| 6. Pilgrim's Rest _____ | 23. Gigantic Seasoned Liquid _____ |
| 7. Keen Bunch Farmhands _____ | 24. Easily Scaled Bricks _____ |
| 8. Dumboland _____ | 25. Losing Vacation _____ |
| 9. Gilded Girders Beckon _____ | 26. Molten Streaming Heat _____ |
| 10. Big Humps _____ | |
| 11. Mud Running _____ | |
| 12. Rigid Mounds _____ | |
| 13. Curved Coast _____ | |
| 14. Pastel Dirt _____ | |
| 15. Washington's Helm _____ | |
| 16. Overflowing Fountain _____ | |
| 17. Pacific Home _____ | |

1. Grand Canyon; 2. Niagra Falls; 3. Statue of Liberty; 4. Mount Rushmore; 5. Pikes Peak; 6. Plymouth Rock; 7. Knotts Berry Farm; 8. Disneyland; 9. Golden Gate Bridge; 10. Black Hills; 11. Mississippi River; 12. Rocky Mountains; 13. Cape Cod; 14. Painted Desert; 15. White House; 16. Old Faithful; 17. Pearl Harbor; 18. Manhattan Island; 19. Death Valley; 20. Little Big Horn; 21. Atlantic City; 22. Great Lakes; 23. Great Salt Lake; 24. Empire State Building; 25. Las Vegas; 26. Mt. St. Helen.

NO NEW MEDICARE CARD

Don't fall for the Scam!



**Have you been told
you need a new
Medicare card?**

STOP! It's a scam



Here's the truth?

- Medicare is NOT issuing plastic cards
- You do NOT need to "update" your Medicare Card
- Medicare will NEVER call or text you asking for your Medicare number

Protect Yourself:

- Never give out your Medicare number to unexpected callers
- Hang up on anyone asking for personal information
- Report suspicious calls to Senior Medicare Patrol

Wisconsin Senior Medicare Patrol

1-888-818-2611
www.smpwi.org



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City of Berlin Parks & Recreation Senior Center, Berlin, WI

01-1434



July Menu 2026

Green Lake County Elderly Nutrition Program (For Berlin Area)

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Meat Balls Gravy Mashed Potatoes Glazed Carrots Peaches	BBQ Ribs Coleslaw Baked Beans Apple Sauce	OFF FOR THE HOLIDAY
6	7	8	9	10
Chop Suey Asian Vegetable Rice Spinach Salad Muskmelon	Salisbury Steak w/ Caramelized Onions Gravy Mashed Potatoes Corn Pears	Lasagna Mixed Vegetable Spinach Salad Jello w/ Fruit	Ham Sliders Sweet Potatoes 3 Bean Bake Blueberry/Strawberry. Yogurt Parfaits	Battered Cod Coleslaw Cheesy Tots Pears Chocolate. Mousse
13	14 Birthday Meal	15	16	17
Tatar Tot Casserole W/Mixed Veg. Spinach Salad Fresh Fruit	Ham Loaf Baked Beans Sweet Potatoes Pineapple Tidbits Birthday Cake	BBQ Pulled Pork Sandwich 3 Bean Bake Spinach Salad Taffy Apple Salad	Parmesan Breaded Chicken Sweet Potatoes Corn & Peas Mandarin Orange Cake	Tuscan Cod Cheesy Hashbrowns Coleslaw Pineapple/Blueberry Dump Cake
20	21	22	23	24
Grilled Cheese Tomato Soup Spinach Salad Banana Cream. Pie	Spaghetti w/ Meat Sauce Calif. Blend Veggie Spinach Salad Cherry Crisp	Pork Loin Mashed Potatoes Gravy Peas & Corn Apple Sauce	Meatloaf Seasoned Potato Wedges Peas & Carrots Peach Bread Pudding	Beer Battered Fish Coleslaw Baked Beans Watermelon
27	28	29	30	31
Mom's Pizza Casserole Spinach Salad. Cauliflower Muskmelon.	Bacon Lettuce & Tomato Sand. Broccoli/California Cold Salad Grapes	Beefy Macaroni Casserole Corn Spinach Salad Pineapple Upside Down Cupcakes	Loaded Baked Potato W/ Cheese & Ham Cowboy Beans 7 Layer Salad Fruit Cocktail	Tuscan Cod Cheesy Tots Coleslaw Strawberry Short Cake

\$5.00 contribution for those age 60+. This is a Green Lake County Elderly Nutrition Meal site. Please call 920-361-5422 at least one day before to order. We serve daily Monday thru Friday at noon. Cancellations must be made at least the day before. All salads include tomatoes, carrots, cucumbers & dressing. All meals include milk (2% or lower), while grain bread & butter

- | | |
|------------------------|-----------------------|
| 1 Carol Petit | 12 Anna Schmidt |
| 1 Cindy Seltzner | 13 Helen Smith |
| 2 Donna Bade | 14 Bonnie Simson |
| 2 Linda Grams | 14 Connie Simson |
| 3 Al Youngbauer | 15 Carol Ann Gelhar |
| 4 Leone Seaman | 15 Allan Reilly |
| 5 Judy Hale | 15 David Barbola |
| 5 Joan Sievert | 16 James Plato |
| 5 Janice Richards | 16 Patricia Deppe |
| 6 Don Walker | 17 Justin Jantz |
| 6 Kenneth Weltz | 17 Louise Sedarski |
| 7 Leroy Moldenhauer | 17 Joan Alf |
| 7 Diana Minster | 19 Marsha Trapp |
| 7 Sandy Bella | 20 Carol Downs |
| 7 Carolyn Strebelinski | 20 Jeffrey Herbst |
| 7 Terry Keller | 22 Bernadette Briski |
| 8 Lawrence Nigbor | 22 Nancy Trochinski |
| 9 Sharon Johnson | 23 John Luttrell |
| 9 Dave Eagan | 24 Maren Krause |
| 10 Flo Brown | 25 Bob Young |
| 12 Jerry Bailey | 25 Joanne Huber |
| 12 Michael Russell | 26 Marion Sonnetag |
| 12 Allison Rainboth | 31 Judy Neumann |
| | 31 Marcy R. Klepinger |



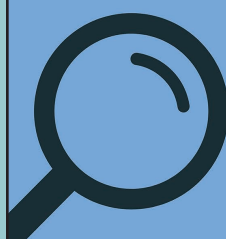
BIRTHDAY MEAL

The July birthday meal will be on Tuesday, July 14 at noon. The meal will be ham loaf, baked beans, sweet potatoes, pineapple tidbits and birthday cake donated by Whispering Pines Nursing & Rehab in Ripon. Please call the Senior Center at least a day before to sign up.

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City of Berlin Parks & Recreation Senior Center, Berlin, WI

01-1434

One beautiful morning a husband headed out early to spend a few hours fishing on the lake near their cabin. After several hours in the sun, he came back exhausted and decided to lie down for a nap. His wife, meanwhile, thought the weather was too perfect to stay indoors. Even though she didn't know much about the lake, she took the small boat out for a relaxing ride. She drifted a short distance from shore, dropped the anchor, opened her favorite novel and settled into a peaceful afternoon of reading. A while later, a game warden pulled up beside her boat. "Good morning, ma'am," he said politely. "What are you doing out here today?" The woman looked up from her book and smiled. "Reading." The officer glanced around the boat. "Well, ma'am, you're currently sitting in a restricted fishing area." "Oh, I'm sorry, officer, but I'm not fishing. I'm just reading my book." The game warden pointed toward the fishing rods and tackle box sitting nearby. "Yes, but you have all the fishing equipment with you." She shrugged. "My husband was using the boat earlier." The officer crossed his arms. "Doesn't matter. Technically you could start fishing at any moment. I may have to issue you a ticket." The woman closed her book slowly. "A ticket? Even though I haven't touched a fishing rod?" The officer nodded. "Well . . . The equipment is here." The woman paused for a second, then smiled sweetly. "Well then, officer, if you write me that ticket . . ." "I'll have to report you for harassment." The game warden blinked in confusion. "But ma'am," he said quickly, "I haven't done anything inappropriate." "That may be true," she replied calmly. "But you do have all the equipment." The officer stared at her silently for a few seconds. Then he tipped his hat politely and said. "Enjoy your book, ma'am." and with that he quickly drove away.

Moral of the story:

Never underestimate a woman who loves reading. Chances are she knows how to think fast too.

OUR STAFF

SUE KIENER: Berlin Senior Center & Parks Facilities
Director

920-361-5422 | skiener@cityofberlin.wi.gov

JILL DITTMANN: Senior Assistant Programming
Coordinator

920-361-5422 | seniorcenter@cityofberlin.wi.gov

DEB MIRR: Head Cook and Green Lake Meal Site
Manager for Berlin

920-361-5422 | dmirr@cityofberlin.wi.gov

Meal Delivery: Cindy, Diana & Sherri

Deb, Bill, Tim, Nancy & Fortifi volunteers
Hours: Monday thru Friday 9:00 am to 4:00 pm
Phone: 920-361-5422

Address: 142 Water Street, Berlin, WI 54923

Website: www.cityofberlin.net/seniorcenter

Facebook: Berlin Senior Center

NO MEMBERSHIP FEE TO JOIN MUST BE 55 OR OLDER

Day Trip Policy: Cancellations & refunds: If you need to cancel, please call the Senior Center office as soon as possible. If you have somebody that will be able to take your spot, please let the Senior Center know as soon as possible. You are responsible for your spot, unless either you notify the Senior Center you have a replacement or we have a waiting list. If you must cancel and we cannot find a replacement, you are still responsible for the cost. Anyone 21+ years old can participate.

TRANSPORTATION

Monday thru Friday. Seniors age 55+

Hours available: 8-10:30 am & 1:30-4:00 pm

Transportation is funded by Grant 85.21.

Co-payment for in-town trips are round trip
for \$2.00. Call for out of town costs.

NOON MEALS

Green Lake County Nutrition Program

Monday through Friday at noon

\$5.00 contribution for 60+. Under age 60,
please inquire for current price.

Please call 920-361-5422 the day
before to sign up.

For home bound meals, call 833-694-0192.

MISSION STATEMENT

To actively involve, enlighten, enrich, and
empower the independence of older adults in
our community.

Photo Disclaimer: I understand that the Berlin Senior Center may take photographs, videos or audio recordings during special events and/or daily programs offered at the Senior Center and reserves the right to use such photographs, videos or audio recordings without written permission for any lawful purposes including publicity, illustration, advertising and Web content. If you do not want to have your image/voice used, please alert a Senior Center staff.